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Photo by Lady Dagný austkona



“Semper Optima Ex Coles Luminosis”
Only the Best from Bright Hills!



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Bright Hills Heraldry Consult Zoom. The 4t Tuesday of every month, For May, that is this Tuesday, the 24th.

Contact Bill Soucy on the Book of Faces for more information and the Zoom link.



A Note from Your Chronicler

Summer is nearly on us and that means Pennsic is just around the corner. I don't know about you but I am excited to be around my friends from across the known world. That also means I am really busy as the Dean of Performing Arts trying to make sure classes and performances are scheduled. How about you what are your plans for this summer. Don't forget I also run Needles Fiber and More and I will host the next challenge June 10-12. Hope to see you there.

Yours in Service, Story, and Song,
Lady Scholastica Joycors
Your Bright Hills Chronicler

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Submission Guidelines: Articles and artwork (including photographs) and all required signed releases are due by the 20th of the month prior to publication. For articles, pictures, and all other submissions to *The Yeoman*, please submit to the Lady Scholastica Joycors at brighthills.chronicler@gmail.com. Email submissions are preferred; please submit using rich text format (RTF) or as an attached MS-Word file (DOC) for all articles.



the barony of bright hills



Greetings, summer is here in Atlantia. Join us in welcoming Prince Abran and Princess Anya, our successors to the crown of Atlantia.

As Baron and Baroness, we have traveled to the Atlantian Crown Tourney and to Highland River Melee. Thank you to those that could join us and especially to those that retained for us at each event. Baroness Wanda and Lady Scholastica both enjoyed the rain at Highland River Melee, both were seen frolicking in the puddles.



There is a scheduled fighter/archery practice on the 5th of June, also a Baronial gathering/practice is scheduled for the 19th of June, both will be at the Baltimore Bowman starting at 1pm. The Cooks guild will be holding a fundraiser lunch and bake sale on the 19th.

Our next Atlantian events will be, BAWT II on the 5th of June for the Baron and Storvik Novice for the both of us.

The next online Baronial Bardic will be 18 June at 7pm. Information will follow in email and via social media.

Attention, our next Baronial event is Trial by Fire/Royal Archer on September 9th -11th. Planning is underway, and both the Atlantian King and Queen will be in attendance. Contact Dame Wynne ferch Rhodri to volunteer to help at the event.

The Barony needs volunteers to fill several officer positions. Our Chronicler has done a wonderful job and she needs a break, please consider stepping up for this position. If you are interested in taking on a Baronial Officer position, please speak with the Seneschal, Mistress Jeanne Tenneur de Bec.

As a reminder, Wanda and I will be stepping down as the Baron and Baroness at the next Birthday in February 2023. If you are interested, we would love to talk to you and have you shadow us at an event. Please contact the Seneschal, Mistress Jeanne Tenneur de Bec if you are interested in this position.

Please be mindful that the Atlantian COVID policy is being revised as regional situations change in our Kingdom, take the time to read the policy and be aware of all requirements.

As there are in person events again in Atlantia, be kind to each other in person and online, check on your friends and neighbors. Remember, the motto of Bright Hills, "Semper Optima Ex Coles Luminosis" which is "Only the Best from Bright Hills."

Yours in Service,

GODAI KATSUNAGA AND WANDA THE WANDERER

Baron and Baroness of Bright Hills



Business Meeting Minutes



May 20, 2022
started online at 7:04 pm

In Attendance: MyLinda Butterworth, Alexander Fowler, Barbara and Robert Kriner, Becky Ritterhouse, Debbie Eccles, Gordon and Wanda Kinnie, Jill Peters, Michelle England, Dagny austkona,

Officer Reports:

ChateLain

Baroness Rebecca von Zweckel (Becky Kepple)

It has been a rather slow month for correspondence. No one new has reached out to us in several weeks. I hope to reach back out to several individuals that we have shared correspondence with prior.

We did get to participate in a very active and successful demo at Grace Classical Academy on the 14th of this month. The weather stayed in our favor and there were many visitors that came to check out what we had to offer. The Faire coordinator had a great idea and sent the children up to us with a Scavenger Hunt Bingo Card idea where they had to visit each station and get a stamp to earn a prize at the end of the Faire. What was even better was that each child engaged at each station. Asked questions, participated if the table was interactive. I believe all of us that managed to get there had a great time. Overall a very energetic day.

There are several more demos in the works and 2 in particular on the Eastern Shore. Clara will be heading a group that will be participating in the Arcadia HighSchool Renfest on the 21st of this month (this Saturday). It's not too late if you would like to join in and assist Spiaggia Levantina with their demo. You can reach out to Clara if you would like to, or know of someone that would like to, participate. The second date is in September, the weekend of the 24-25th, at Furnace Town's Renaissance Fair. This bumps into Battle of the Bay so keep that in mind.

Lastly, I have reached out to Barb's contact for the Irish Festival. I had wanted to weeks ago and have no excuse other than brain malfunction. Hopefully we will get a more prompt reply then I could manage.

Chronicler

Lady Scholastica Joycors (MyLinda Butterworth)
Yeoman out on time.

Exchequer

Lady Clara von Wonsiedel (Michelle England)

Need the income and balance sheet statement added to minutes for next month. Issue with a refund for last event and

Herald

Lord William Ringlancer (Bill Soucy)

A Heraldic Consult Zoom on April 26th; no one chose to visit. I will hold the next Heraldic Consult Zoom this coming Tuesday...they are being held at 7PM on the fourth Tuesday of the month.

I have purchased a large light panel to help me with tracing for submissions; I tried using online methods, but I prefer the control I can get manually.

I have not had any new inquiries from clients. I hope to be in contact with my current clients this weekend.

Knights Marshall

Sir Kollack von Zweckel (Kenneth Kepple)

Not a lot going on as far as heavy fighting. A few fighters attended Revenge of the Stitch in Spiaggia Levantina. We had one practice the last Sunday of April, just before Crown. We also had 4 fighters help out with the demo at Grace Classical Academy last Saturday May 14th.

As I am out of town this coming weekend there will be no heavy practice this Sunday May 22nd. The next schedule practice is scheduled for Sunday June 5th.

One thing I would ask is that we try to get another warranted heavy marshal that is willing to attend practices, so heavy practices can be held the same Sundays as the Bright Hills Archery Practice even if I am out of town

MoAS

Mistress Deirdre O'Bardon (Debbie Eccles)

A virtual bardic was hosted by Baron Gordon on April 16 and attended by 3 people.

Lady Scholastica had a team of three that competed at Revenge of the Stitch and created German garb and



taught a class at Lochmere Event on Mythical Creatures and Where to Find Them in Period and also taught this class online for Storvik's A&S night.

On April 10 the Cooks Guild hosted a bake sale during the Populace Gathering at the Baltimore Bowmen. Cooks Guild was held on April 17 at the Baltimore Bowmen. Cooks Guild met on May 15 at Dame Wynne's house and there was planning for upcoming events (Trial by Fire and Baronial Birthday).

Lady Sindara has been researching and working on period necklaces as well as researching Jewish naming practices.

During the last month, Mistress Tatiana researched and made 12th Century, 14th Century and 15th Century garb for 4 separate people; studied pattern drafting and drafting techniques; and judged at Revenge of the Stitch. She also taught children to make bycocks, differences between various fae entities.

Lady Andromeda made a beautiful Pelican cloak for Mistress Tatiana.

Master Richard Wyn ran and participated in an open bardic at Revenge of the Stitch.

Lord Faolan made a 14th century knife sheath, researched and began make a cote from the Livre de Chasse and worked on spoons from Vasa finds. He also participated in bardics at Lochmere Night of the Fae and Revenge of the Stitch. He also researched and made Tudor leather masks.

Lady Freydis taught children calligraphy, illumination and weaving at a demo on 5/14. She is also working on a scroll.

Lady Livia taught medieval history of water purification as part of the Sekunjabin tavern. Rebekka was there with embroidery. Chagan taught attendees about how heraldry was used in period. Baroness Rebecca and Sir Kollack demonstrated tabletop siege weaponry.

Baroness Rebecca and Lærimoðir Deirdre agreed to sponsor a series of classes at Populace Gatherings on Sundays at the Bowmen. Lady Sindara has volunteered to teach beading fabric at June's gathering. Lord Faolan has offered to teach pouchmaking which would require kits to be purchased. Other topics include an overview of garb from different times and places, beginning garb making, textiles, bardic and how to create a historical quest for an event. We are looking for other ideas for topics.

I judged 3 submissions at Tempore Atlantiae.

Please let me know about any A&S activities occurred in the barony and I will try to include those in for my next baronial monthly and Kingdom quarterly reports. t.

MINISTER OF THE LIST

Lord Alexander Fowler (Hunter Fowler)

No report.

Youth MINISTER • VACANT

Baronial Steward • VACANT

WebMINISTER

Lady Dagný austkona (Rachael Knoblauch)

No report.

Seneschal:

Lady Freydis sjona (Casey Keener) .

Looking for Award recommendations. There will be a small court and gathering at Pennsic. Waiver approved by corporate to extend Baron & Baroness until Birthday. New kingdom seneschal is having training to make sure all reports are correct.

Baron and Baroness

Godai Katsunaga and Wanda the Wanderer
(Gordon & Wanda Lee Kinnie)

Trial by Fire both of their majesties will be attending. Did do a basket for the Royal Travel Fund at Crown and it did sell. We have 300 yards of Bright Hills Trim that will be available only at events. Kingdom has asked Baronies to support a huge tent at Pennsic on the field and are asking for a donation. Would like to host a hootenanny at the Bowman on the 19 June at 1 PM. It is official that they have been extended till Birthday.

Guild Reports:

COOKS GUILD. Having a bake sale and lunch at the next Gathering.

Events:

Birthday - It will be an investiture. The date is being locked in for February 11 at the Firehall,

I see that their majesties have granted our most esteemed Excellencies an extension to their service. This will make our upcoming birthday an exciting royal progress and an investiture.!

Keeping that in mind, the current plan is to maintain our last plan that ended up in the nethers as we went virtual one last time. We are going to repeat the theme (with the adjustment storylines made canon). Since there will be an increased presence and we do not have an alternate site located we will continue with the bulk of the adventure

being outside. (barring uncertain weather conditions of course)

I will have the event budget form out to you for our next meeting and feedback from our contact at Manchester Firehall regarding the confirmation of cashed deposit from 2019; which will have an effect on the numbers of course.

Trial by Fire/Royal Archery - Viking Legends is the theme for archery. Thanks to Deidre and Clara for helping with budget. Will be pushing fact that we want people to pre-register. September 9-11 for date at the Bowman. There will be a discount on the rental because the Cooks Guild did a deep clean the kitchen. Proposed and voted on event report/budget it was approved. SCARs needs to be signed. There will be a feast but will not have traditional potluck.

Old Business

What to do about the refund - contact and see what individual wants to do.

New Business

Will now be willing to accept applications soon for new Baron and Baroness.

Motion that we donate \$300 to the Kingdom for the Royal Pavilion tent rental for Pennsic. Motion past.

Children's Fete at Pennsic we have plenty of projects that we can use that we already have.

We are woefully short on heavy and archery marshals, we should look into increasing them.

Next meeting will be June 17, 2022 at 7:00 PM.

Meeting ended at 7:54 PM

In Service To Your Barony

The Following Positions Need Filling



Oyez ! Oyez!

The Barony of
Bright Hills is in need
of good people to serve her
in the capacity of :

Deputy Exchequer
Chronicler
Minister of Youth

If you have an interest in serving your barony in any
of these capacities please contact the Seneschal at
brighthills.seneschal@gmail.com



THE SOCIETY FOR CREATIVE ANACHRONISM-MARYLAND, INC.

FINANCIAL REPORT

Branch: Branch of Brick Hill

Period: 1/1/2022

to: 12/31/2022

INCOME STATEMENT

USD \$

INCOME	(from page)	Code	Cost	Amount
1a Fund Raising: Non-solicited activities to earn income (car washes, bake sales, etc.)	(11a)		INTERNAL	92.00
1b	(11a)		EXTERNAL	0.00
2 Direct Contributions/Donations: No activity	(11a)			380.00
3a Activity Related: Miscellaneous activities to earn income (events, demos, heraldry fees)	(11a)		Income from Demos and Activity Fees	0.00
3b	(11b)		Adjusted Gross Event Income	2,625.60
4a Funds Transferred In from Another SCA Account	(9)		WITHIN KINGDOM	0.00
4b	(9)		OUTSIDE KINGDOM	0.00
5 Interest Earned				0.76
6 Net Inventory Sales Income	(9)	Gross-Cost-Net	0.00	0.00
7 Other Sales Income	(9)			1.00
8 Adjusted Gross Newsletter Income	(15)			0.00
9 Net Advertising Income	(11b)	Gross-Cost-Net	0.00	0.00
10 Other Income	(11b)			0.00
11 TOTAL GROSS INCOME			(Sum of Lines 1 through 9)	3,962.36

SCA, Inc. World Office Expenses are General Support

EXPENSES	(from page)	Office & Admin.	Activity Related	Fund Raising	Total
12 Advertising (NON-SCA)	(12a)		0.00		0.00
13 Bad Debt	(12a)	0.00	22.00	0.00	22.00
14 Bank Service Charges					0.00
15 Depreciation	(6)	0.00	0.00	0.00	0.00
16 Equipment Rental & Maintenance			1,185.60		1,185.60
17 Fees & Honoraria	(12a)	0.00	0.00	0.00	0.00
18 Food					0.00
19 General Supplies			50.35		50.35
20 Insurance (NON-SCA)	(12a)	0.00	0.00	0.00	0.00
21 Occupancy & Site Charges			350.00		350.00
22 Postage & Shipping, PO Box Rental					0.00
23 Printing & Publications					0.00
24 Related Equipment/Assets	(7)	0.00	0.00	0.00	0.00
25 Telephone					0.00
26 Travel (Car, Taxi, Airfare)					0.00
27 SUB-TOTAL (Lines 12-26)		0.00	1,607.95	0.00	1,607.95
28 Other Expenses				(1.36)	0.00
29 Donations to Other 501(c)(3) [Nonprofit] Organizations				(1.36)	35.00
30a Funds Transferred Out to Another SCA Account			WITHIN KINGDOM	(10)	0.00
30b			OUTSIDE KINGDOM	(10)	0.00
31 TOTAL EXPENSES			(Line 27 TOTAL + Lines 28 to 30b)		1,642.95
32 NET INCOME (MUST MATCH Change in Net Worth)			(Line 11 Minus Line 31)		1,355.91

Prepared By:	Michelle England	Michelle England	Date: 01/25/2022
Reviewed By:	Kathleen Keenan	Kathleen Keenan	Date: 1/26/2022





THE SOCIETY FOR CREATIVE ANACHRONISM-MARYLAND, INC.
FINANCIAL REPORT

Branch: Branch of Bright Hope

Period: 1/1/2022

to: 12/31/2022

INCOME STATEMENT

USD \$

INCOME		(from page)	Gross	Cost	Amount
1a	Fund Raising: Non-medical activities to earn income (car washes, bake sales, etc.)	(11a)		INTERNAL	92.50
1b		(11a)		EXTERNAL	0.00
2	Direct Contributions/Donations: No activity	(11a)			350.00
3a	Activity Related: Medical activities to earn income (events, demos, heraldry fees)	(11a)	Income from Demos and Activity Fees		0.00
3b		(11b)	Adjusted Gross Event Income		2,625.60
4a	Funds Transferred In from Another SCA Account	(9)	WITHIN KINGDOM		0.00
4b		(9)	OUTSIDE KINGDOM		0.00
5	Interest Earned				0.36
6	Net Inventory Sales Income	(9)	Gross-Cost=Net	0.00	0.00
7	Other Sales Income	(9)			1.00
8	Adjusted Gross Newsletter Income	(15)			0.00
9	Net Advertising Income	(11b)	Gross-Cost=Net	0.00	0.00
10	Other Income	(11b)			0.00
11	TOTAL GROSS INCOME		(Sum of Lines 1 through 9)		2,958.86

SCA, Inc. Book Check Income are General Supplies

EXPENSES		(from page)	Office & Admin.	Activity Related	Fund Raising	Total
12	Advertising (NON-SCA)	(12a)		0.00		0.00
13	Bond Debt	(12a)	0.00	22.50	0.00	22.50
14	Bank Service Charges					0.00
15	Depreciation	(8)	0.00	0.00	0.00	0.00
16	Equipment Rental & Maintenance			1,185.60		1,185.60
17	Fees & Honoraria	(12a)	0.00	0.00	0.00	0.00
18	Food					0.00
19	General Supplies			50.35		50.35
20	Insurance (NON-SCA)	(12a)	0.00	0.00	0.00	0.00
21	Occupancy & Site Charges			350.00		350.00
22	Postage & Shipping, PO Box Rental					0.00
23	Printing & Publications					0.00
24	Related Equipment/Assets	(9)	0.00	0.00	0.00	0.00
25	Telephone					0.00
26	Travel (Gas, Tolls, Airfare)					0.00
27	SUB-TOTAL (Lines 12-26)		0.00	1,607.95	0.00	1,607.95
28	Other Expenses				(12b)	0.00
29	Donations to Other 501(c)(3) [Nonprofit] Organizations				(12b)	35.00
30a	Funds Transferred Out to Another SCA Account		WITHIN KINGDOM		(10)	0.00
30b			OUTSIDE KINGDOM		(10)	0.00
31	TOTAL EXPENSES		(Line 27 TOTAL + Lines 28 to 30b)			1,642.95
32	NET INCOME (MUST MATCH Change in Net Worth)		(Line 11 Minus Line 31)			1,355.91

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Page:

Exchequer:	Michelle England	Michelle England	Date: 01/25/2022
Senechal:	Kathleen Keener	Kathleen Keener	Date: 1/25/2022





Atlantian Calendar of Events



for more details go to <http://www.atlantia.sca.org/events/atlantia-calendar-events>

June 2022

2-4	BAWT II:	Moorhaven	Myrtle Beach, SC
11	Atlantian Summer University	Atlantia	TBD
17	Below the Salt-Elchenburg Market Faire	Sacred Stone	Boonville, NC
25-26	Kings Assessment	Black Diamond	Roanoke, VA

July 2022

8-10	Storvik Novice and Unbelt Tournament (Q K)	Storvik	Upper Marlboro, MD
16	Warrior Games	Tear-Sea's Shore	Harleyville, SC
29-8-14	Pennsic War IL (Q K)	Aethelmearc	Slippery Rock, PA

August 2022

1-14	Pennsic War IL (Q K)	Aethelmearc	Slipper Rock, PA
27	Non-European Persona Workshop	Nottinghamhill Coill	Spartanburg, SC
27	Skewered 3	Roxbury Mill	Gaithersburg, MD

September 2022

9-11	Trial by Fire and Royal Archery (Q)	Bright Hills	Glen Arm, MD
17	Atlantia Fall University - Live	Atlantia	TBD
23-25	Battle on the Bay (K)	Lochmere	Upper Marlboro, MD
24	Tourney of the Silver Chalice (Q)	Hidden Mountain	Harleyville, SC

October 2022

1	Fall Coronation	Atlantia	TBD
8	Stierbach XXIV Baronial Birthday Celebration	Stierbach	Spotsylvania, VA
11-16	War of the Wings	Atlantia	Boonville, NC
10-29	Arts and Sciences Workshop	Nottinghamhill Coill	Spartanburg, SC

November 2022

4-6	Crown Tournament	Hidden Mountain	Bennetsville, SC
11-13	Highland Havoc	Highland Foorde	Ijamsville, MD
11-13	Swamp Wars	Marinus	Courtland, VA
11-13	Red Mountain Tavern	Isenfir	Charlottesville, VA
11-12	Runestone Collegium	Sacred Stone	Lexington, NC
11-12	Buckston Birthday Bash	Buckston-on-Eno	Hillsborough, NC

June Local Events

- 19 Archery Practice at the Baltimore Bowman
 - 19 Baronial Bardic - Virtual
- Web Minister Office Hours 7-8 pm (Video call link: <https://meet.google.com/iph-nbed-bib>)



Lore from the Larder



Herbs & Spices

Cassandra Baldassano

Aromatics! That is the essential element that herbs and spices provide our palates when we dine upon the food that is placed before us. Herbs and spices are a fundamental part of medieval cuisine. They are just as important if not more so in medieval cuisine as they are in modern cuisine. One will find that in most recipes that come down to us from the time period we study, either an herb or a spice could be found in its list of ingredients. Today we will explore a number of the herbs and spices that color the vast array of dishes of the Middle Ages.

What are herbs and spices?

Herbs and spices are aromatic plants that are used in food and medicine. It is easy to group these two categories together by this nature. Yet there are some differences between herbs and spices. There were two historic routes by which spices and other trade goods came from the eastern part of Asia to Europe, sailing routes in the Indian Ocean and the Silk Road. It was the search for spices and other goods that led Christopher Columbus to sail westward to find a new route to India and the Spice Islands to try to establish direct trade for these goods as opposed to buying them from those who had a monopoly on the trade. Herbs, however, are common in almost any of the gardens of the day. Thus, a good working definition of herbs are the fresh cuttings of aromatic plants that are used in cooking or medicine. A good working definition of spices are the dry portions of aromatic plants that are notably trade goods.

There is a common fallacy that herbs and spices were used to cover up the bad taste of rotting meat. This misconception of the use of herbs and spices has been readily disproved. The sell of butchered meat was

highly regulated in the Middle Ages, it only being able to be sold the day or and the day after the animal was slaughtered. Just as the modern palate likes food rich in flavor and spiciness, so did the medieval palate. Spices, especially, were a symbol of wealth, and a show of wealth was not just common, but expected in medieval times.

Herbs and spices were used to counter the imbalance of a particular food, according to the theory of humors. This theory is based on the assumption that humans and their food are made up of the four elements of air, fire, water and earth. These elements appear as the four humors, blood, bile, phlegm and black bile. People and food were classified by these humors as being hot or cold, moist or dry, and the herbs and spices were used to balance these natures. A food that was considered hot and dry would be cooked with an herb or a spice that was considered cool and moist. It is theories such as these that linked food so closely with medicine and medical treatments.

Following is a list of selected herbs and spices; it is by no means conclusive.

herbs

BASIL originated in India, whole plants being imported into Europe. Basil was considered a sacred plant in India, and in many places it was customary for the King to cut the first Basil of the season using a golden sickle. By the Middle Ages, Basil was making its way northward into France. Basil is a pungent herb that is related to mint.



HOP or hops are well known for their bitter taste and preservative properties. It is for this reason it is used in the manufacture of beer. But it is presumed to be a native plant of temperate Europe and western Asia. Two 16th century sources have references to hop being used in salads. Hop was well known for its medicinal value, and its fresh shoots were eaten like asparagus.



LAUREL. The laurel leaf, or more commonly known as the bay leaf, is a very significant symbol historically. It symbolized victory and achievement. The Laurel tree is native to the Mediterranean region and is rich in the mythology of that region. The laurel leaf gives off a bitter taste that is enjoyed in many soups, stews and sauces. The laurel

leaf also has a rare quality of being as nearly strong in flavor dry as it is fresh, making it a commodity to areas that cannot obtain it fresh.

MINT has several varieties that grow, but it seems to have originated in the Mediterranean areas. Mint has a strong taste that is very popular to this day. One particular variety of mint, Pennyroyal, is an effective flea bait, its aroma attracting the fleas and then suffocating them to death.



MUSTARD is one of the plants that today I would classify as both an herb and a spice, but by the definition I set above I will categorize it as an herb. Mustard was being cultivated or grown throughout Europe in the middle ages, and was growing wildly in good portions of Europe, Africa and Asia in prehistoric times. The name for this plant derives from the old French



word *moutarde*, which is a sauce made with the ground up seeds from this plant. Mustard has an unusual property in that it doesn't get its pungent taste until the seeds are crushed. Mustard was most notably used in sauces, some highly recognizable to be like Mustard that can be found in the markets today.



ONION, GARLIC, CHIVE & LEEK. I group these four herbs together because they are very similar in nature. These herbs can be traced back to biblical and Egyptian times. In a battle in 1030 at Stiklastad near Trondheim, it was reported that warriors with stomach wounds were fed onions. If the smell of onions came from the wounded area shortly thereafter, it was assumed that those warriors had perforated intestines and would soon die.

OREGANO, OR WILD MARJORAM is native to Northern Europe; its close relative sweet marjoram is native to North Africa and southwestern Asia. Herbs like Oregano have medicinal properties as well, used as antiseptics and stomach- cures. It also contains antioxidants that are natural food preservatives, forestalling the spoilage of fats and oils.



WORMWOOD is an herb that is native to Europe and was well known in ancient times. Wormwood has been described in Greek and Roman medical texts, notably as an aid to digestion. In fact the English name for this plant was derived on the idea that it eliminates "stomach worms".

There exists a recipe dating back to the first century on wormwood wine. Wormwood imparts a bitter taste, and such bitters were popular in brewing as can be noted by the use of hops in the modern brewing of beer today.



Spices

CINNAMON & CASSIA have been treated jointly as far back as history can show us. It was rather difficult to separate the two from each other. At times they were thought to be part of the same tree, but today we know that true Cinnamon is native to Ceylon and Western India, where as Cassia is native to Southern China and Burma. Cassia is the milder of the two spices and the

one that is marketed in many countries as “Cinnamon”. True Cinnamon, or Ceylon Cinnamon is considered to be the finest.



GINGER & GALINGALE. Ginger is the rhizome of a plant that is native to Southeast Asia. Unlike many spices that were expensive because they were rare, ginger was expensive because there were large quantities available and it was high in demand in Roman times. The availability of ginger decreased significantly after the fall of the Roman Empire, only to have resurgence after Marco Polo help to reestablish trade between Southeast Asia and Europe. Galingale is a root that was used in medieval cuisine that is in the ginger family which comes from Southern China.

NUTMEG. The Nutmeg plant gives us two spices, instead of one. A covering surrounds the core of the nutmeg, this covering is known as mace. The hard core is what we know as the spice nutmeg. Nutmeg is native to Moluccas, one of the Indonesian Spice Islands. It was reputed that nutmeg taken as a medicine prevented memory loss, dizziness and blood in the urine.



LONG PEPPER, BLACK PEPPER, GRAINS OF PARADISE AND CUBEBS are all similar in taste. Long Pepper being the strongest in taste it and the most expensive of the three is native to India as is Black Pepper. Grains of Paradise, a species of cardamom, is native to Africa and considerably cheaper in medieval times to either Long Pepper or Black Pepper. Another relative to pepper, found in medieval cuisine is cubebs, they are native to Indonesia.



SAFFRON is probably the single most expensive spice to be found. Ounce for ounce, it can be as expensive as gold in some markets. Saffron comes from the dried stigmas from a flower in the iris family called the saffron crocus. It is thought that saffron originated in Asia Minor, and was used in ancient times and widely used in the Middle Ages. Saffron is used both as a dye and a spice, its intense color giving a bright yellow hue.

SUGAR may be surprising to a number of people to see on this list, but it is a spice like any other. The most notable thing about sugar instead of being bitter and spicy like so many other spices, it is sweet instead. Sugar cane is native to India, and by the 4th century production of solid sugar was well known in India.



Sources

The Lore of Spices, J. O. Swahn, Crescent Books, 1991
Dangerous Tastes, Andrew Dalby, University of California Press, 2000
Food, Waverley Root, Smithmark, 1980



The Bard's Corner

Where story, poem and song gather together for the sharing

My Purpose and My Honour

Ballad Verse by Master Richard Wyn
from *The Storie of Pwyll Pendueic Dyfed in Songe*

Thys nyghte a yeere had past and went
My purpose and my honour
Tomoroe bryngs Hafgan's lament
One blow and then none other

Pwyll went wyth al hys nobel lords
My purpose and my honour
They came to the afore namd forde
One blow and then none other

A horseman rode out heraldyng
My purpose and my honour
Thys bout ys betweene these two kyngs
One blow and then none other

Agaynst each other they have clayms
My purpose and my honour
Wageryng lands on knyghtly games
One blow and then none other

So stand you back thys fyghte ys theyrs
My purpose and my honour
No man watchyng can ynterfeere
One blow and then none other

Hafgan then urgd hys horse to speede
My purpose and my honour
As Pwyll lykewyse hastend hys steede
One blow and then none other

Together they clash'd yn the feelde
My purpose and my honour
Pwyll struck the boss of Hafgan's sheelde
One blow and then none other

The blow splyt Hafgan's sheelde yn too
My purpose and my honour
The same stryke broke hys armor throo
One blow and then none other

From off hys horse Hafgan was throan
My purpose and my honour
A speare and arms length from hys roane
One blow and then none other

Hafgan layde there wyth mortal woond
My purpose and my honour
Over hys body death's veyl loom'd
One blow and then none other

What ryghte have you to take my death?
My purpose and my honour
Now that you have quyk take my breath
One blow and then none other

Pwyll sayd your death regret Y myghte
My purpose and my honour
Fynd another Y'll not thee smyte
One blow and then none other

Hafgan then spoke out to the horde
My purpose and my honour
Death has me take me from thys forde
One blow and then none other

Pwyll spoke to al wyth no pretense
My purpose and my honour
Fynd those who owe aleegyance hense
One blow and then none other

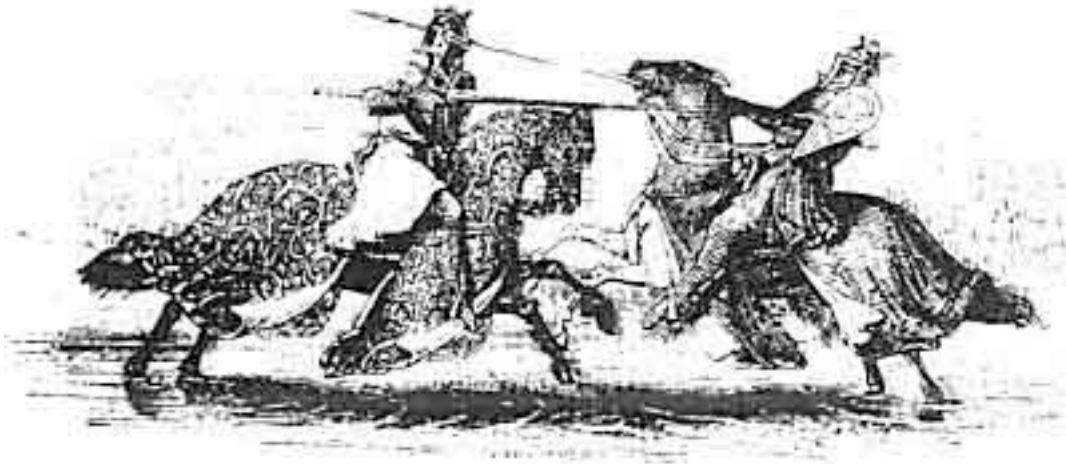
Yn all of oure own Annwvyn
My purpose and my honour
There ys but you who stands as kyng
One blow and then none other

Pwyll took from al theyr fealty
My purpose and my honour
Unytyng all of Annwvyn
Wyth one blow and none other

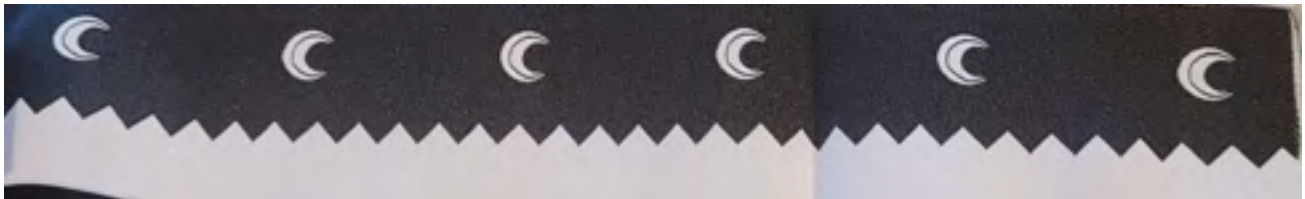
He passed the year in hunting, singing, dancing, friendship and conversation with his companions until the night that the engagement was [to be]. The date of that night came as clearly to the memory of the farthest man in the land as it did to he himself. He went to the appointment, along with the nobles of the country. As soon as he came to the ford, a horseman rode up and spoke thus: 'Good men,' said he 'listen well. Between [these] two kings is this appointment, and that between their two persons [only]. Each one is a claimant against the other, over issues of land and territory. May all [the rest] of you stand back, and let [the fight] be between them [alone].'

At that the two kings closed in on one another to the middle of the ford for their encounter. At the first onslaught the king who was in the place of Arawn struck Hafgan in the middle of the boss of his shield, so it split in two halves and all his armour was broken and Hafgan was a spear-and-arms length over the back of his horse and onto the ground, with a mortal wound upon him. 'Chieftain,' said Hafgan 'what right have you to my death? I was not bringing any claim against you, I do not know why you are killing me either; but by God', he said 'since you have begun my death, finish it [now]!' 'Chieftain,' he replied 'it may be that I would regret doing what I did to you. Find someone [else] to kill you; [but] I will not kill you.' 'My faithful peers,' said Hafgan 'carry me away from here. The conclusion of my death is truly upon me. I am *in* no condition to uphold you anymore.'

'Peers of mine' said the man who was in the place of Arawn 'take a reckoning, and find out those [out there] who owe me allegiance.' 'Lord, everybody owes you [allegiance], as there is [now] no other king in the whole of Annwnfn but yourself.' 'Aye' said he '[for those] who come in peace, the reception will be just. Whoever does not come compliantly, let them be impelled by force of arms.' Then he took homage from the men, and began to take possession of the and by noon the next day both the two kingdoms were in his power.



For Sale - Baronial Trim



***Thanks to His Excellency Gordon (AKA Godai) and Calontir Trim,
we have procured 300 yards of Baronial trim!!!!***

We have exclusive rights for ONE year and then Calontir Trim will sell the remainder.

We will be selling it at the price that we purchased it for: \$3.00 per yard. All money will go to the Barony! Checks, which is the preferred payment, made out to "SCA, Inc., Barony of Bright Hills" will be accepted, but cash will be accepted as well. Sorry, no others forms of payment at this time.

We will have it with us every event we attend.

Curiosity Corner

BARONIAL AWARDS

SUBMISSIONS BEING ACCEPTED DAILY

The Barony of Bright Hills has many awards and their Excellencies love to award them to the populace but they can't do it if you don't submit your recommendations for those good gentles who deserve to be recognized for their service, or their arts, or their talent with weaponry. With Pennsic just around the corner their Excellencies would really like to be able to award some while they are there. But they can only be awarded if you the populace recommend someone to Their Excellencies. Anyone can nominate a member of Bright Hills or some other group for any of these awards except the Order of St Barbara. Write a snail-mail letter or send an e-mail the Baron and Baroness with the name of the person recommended and the reasons they should receive the award.

baron@brighthills.atlantia.sca.org baroness@brighthillsatlantia.sca.org

Get cracking Bright Hills!!! So many have done so much for so long!

Awards of the Barony of Bright Hills

Baronial Award of Excellence: Given to those who exemplify "Courtesy, Chivalry and Honour

Baronial Award of Courtesy: Given to those the Baron/Baroness deems deserving, who have distinguished themselves by their excellent contributions to the Barony

Order of the Silver Oak Leaf: Children's award AKA Heart of the Oak

Order of Tessa: Newcomer's award (for jumping in feet first).

ARTS AND SCIENCES:

Order of the Shell and Crescent: Skill in the arts and sciences.

Order of the Silver Scroll: Instruction in the arts and sciences.

SERVICE:

Order of the Augean Stables: A one-time OR extreme short service.

Order of Job: Long term service

Order of St. Barbara: Extreme long-term service.

Order of the Northern Light: recognizes those who have shown excellence, honor, courtesy, or chivalry above and beyond any duty. The members of this order exemplify what it means to be from Bright Hills.

MARSHALLED ARTS:

Order of the Silberberg: Fighting and teaching martial arts.

Order of the Bolt and Crescent: Excellence in combat archery/ trebuchet/ catapult.

Order of the Bow and Crescent: Excellence in archery.

Order of the Scarf and Crescent: Excellence in rapier.

Order of the Shield and Crescent: Excellence in heavy fighting.

Order of the Spur and Crescent: Excellence in equestrian

ARTS AND SCIENCES



Award of the
Silver Oak Leaf



Award of Tessa

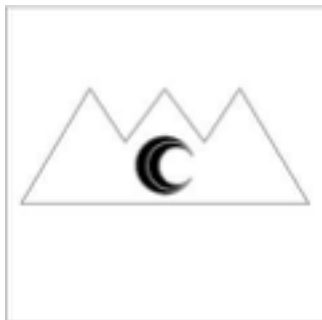


Award of the
Shell and Crescent



Award of the
Silver Scroll

Service



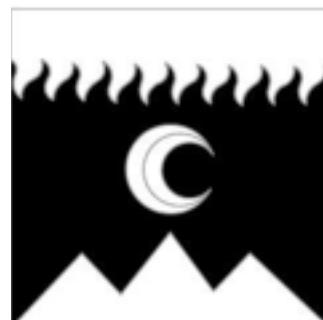
Order of the
Augean Stables



Order of Job



Order of
Saint Barbara

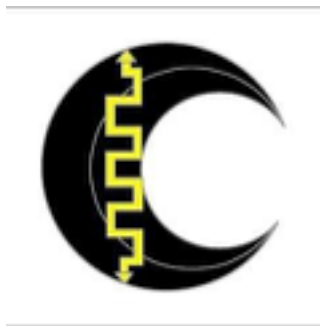


Order of the
Northern Light

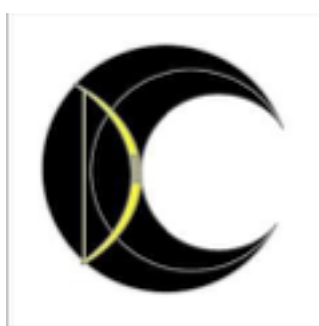
MARSHALLED ARTS



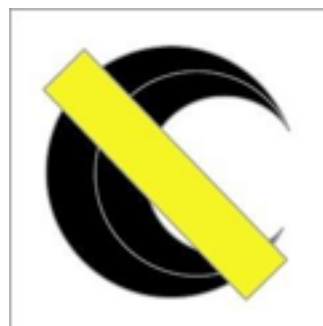
Order of the Silberberg



Order of the
Bolt and Crescent



Order of the
Bow and Crescent



Order of the
Scarf and Crescent



Order of the
Shield and Crescent



Order of the
Spur and Crescent



The Barony of Bright Hills



Practices

Heavy & Light Weapons Fighter Practices and A&S classes are held the second and fourth Friday nights from 7:30 PM-10 PM



Business Meetings are held from 7 PM-8 PM the fourth Friday of the month (Please See Calendar)

Location: Christ the King Episcopal Church, 1930 Brookdale Rd., Baltimore, MD 21244

Although we use these facilities, the SCA is not endorsed by the Church.

Directions: Exit the Baltimore Beltway (I-695) at Exit 17 (Security Blvd Exit). Take the exit west toward Rolling Road, not the exit east toward Woodlawn. Travel west along Security Boulevard about one-half mile, through traffic-lights at Belmont Avenue, Lord Baltimore Drive, and Rolling Road. Continue west for another block, until you reach Brookdale Road. The Episcopal Church of Christ the King is on your left. Make a left turn onto Brookdale, and then turn right into the Church parking lot.



Sunday Afternoon Archery Practice

Most Sundays 1:00 pm - 4:00 pm (See Calendar)

Location: Baltimore Bowmen Site

Go to www.baltimorebowmen.com for directions. If the gate is closed, check to make sure it is not locked. If it is not locked, open it and drive down the hill to the butts. If the gate is locked, park your car and walk down the hill to the butts. Please join the bharchers google group to receive practice schedule emails NOTE: PRACTICE WILL NOT BE HELD WHEN THERE ARE WEEKEND-LONG EVENTS AND WHEN THERE ARE EVENTS AT THE BOWMEN SITE.



INCLEMENT WEATHER POLICY

If Baltimore County Schools announce they are closed or closing early, there will be no practice that night. You can usually hear the school closing lists on virtually any local radio station broadcast throughout the morning.

Guild Gatherings

Cook's Guild

Baroness Jeanne Tenneur de Bec, phone at 410-239-8794, or by e-mail at beckyritterhouse@yahoo.com.

Meets second Sunday of the month. Check calendar for location and time.



Electronic Connection

Bright Hills Website

The Baronial website, <http://brighthills.atlantia.sca.org/> contains a listing of current officers, regularly scheduled meetings, events and other items of interest. If you have an item for the website, please send it to the Webminister,

Dagný austkona at rmknoblauch@gmail.com

Bright Hills FaceBook Page

The new baronial Facebook page is located at <https://www.facebook.com/groups/brighthills/>. Further information can be obtained from the administrators Lady Reyne Telarius at robynbecker@comcast.net, and Dagný austkona at rmknoblauch@gmail.com

The Yeoman On-Line

<http://brighthills.atlantia.sca.org/yeoman/yeoman.html>

*Everyone is encouraged to contribute to
The Yeoman*

Please, remember that all submissions for The Yeoman should be accompanied by an SCA release form. Below are the links to the necessary forms.

Society Chronicler forms:

[http://www.sca.org/docs/library.html#release forms](http://www.sca.org/docs/library.html#release%20forms)

Release form for writing or artwork:

<http://www.sca.org/docs/pdf/ReleaseCreativeFillable.pdf>

Release form for photographs:

<http://www.sca.org/docs/pdf/ReleasePhotographerFillable.pdf>

Release form for models (the subject of your artwork or photograph):

<http://www.sca.org/docs/pdf/ReleaseModelFillable.pdf>





Regnum

The Barony of Bright hills

Please try not to call after 9 PM



BARON • BARONESS

Godai Katsunaga and Wanda Ostojowna

Gordon and Wanda Lee Kinnie

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Becky Ritterhouse

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Exchequer

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Michelle England

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Webminister

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Rachael Knoblauch

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VACANT



Deputy Webminister

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Karen Carothers

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MyLinda Butterworth

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Steward

VACANT



Chatelaine

Baroness von Zweckel
Becky Kepple

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Deputy Chronicler

VACANT



Baronial Clerk Signet

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Andrea Scott

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Deputy Chatelaine

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Wade Whitlock

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herald

Lord William Ringlancer
Bill Soucy

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brighthills.herald@gmail.com



Youth Minister

VACANT



Minister of Arts & Sciences

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Debbie Eccles

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Deputy herald

Mistress Deirdre O'Bardon
Debbie Eccles

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deirdre_obardon@yahoo.com



Deputy Youth Minister

VACANT



Deputy MOAS






Mistress Tatiana Ivanovna of
Birchwood Keep

Claudia Bosworth

410-437-7090

tatianabirchwoodkeep@gmail.com



MINISTER OF LISTS Lord Alexander Fowler <i>Hunter Fowler</i> 443-538-2220 hunterfsca@gmail.com 	KNIGHTS MARSHALL Sir Kollack von Zweckel <i>Kenneth Kepple</i> 443.254.1206 	Thrown Weapons Deputy Marshal Lady Beatrice Shirwod <i>Annelise Bauer</i> 843-312-5971 spindlebird@gmail.com 
Deputy MINISTER OF LISTS Lady Livia di Samuele <i>Sherrill M. Abramson</i> 301-807-5476 Abramsonsm@yahoo.com 	Deputy heavy Marshal Master Heinrich Kreiner <i>Robert Stephen Kriner</i> lands_heinie@yahoo.com 443-789-8109 	Rapier Deputy Marshal VACANT 
Target Archery Marshal Lord Aiden Killkenny <i>Jessee Trump</i> 770-845-7962 HesseTrump@Hotwire.com 	Target Archery Deputy Lady Eadgyth the Archer <i>Erin Markel</i> 410-459-3959 eadgyththearcher@gmail.com 	

CURRENT BARONIAL CHAMPIONS:

Archery: Lord Lewin de Partone

Arts and Sciences: Lærimoðir Deirdre O'Bardon

Bardic: Lady Scholastica Joycors

Baronial Warlord: Baron Kollack von Zweckel

Brewer: Lady Livi de Samuele

Equestrian: Mor Inghean Ui Dochartaigh

Heavy Weapons: Okai of Bright Hills

Thrown Weapons: Lord Trygvvi

Rapier:

Children's Archery- Cedric and Moira

