

# The Yeoman

Newsletter of the Barony of Bright Hills  
August 2018 • Volume 32, Issue 8



## The Story Behind the Cover Image

After the earth has given the yield, with the fullness of summer, it is time to harvest and give thanks for that yield. The work of harvesting, is done with the mindset that all has to be budgeted and stored for the time of winter, and the culmination of all this work will be celebrated at Yule. The image is named "August" and comes from the "Golf Book", ca. 1540; BL Additional MS 24098, f.25v

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## A Note from Your Chronicler

Well it is time to head off to Pennsic and lose my mind. That is to say that I will be busy this year (the first of four years) as I am the Dean of the College of Performing Arts this year and am over a full staff of people and making sure that all 47 performances make it on the stage, and the 212 classes all happen. I am hoping that if you are heading to Pennsic that you enjoy all that it has to offer. If you are still home bound then I hope you will find something that is fun to do while you are gone and tell us about it when we get back and we all promise to do the same.

Yours in Service, Story and Song,  
*Lady Scholastica Joycors*  
Chronicler of Bright Hill  
Dean-College of Performing Arts-Pennsic 47

## A Message from our - Seneschal

Greetings to the members of Bright Hills from the Seneschal. As we prepare to bid farewell to our current Baron and Baroness we must also prepare to vote on who will next occupy our baronial thrones. Therefore, I would like to remind everyone, that if you want to participate in the baronial polling, you must update your address and membership information. The polling will be conducted via mail so this is the best way to ensure your vote is heard.

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For information on reprinting articles from this publication, please contact the baronial chroniclers, Baronial Chroniclers, Lady Scholastica Joycors, [totallystories@gmail.com](mailto:totallystories@gmail.com) who will assist you in contacting the original creator of the printed material. Please respect the legal rights of our contributors. Contributions are due by the 25th of each month.



# THE BARONY OF BRIGHT HILLS

Unto the wonderful populace of Bright Hills do Kollack and Rebecca, Baron and Baroness send our greetings.



With the summer being in high gear, we understand that by the time most of you have a chance to read this we will have return from the great Pennsic war. Hopefully everyone surviving the heat and returning safely home with smiles and fond memories. Once back from war we do get a free weekend, which may I feel will use to unwind and put things away from the war. However the following weekend finds us on the move again. Please see our plan schedule below for the next few weeks. As always, we look forward to seeing you all and hopefully share time with you at one or more of the events listed below.

August 24th	Royal Rabbit Demo
August 31st – September 3rd	Bright Hills' very own Trail by Fire
September 8th	Barony of Stierbach's 20th Baronial Birthday
September 21st – 23rd	Battle on the Bay
October 5th - 7th	Fall Coronation
October 13th	The Wild Hunt
October 17th - 21st	War of the Wings XIII

Again, if you plan on attending one of the events listed and would like to retain for an hour or two please contact us

Yours in Service and Friendship,  
Kollack and Rebecca von Zweckel  
Baron and Baroness of Bright Hills

# Minutes of the Bright Hills Board Meeting July 20, 2018 - 7 p.m.

**Attendees:** Casey Keener, Rebecca & Kenneth Kepple, Jay and Amy Nardone, Rachael Knoblauch, Randy Feltman, Debbie Eccles, Robert and Barb Kriner, Karen Whitlock, Hunter Fowler, Gordon Kinnie, Michelle England, Wanda Kinnie, Jill Peters

**Report from the Baronage:** .A big thank you to those who went to Storvik novice and helped out - everything went very smoothly. Upcoming Demo at Royal Rabbit. Please let them know in advance if you're staying dinner. Please send any award suggestions directly to us because the new system is still not working properly. The Pennsic Party will be Tuesday of War Week in Allied Household with a seafood boil (vegetarian and non-seafood available) Bring a chair and a cup.

## Officer Reports:

**Seneschal:** Lady Freydis Sjona (Casey Keener) — Please send me a copy of your warrant so I know that it has been done and I have a record of it. Storvik has inquired again about the event conflict with Royal Archery, I have given approval with the understanding that they cannot have any archery at their event. Harvest Wars has been spiked for 2019 for October 18-20 so with no conflict on this weekend we would be able to have it at the Denton site. Polling reminder in Yeoman will be listed in next month's Yeoman with a letter from the Seneschal.

**Chronicler:** Lady Scholastica Joycors (MyLinda Butterworth) — Yeoman out on time. Reminder that we need to update the Officers page in the Yeoman as well as the Guilds since we have had several people move out or leave the barony. I have empty spaces that need attention.

**Exchequer:** Lady Wanda Ostojowna (Wanda Kinnie) — We have money.

**Webminister:** Master Janyn Fletcher of Lancastreschire (Jay Nardone) — This will be my last Webminister report after over 9 years as webminister for Bright Hills. I have trained Lady Dagny and transitioned my office to her. I thank everyone I had the pleasure of working with and thank everyone for the opportunity to serve the Barony. I suggested to Lady Dagny that down the road we look into completing the Baronial email rollovers and also consider moving to Google and get away from the very troublesome yahoo.....

Dagny austkona (Rachael Knoblauch) The web page has been updated and Baronial Birthday 2019 has been posted. Some formatting adjustments were made to Trial by Fire/Lochmere Arrow 2018. No content was changed. The webpage and emails are functioning properly. Since the last meeting concerns raised include: Social media policy change: this issue has been addressed

**Heralds Report:** Master Richard Wyn (Richard Muti) — nothing to report.

**A&S Report:** Lord Alexander de Burdegala (Larry Jones) — How to create a Ductus Class scheduled for 7/20. I am planning on hosting an Autocrat month and am working up a class schedule.

Baroness Tatiana Ivanovna of Birchwood Keep (Claudia Bosworth) — Harvest Wars has been canceled by three different requesters for this year. It has been re-spiked for Last of October 2019. Thanks to Chagan, Barb and Wynne for all the wonderful pictures, histories, and delectable aimed at newcomers on the 13th. We had one newcomer—an especially nice lady, who visited with all of us. Deidre and I had a good time discussing sugar paste, and her upcoming Compleat Anachronist. Other Baronial artisans are busy preparing for Pennsic, or are helping others in preparation for Pennsic. The Dean of Pennsic Performing Arts, Scholastica Joycors, is finishing up with last minute odds and ends; but always could use



muscle help with set up and tear down. The Pennsic Performing Arts schedule is chock full of classes and performances for all interests. Other prospective Pennsic teachers and merchants are putting the last touches on their projects.

The Deputy MOAS is looking into types of guild activities in the Barony, and would appreciate your input. We are looking for guild heads, members and recent activities.

**Chatelain Report:** Baroness Barbara Giumaria diRoberto (Barbara Kriner) — The Bright Hills Cooks Guild has suggested a "mini feast" to introduce our new folk to the joys of Historic Cooking. The MA&S has started scheduling monthly classes. We had

**Knights Marshall:** Lord Randver Askmadr (Randy Feltman)— No activity this month.

**Minister of the List:** Lord Alexander Fowler (Hunter Fowler)— No activity this month.

**Youth Minister:** Lady Katarzyna Witkowska (Katherine Hawkins)—I have nothing to report this month.

**Baronial Steward:** Master Chirhart Blackstar (Truman Barnes) — Nothing to report this month.

### Guild Reports:

**Armors** – No report.

**Bardic Circle** — No report.

**Brewers** – No report

**Cheese Mongers:** Master Chirhart (Truman Barnes)— No report.

**Clothiers** – No report.

**Cooks Guild:** Baroness Wynne ferch Rhodri (Jill Peters)— The Bright Hills Cooks Guild met at the home of Baroness Wynne, the Guild Mistress, on Sunday 15, 2018. There were nine members present.

First discussed was the Open House at Pennsic this Year. Their Excellencies Kollach and Rebecca are holding the Bright Hills Open House on Tuesday 7 August, starting around 6:00 pm. As Guild Mistress and member of the camp where the party is being held, I invited the Guild to contribute desserty-stuff for the crowd if possible. Don't miss this night out with Baronial friends and family

Mistress Adina was contacted about Crown Tournament feast. She is expecting 60 seats with an addition of 8 at head table. Out budget is \$600.00. Theme to be decided. Brienna will be head cook. The menu will be discussed at the August meeting.

Trial by Fire is getting closer with each passing week. It is being held on Labor Day weekend, Friday 31 August to Monday September 3. As Brienna will not be in attendance I (Wynne) will be handling cooking contestant registration. Prizes for category and grand champion are being gathered by Jeanne and Wynne. If you have something to contribute, please contact them. Set up will begin after noon on Friday and classes are being offered on Sunday. Thank-you Sindara and Brienna for conducting beading and bread-making classes. More classes are welcome in anything you'd like to teach.

Baronial Birthday, February 9, 2019, will have a Mardi Gras theme. Rhys of Ravenhill (Raven) is serving as head cook. This will be a royal progress as our new baron and baroness will be stepping up. More information is forth-coming. Please remember that I will be stepping down at Baronial Birthday and am looking for a replacement. The guild is a wonderful mix of people, friends, family.

**Herb Group** – Faolan Mac Raghnaill — No report.

**PAEG** : Lady Reyne — We held a small Bardic practice at my home on Sunday, July 15th, from 4pm to about 9:30pm. We chatted quite a bit, as many of us hadn't seen each other in quite awhile, and we also played and sang, and discussed relevant topics. We also discussed some ideas for bardic competitions and challenges for Trial By Fire. **STAY TUNED!**

The meeting was attended by - Reyne Telarius (host), Richard Wyn, Tarquinia Maida, Yseulte Trevelyn, and Faolan Mac Raghnaill..



**St. Matthias** – No report.

**Scriptorium:** Lady Aemilia Rosa (Amy Nardone) — I am teaching a class on Making Your Own Ductus after the meeting

**TAG** — Mistress Brienna Llewellyn — No report

**Woodworkers** – No report.

**Old Business:**

Letters for coronets went out and we have received two responses out of four. One person said no due to health issues and the other one had some additional questions.

Autocrat class about the new forms is still up in the air.

Trial by Fire - We have a port-a-john issue - if we have them come and clean the johns on Saturday it will be \$270, it is a lot less to just rent a couple of additional ones. Discussion pursued and a motion was presented to pay for the company to come and clean the port-a-john on Saturday. Motion passed. Deidre still needs someone to handle parking who can be diplomatic about not letting people park in the handicapped spaces and loading and unload. We will be opening Troll on Friday night at 6 PM and on Saturday at 8 AM.

Birthday is happy to say that the new webminister has been quick to respond and putting up things up. I all ready have a Master of the Hall and High Table server and am looking for Marshalls. Everything is falling into place.

Renting a mail box would be \$32.00 semi-annually for a 4 x 6 or 6x6 or \$47. Since Wanda works next to the PO so it will be easy for pick-up.

We have been red flagged for not having turned in a Court Report for Royal Archery which of course would be ok if we had actually had court.

As we look for space within the barony we should consider that the Bowman is open most of the time, except twice a year for their own events and is inexpensive and a good location.

**New Business:**

Corporate has put out a new social media policy. As a barony we have decided to continue the way we have done in the past and all official post must go through the Seneschal before being posted by the webminister. Postings to the Officers Page on Yahoo groups and Yahoo group to the populace will remain the same. No financial information will be posted to Facebook. Dagny is going to be the Social Media Officer .

Faolan will be opening the hall for fighter practice while everyone is at Pennsic.

Next meeting: August 24, 2018 Adjourned at 8:05 p.m.

*Any additions or corrections to these minutes should be sent to Lady Scholastica at [totallystories@gmail.com](mailto:totallystories@gmail.com)*

# Atlantian Calendar of Events

## August 2018

1-12	Pennsic Wars (R)	Aethelmearc	Slippery Rock, PA
24-26	Gardens of Thyme Harvest Table	Crois Brigte	Boonville, NC
30-3	Hastilude at the Hallow V	Black Diamond	Raphine, VA
31-3	Trial by Fire	Bright Hills	Glen Arm, MD

## September 2018

1-2	Known World Academy of Rapier and Known World Armored Combat Collegium	Northshield	
7-9	Rip Rap War: It Takes Two to Parley	Tir-y-Don	Courtland, VA
7-9	Panem et Circenes: Sacred Stone Baronial Birthday (R)	Sacred Stone	Boonville, NC
8	Barony of Stierbach's 20th Baronial Birthday	Stierbach	Leesburg, VA
15	Fall University	Atlantia	
21-23	Southern War Practice X	Ritterwald	New Ellenton, SC
21-23	Battle on the Bay (R)	Storvik	Upper Marlboro, MD
22	Barony of Raven's Cove Birthday - Deus Vult!	Ravens Cove	Richlands, NC
28-30	Clash with Bacchus	Seven Hills	Big Island, VA

## October 2018

6	Fall Coronation (R,H)	Atlantia	
13	The Wild Hunt	Ponte Alto	Annandale, VA
17-21	War of the Wings	Atlantia	Boonville, NC

Greetings everyone!

First let me start by introducing myself. For those of you who have not met me, my name is Dagný austkona. I am an archer of Bright Hills, active in the barony for roughly the past year, and I have just recently transitioned to being your new web minister.

There has been some confusion recently over the Society change in policy in regards to social media. To clarify: while social media groups and pages can be used as an official voice of SCA groups--in this case, our barony--there are still restrictions on its use in order to comply with Governing Documents. By the updated SCA policy, "No social media site/outlet may publish content unless that content has already been published in the required SCA venue first." This means that official business (for example: initial event postings, unapproved changes to law/policy/etc., official pollings, etc.) will not be conducted primarily through social media platforms. In addition, the Society calls for a warranted social media officer to regulate official activity of SCA groups in conjunction with the seneschal.

Given these circumstances, the barony will continue to use the website, the Yeoman, and these Yahoo groups to announce/conduct official business. Any changes to this policy or transitions in how our Barony distributes information will be discussed, approved, and implemented by our Baronial officers in accordance with Society and Kingdom guidelines, and the Barony notified.

Everything written here has been confirmed also by our Seneschal, Lady Freydis. If you have any questions, please feel free to contact myself or Lady Freydis directly.

Your web minister,

**DAGNÝ AUSTKONA**

For the access to Society social media information, go to:

<http://socsen.sca.org/wp-content/uploads/2018/07/Social-Media-Policy-2018-06-04.pdf>

## UPCOMING EVENTS

### Pennsic Wars

July 27 – August 12, 2018

Mayor: TH Lord Tommaso Valeriano

Pennsic is an annual event, in the guise of a "War", between the Kingdoms of the East and the Middle of the Society for Creative Anachronism. Pennsic is also the largest Society event, with attendance in recent years exceeding 10,000. The scheduled activities include large melee battles, tournaments, archery, stage performances, dancing, and hundreds of classes on medieval topics. The marketplace has over 200 merchants selling a variety of wares.

Coopers' Lake Campground is a 500-acre site, located in Slippery Rock, PA. The campground has several shower houses and restrooms, and many porta-johns are rented for the event. Water spigots are adjacent to most camping areas. There is a well-stocked camp store. The campground has a laundry room, 2 ATMs, and a playground. In nearby New Castle and Butler there are restaurants, supermarkets, motels, laundromats, and other stores. Moraine State Park, not far from the campground, has public swimming facilities.

The opening weekend of Pennsic is the last Saturday in July, and the event runs for 2 weeks. If you decide to attend Pennsic for the full two weeks, there will certainly be plenty for you to do. But if you can only make it for a week or less, you'll want to be there during the second week, as that's when the battles and most other events are scheduled. A listing of the dates of future Pennsics is on-line.

Check the website's Overall Schedule to see what will be taking place.

<http://www.pennsicwar.org/penn47/GENERAL/schedule.html>

### Gardens of Thyme Harvest Table

August 24- 26, 2018 • Canton of Crois Brigitte

Parsley, Sage, Rosemary, & Thyme are just a very few of the wide range of herbs used in period. Cooking, Curing Ills, & Coloring Fabrics, just a few of their uses. Join us at Elchenburg Castle for a weekend of exploring, learning, teaching, and sharing! Stroll through a medieval agricultural village, see live animals and learn about their purpose. Come learn about various agricultural topics such as the history of sheep, beekeeping, fishing, medieval kitchen gardens

and herbs, and more! Participate in the cooking competition or come watch the competition and learn about cooking techniques used in Medieval times.

Website: <http://croisbrigte.atlantia.sca.org/gardens-of-thyme-harvest-table/>

### Silver Chalice

August 25, 2018 • Barony of Hidden Mountain

... "A Knight there was, and that a worthy man, That from the time that he first began To Ride out, he loved chivalry, Truth and honour, freedom and courtesy. Full Worthy was he in his Lorde's war, And thereto had he ridden, no man farre, As well in Christendom as in Heatheness, And ever honour'd for his worthiness"

-Canturbury Tales, Geoffrey Chaucer

A Novice, and Battle-worn Tourney, where those who battle in the most chivalrous manner shall ever take the day.

Website: [http://www.atlantia.sca.org/137-events/167-event-flyer?event\\_id=2ab37651](http://www.atlantia.sca.org/137-events/167-event-flyer?event_id=2ab37651)

### Hastilude at the Hollow V

Aug 30-Sept 03, 2018 • Barony of Black Diamond

Come, bring your horses and do all things equestrian for four days! Beginning on Thursday, 30 Aug, and running through Monday, 3 September 2018. The Hastilude will include an equestrian challenge course, team games, mounted archery, SCA foam jousting and wooden lance jousting, trail rides, and several classes/practicuums on equestrian martial skills taught by Sir William Brannan, An Tir.

To top it off, we will play Daiku on Saturday evening, and celebrate on Sunday evening with a rousing game of "Cirit" (pronounced 'jer-reed'). Daiku is a Japanese medieval team game played with balls and long "rackets" that is similar to polocrosse. Jerreed is a fun and exciting medieval horse game of javelin-throwing that comes from the steppes of Anatolia!

Website: <http://www.greydragon.org/hastilude5/>

# TRIAL BY FIRE XXI

Trial by Fire/Lochmere Arrow  
September 8-10, 2017 • Barony of Bright Hills

The arrows will fly true to their marks this Labor Day weekend at *Trial by Fire* and the *Lochmere Arrow* Competition! Bards, cooks, poets and teachers will join the archers for the fun and drama of the Lochmere Arrow competition and the many other competitions too! The site opens at 6:00 pm Friday August 31 and closes at 10:00 am on Monday September 3. What would you do at Trial by Fire and the Lochmere Arrow competition? Have fun, of course! See you at the Baltimore Bowmen, Graham Memorial Park, 10301 Harford Road, Glen Arm, MD, 21057.

For updated information see the event website at [http://brighthills.atlantia.sca.org/?page\\_id=896](http://brighthills.atlantia.sca.org/?page_id=896)

**MARTIAL ACTIVITIES:** Archers will compete for the right to bring the Lochmere Arrow home to their barony, shire or canton. The actual shoot is always creative, fiercely contested and a lot of fun!

**LOCHMERE ARROW COMPETITION:** Good gentles, Bright Hills will be hosting the Lochmere Arrow this year. Anyone can participate in this shoot. To compete for the Lochmere Arrow you will need to have teams of two from any Barony, Shire or Canton. Teams of two will shoot together and at the end of the day the highest score will be the winner of the Lochmere Arrow. If you win this competition you or your group agrees to host next year's Lochmere Arrow.

**TRIAL BY FIRE COMPETITION:** The basic Trial by Fire competition requires period recipes to be prepared onsite over using open flames and limited to cooking technologies used at the Pennsic War. No electricity allowed! However, you can use fire bowls, camp stoves, caterer's burners and hand tools. Documentation is required. Minimum documentation would include the original recipe, its source and your redaction. If the recipe uses period ingredients and methods, but not a period recipe, document all ingredients and methods to one culture, time and place. If there is an issue as to whether specific ingredients are period, Food by Waverly Root may be used to make that determination. More information to be found on the website. [http://brighthills.atlantia.sca.org/?page\\_id=1604](http://brighthills.atlantia.sca.org/?page_id=1604)

**POETRY COMPETITION:** The Poeta Atlantiae, Lord Ishmael Baleinier sponsors a poetry competition with the theme Fire That Doesn't Burn.

Fire has as many qualities as it has flickering facets, yet we often only consider its ability to burn us. For this competition, your task is to write one poem based on one example or quality of fire that is NOT its potential for destruction. The poem can be of any period style, and should include a short rationale or EZ Doc as documentation explaining your choice of form or content. Be creative! You should be prepared to read your piece aloud at the competition. There will be two winning categories: Best Overall Entry and Best New Poet (for those who have been performing the Bardic Arts in the SCA for less than 2 years). Please email [poeta@atlantia.sca.org](mailto:poeta@atlantia.sca.org) with any questions.

**A&S ACTIVITIES** include bardic, cooking, brewing and poetry competitions, as well as Sunday classes

**OTHER:** Lady Livia di Samuele is bringing her famous Tavern to Trial by Fire/Lochmere Arrow.

**.SITE RESTRICTIONS:** No alcohol on the archery field. No ground fires outside of firepits.

**FEAST:** Feast will be a potluck dinner. Just bring a dish large enough to feed at least 8.

**LUNCH:** here will be a fundraiser lunch sponsored by the Equestrians

**SITE:** Graham Memorial Park, 10301 Harford Road, Glen Arm, MD 21057. Site opens 5:00 pm Friday and closes at noon on Sunday.

**COST:** Adult Full Price - \$17; Adult Member Price \$12.00, Children 5-7 \$6.00

Make checks payable to SCA, Inc., Barony of Bright Hills.

# Helpful Camping Hints - Part 2

by Chagan Khulan

## COMMON SENSE RULES

Sadly, there are many things folks take for granted that aren't readily at hand when camping. There are all too many things that folks take for granted that you will find need adjusting to when camping. Here are a few.

- ❖ Canvas walls do not block sound.
- ❖ Sunlight on canvas can create shadow shows.



photo with permission of Valeriana Solaris

- ❖ Shoes should always be worn when going places that may not be as clean or as hazard free as you are used to having at home. Flip-flops, shower shoes, some sort of slipper or moccasin are heavily recommended for trips to the porta john, the communal showers, the short cut through the brushy area behind the camp, etc.
- ❖ Water is your friend. Some camps have less than acceptable water sources. If you are uncertain-take some bottled water. Fill a couple of old milk jugs from the home tap and bring that. Use that for cooking and drinking only.
- ❖ Pennsic water varies from drinkable to blechhh. It has a high iron content and often has a fair bit of sediment in it.
- ❖ Carry a small bottle of water with you when trekking about all day. It's quite a refreshing beverage.
- ❖ The sun is lovely, till you get burnt. A broad brimmed hat is always advisable.
- ❖ Sunscreen is your friend.
- ❖ Taking prescriptions meds? Make sure someone else in camp knows what and when and the symptoms of not having taken your meds.
- ❖ C-O-M-F-Y S-H-O-E-S!!!!!!
- ❖ Cotton Bike Shorts – for guys and gals (nobody wants to deal with a heat rash).

- ❖ Label your belongings. It's nice to know who the spiffy red chair belongs to when it gets left behind.
- ❖ Sleeping on the ground? A couple moving pads can make it much pleasanter.
- ❖ Camping with kids? Do go to the trouble of bringing familiar things like a favorite blanket or toy. Bring lots of 'kid type' entertainment.
- ❖ Babies? Sigh, I have few suggestions here as I've never had a baby to camp with. Camping isn't truly baby-friendly despite what some folks say. One solution that worked to ease things for two toddlers in camp was "white noise" music. Played very softly in their tent. It made sleeping much easier for the little guys and much easier on the rest of camp. We made sure they had PLENTY of batteries to keep the CD player going.
- ❖ Stay as clean as possible. Gritty bodies make grump people. Baby wipes, wet towels, a quick rinse off of even just hands and feet – all work to make folks more comfortable.
- ❖ Camp clothes. If you're in camp you don't have to be dressed to the nines. If it's really hot go to the loose fitting, loose weave or light weight cover up. Those old cotton sheets made into chemises will be truly appreciated. There are several Middle Easter style robes and tunics that make great cover ups for the guys.
- ❖ Sunshades. Virtually every camp has a communal sun shade and many folks set up a sun shade in front of their tent. Stay in the shade as much as possible.
- ❖ Smoking. YUCK! OK – I don't smoke and I don't like its aroma wafting through my tent. If you smoke – do so in only your own tent or sunshade. If you go elsewhere, ASK, before you light up.

## EQUIPMENT

There are some things that are just handy to have when camping. Especially on an extended camping trip.

- |   |                    |
|---|--------------------|
| Broom   | Lanterns           |
| Shovel  | Spare Coleman fuel |
| Spare rope  | Sewing repair kit  |
| Spare tent pegs   | Spare chair        |
| Repair kit for your tent  | Toilet paper       |
| Mallet or small sledgehammer  | Batteries          |
| Bucket or basin   | Duct tape          |
| Drying rack or small clothesline  |                    |
| Laundry bags  |                    |
| Zip lock bags   |                    |
| Bug repellent   |                    |
| Sunscreen   |                    |
| Drop cloth to go UNDER your tent floor  |                    |
| Totes – lots of totes to carry and store every thing  |                    |
| Tool kit (hammer, wrench, screwdriver, grommets, etc.) not a lot- just the tools needed to fix or set things up |                    |



Jean Froissart, Chronicles, fol. 18 Flandres, Bruges early 15th Century figure13.

And last but not least – small projects to work on while just goofing off. Read a book., sew, play music, weave, leather work, whittling or sculpting.

# Lore from the Larder



illumination from The Luttrell Psalter

## Medieval Manchet Loaves

makes 8 small rolls or 2 loaves

### Ingredients

- 650g strong white bread flour (5 ½ cups)
- 25g rice flour (2½ Tbsp)
- 1 ½ tsp salt
- 12g fresh yeast (1.25 Tbsp dry yeast)
- 275ml warm water (1⅓ cup)
- 100ml beer or ale (6 ½ Tbsp)
- 2 Tbsp runny honey

### Method

- Mix together the flours and the salt in a large bowl
- Mix the water, beer, honey and fresh yeast in a bowl or large measuring jug, stirring to dissolve the yeast in the liquid
- Combine the wet and dry ingredients in the large bowl and tip out onto a floured surface. Knead by hand for about 10 minutes. The mixture will be very sticky at first but will come together to make a smooth dough
- Leave the dough to rise in a lightly oiled bowl for 2 hours. Cover this with cling film (or if you're feeling really medieval, cover with a cloth)
- When the dough has risen, knock it back and divide the dough into eight equal pieces by halving three times. Shape each roll into a round, and leave to rise for 45 minutes on a baking tray/sheet covered in baking parchment. (If you want two large loaves, just halve the dough once and shape into rounds but remember, they will require a longer cooking time)
- Preheat the oven to 220°C or 475° F.
- Sprinkle with flour, slash with a sharp knife and bake for 20 minutes (longer if making larger loaves instead of rolls)
- Best enjoyed warm with loads of salted butter



Recipe and photo from <https://richardburr.london/2016/04/03/medieval-bread/>

# Lammas Day - Festival of the Wheat

Scholastica Joycors

Grain has held a place of importance in civilization back nearly to the beginning of time. Grain became associated with the cycle of death and rebirth. The Sumerian god Tammuz was slain and his lover Ishtar grieved so heartily that nature stopped producing. Ishtar mourned Tammuz, and followed him to the Underworld to bring him back, similar to the story of Demeter and Persephone.

Originally called the Gule of August, Lammas was a celebration of the grain harvest and one of the four great pagan festivals of Britain. When Christianity was introduced, the day continued to be celebrated, and a LOAF OF BREAD made from the newly harvested grain was the usual offering at church. For this reason it was called Hlaf-mass (loaf mass), subsequently shortened to Lammas or Festival of the Wheat. Another theory about the name's origin is that it came from LUGHNASA, the ancient autumn festival in honor of Lugh, the Celtic sun god.

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Lammas marked the changing of the seasons, which people in all parts of the world have honored since ancient times. Some cultures divided the year into two seasons, summer and winter, and marked these points of the year at or near the summer and winter solstices, during which light and warmth began to increase and decrease, respectively. In pre-industrial times, humans survived through hunting, gathering, and agricultural practices, which depend on the natural cycle of seasons, according to the climate in the region of the world in which they lived. Thus, they created rituals to help ensure enough rain and sun in the spring and summer so crops would grow to fruition at harvest time, which was, in turn, duly celebrated.

In early Ireland, it was considered a bad idea to harvest your grain any time before Lammas; it meant that the previous year's harvest had run out early, and that was a serious failing in agricultural communities. However, on August 1, the first sheaves of grain were cut by the farmer, and by nightfall his wife had made the first loaves of bread of the season.

In Gaelic Ireland the festival of Lughnasadh (LOO-nah-sah) was the celebration of the first harvest. Lughnasadh honored the god Lugh (modern spelling: Lú) as a funeral feast and sporting competition to commemorate of his foster-mother, Tailtiu, who died of exhaustion after clearing the plains of Ireland for agriculture. It was also the preferred time for handfasting —trial marriages that would generally last a year and a day, with the option of breaking or formalizing a lasting marriage. If a couple found that their marriage was not working they would return they could handpart without social disapproval, they need only stand back to back and symbolically walk away from each other.

On Lammas Day in England, it was customary for the villagers to bring a loaf of bread made from the first wheat of the new harvest. The loaf was blessed and was then the sacred bread would be broken into four pieces. Each piece was placed in the corner of the grain storage barn or silo to protect the rest of the garnered harvest.

English tenants were obligated to present freshly harvested wheat to their landlords on Lammas Day, which was also called "The Feast of the First Fruits." It was also customary for other contracts to be negotiated at this time for business.



Scottish Stamp

Throughout the Middle Ages in England, Lammas was a time for holding great fairs, and paying certain rents and electing government officials.

In Scotland the feast was celebrated from at least medieval times and was known as the 'Gule of August'. In the weeks before harvest, communities were at their highest risk of starving, as stocks from the previous harvest came close to being depleted – Lammas Day heralded the new harvest and hopefully a return to times of plenty. In the *Every-Day Book* (published in 1838), author William Hone described celebrations held by Edinburgh farmers which included the building of towers, with communities competing to knock down each other's towers. This was a boisterous and often dangerous contest, at which participants were occasionally killed and often injured.

Lammas is also recognized as one of the four Scottish quarter days; a legal term for a period of time at which contracts could be terminated or renewed and servants could be hired or dismissed. The four dates were traditionally: Candlemas (28 February), Whitsunday (28 May), Lammas (28 August) and Martinmas (28 November).

While Lammas Day is not a major holiday anymore it is still celebrated in smaller communities with the making of corn dollies (similar to corn husk dolls made of the sheaves of grain), parades, bonfires, games and lots of bread, it represents the end of harvest and the beginning of the next season of life.

## Bibliography

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- Lammas Day. (n.d.) *Holiday Symbols and Customs*, 4th ed.. (2009). Retrieved July 18 2018 from <https://encyclopedia2.thefreedictionary.com/Lammas+Day>
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- Wigington, P. (2018, July 2). Lammas History: Welcoming the Harvest. Retrieved from ThoughtCo: <https://www.thoughtco.com/history-of-the-lammas-harvest-celebration-2562170>



Traditional corn dolly made from wheat sheaves one of many crafts made during this harvest festival.



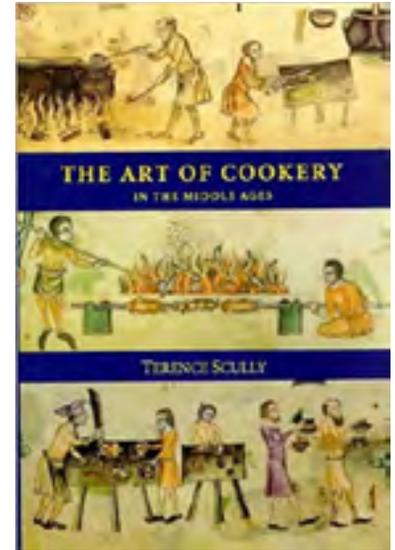
## A Lughnasadh Blessing

May your harvest be bountiful and sustain you through the cold winter months ahead. May the love of friends, family, and the Goddess warm you always.

# Books of Knowledge

## **The Art of Cookery in the Middle Ages (Studies in Anglo-Saxon History)** by Terrence Scully

The master cook who worked in the noble kitchens of the fourteenth and fifteenth centuries had to be both practical and knowledgeable. His apprenticeship acquainted him with a range of culinary skills and a wide repertoire of seasonal dishes, but he was also required to understand the inherent qualities of the foodstuffs he handled, as determined by contemporary medical theories, and to know the lean-day strictures of the Church. Research in original manuscript sources makes this a fascinating and authoritative study where little hard fact had previously existed.



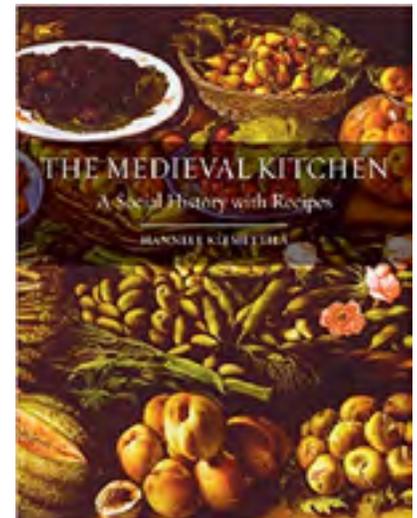
BOYE6  
ISBN: 978-0851154305

## **The Medieval Kitchen: A Social History with Recipes** by Hannele Kimettilä

We don't usually think of haute cuisine when we think of the Middle Ages. But while the poor did eat a lot of vegetables, porridge, and bread, the medieval palate was far more diverse than commonly assumed. Meat, including beef, mutton, deer, and rabbit, turned on spits over crackling fires, and the rich showed off their prosperity by serving peacock and wild boar at banquets. Fish was consumed in abundance, especially during religious periods such as Lent, and the air was redolent with exotic spices like cinnamon and pepper that came all the way from the Far East.

In this richly illustrated history, Hannele Klemettilä corrects common misconceptions about the food of the Middle Ages, acquainting the reader not only with the food culture but also the customs and ideologies associated with eating in medieval times. Fish, meat, fruit, and vegetables traveled great distances to appear on dinner tables across Europe, and Klemettillä takes us into the medieval kitchens of Western Europe and Scandinavia to describe the methods and utensils used to prepare and preserve this well-traveled food. The Medieval Kitchen also contains more than sixty original recipes for enticing fare like roasted veal paupiettes with bacon and herbs, rose pudding, and spiced wine.

Evoking the dining rooms and kitchens of Europe some six hundred years ago, The Medieval Kitchen will tempt anyone with a taste for the food, customs, and folklore of times long past.



Reaktion Books  
ISBN: 978-1861899088

# Past Knowledge

*Tips from books of yore*

## How to Spend July, 1612



Wenceslaus Hollar, Summer (1644)

"In July. Now arrives the Sommers Solstice, which with the fiery Dogge turns the moisture of our bodies into parched exhalations, which we commonly call cholerick symptomes. And therefore shunne roast or broyled meates. Shunne salt meates, Bacon, and strong Beefe. Spare not to drinke Ptizans, Endive, or Succory waters, which coole the liver. Now you may boldly sleepe in the after noone, so that it be not presently after dinner, and not above an houre. Beware of bloud-letting, Physick, and venerous acts. When you are emptie, bath your selfe in colde water, for that recreates the animall powers."

William Vaughan, *Approved Directions for Health*

## How to Eat Bread, c. 1567



Stadtbibliothek Nürnberg, Amb. 317b 2, f.

Nobles, who are bilious by nature, have both crusts removed from the bread, both the upper and lower crust. And the preminent leaders of the church and more fastidious gourmands do likewise. So you should choose the inner part of the bread, because it provides better, more substantial, and faster nourishment than the crust. For people who are healthy but have a humid stomach, or people who want to lose weight, it is sometimes permissible to eat crusts after other foods.

Johann Curio, *De conservanda bona valetudine*

from the collections of <http://askthepast.blogspot.com> by Elizabeth Archibald

# Barony of the Bright Hills

## Practices and Meetings Site Directions

**Heavy & Light Weapons Fighter Practices and A&S classes** are held most Friday nights from

7:30 PM-10 PM

**Business Meetings** are held from 7 PM-8 PM the last Friday of the month (Please See Calendar)

**Location:** Christ the King Episcopal Church, 1930 Brookdale Rd., Baltimore, MD 21244

*Although we use these facilities, the SCA is not endorsed by the Church.*

**Directions:** Exit the Baltimore Beltway (I-695) at Exit 17 (Security Blvd Exit). Take the exit west toward Rolling Road, not the exit east toward Woodlawn. Travel west along Security Boulevard about one-half mile, through traffic-lights at Belmont Avenue, Lord Baltimore Drive, and Rolling Road. Continue west for another block, until you reach Brookdale Road. The Episcopal Church of Christ the King is on your left. Make a left turn onto Brookdale, and then turn right into the Church parking lot.

### INCLEMENT WEATHER POLICY

If Baltimore County Schools announce they are closed or closing early, there will be no practice that night. You can usually hear the school closing lists on virtually any local radio station broadcast throughout the morning.

### Sunday Afternoon Archery Practice

Every Sunday 1:00 pm - 4:00 pm (See Calendar)

Location: Baltimore Bowmen Site

Go to [www.baltimorebowmen.com](http://www.baltimorebowmen.com) for directions. If the gate is closed, check to make sure it is not locked. If it is not locked, open it and drive down the hill to the butts. If the gate is locked, park your car and walk down the hill to the butts. NOTE: PRACTICE WILL NOT BE HELD WHEN THERE ARE WEEKEND-LONG EVENTS AND WHEN THERE ARE EVENTS AT THE BOWMEN SITE.

## Guild Gatherings

### Bardic Circle/PAEG

(Sundays 4-8pm; Contact Lady Reyne Telarius home, 472 Winterberry Dr, Edgewood, MD check for exact dates or check calendar)

### Woodworkers' Guild (Check Calendar)

Lord Luke of Bright Hills' house. 1020 Register Avenue, Towson, MD 21239, (410) 377-6828.

Directions: Take Baltimore Beltway 695 toward Towson. We live near the northern apex of the beltway. Take exit 29 from 695. Take Lock Raven Blvd. south, past Taylor Ave. intersection, go through two lights after Taylor, look for quick right onto Register Avenue just over peak of a hill. (If you miss Register Ave. don't despair: at next light make a right onto Loch Hill Rd., then left at stop sign onto Register Ave. If you've gone too far on Loch Raven, you will reach Northern Parkway – a huge intersection.) Our house is at 1020 Register – white house with porch on right with SCA-type banner hanging from a signpost on front lawn - large driveway. Park on the south side of Register Avenue if there is no room in driveway.

### Brewer's Guild

Lady Livia di Samuele, 7927 Mandan Road Apt 104 Greenbelt, MD 20770; 301-807-5476

[Abramsonsm@yahoo.com](mailto:Abramsonsm@yahoo.com)

Contact with questions or to request special brewing days.

### Clothier's Guild

Lady Faye de Trees, 1402 Hillside Dr., Bel Air, MD 21015; 352-281-8216, feataure@gmail.com.

The clothiers currently do one class per month on a specific project at Friday night fighter practice followed by a sewing session on Sunday afternoon to finish the projects. The location of the Sunday sessions varies. (Check calendar)

### Textile Arts Guild

Mistress Brienna Llewellyn Lindsey, 3009 Ebbtide Dr., Edgewood, MD 21040, 410.598.3422, [ladybrienna@gmail.com](mailto:ladybrienna@gmail.com).

TAG meets the first Sunday of every month. Check calendar for location and times

### Armory

Master Heinrich, 3114 Littlestown Pike, Westminster, MD 21158; 443-789-8109, [lands\\_heinie@yahoo.com](mailto:lands_heinie@yahoo.com)  
Weekends by appointment.

### Cook's Guild

Baroness Wynne ferch Rhodri ap Hwyell, [jay\\_wynne@hotmail.com](mailto:jay_wynne@hotmail.com)

Meets second Sunday of the month. Check calendar for location and time.

### Gold Key

To Access Gold Key garb,  
Bright Hills Email List

To subscribe to the Bright Hills mailing list, please go to: <http://www.yahogroups.com/subscribe/brighthills>

## Electronic Connection

### Bright Hills Website

The Baronial website, <http://brighthills.atlantia.sca.org/> contains a listing of current officers, regularly scheduled meetings, events and other items of interest. If you have an item for the website, please send it to the Webminister,

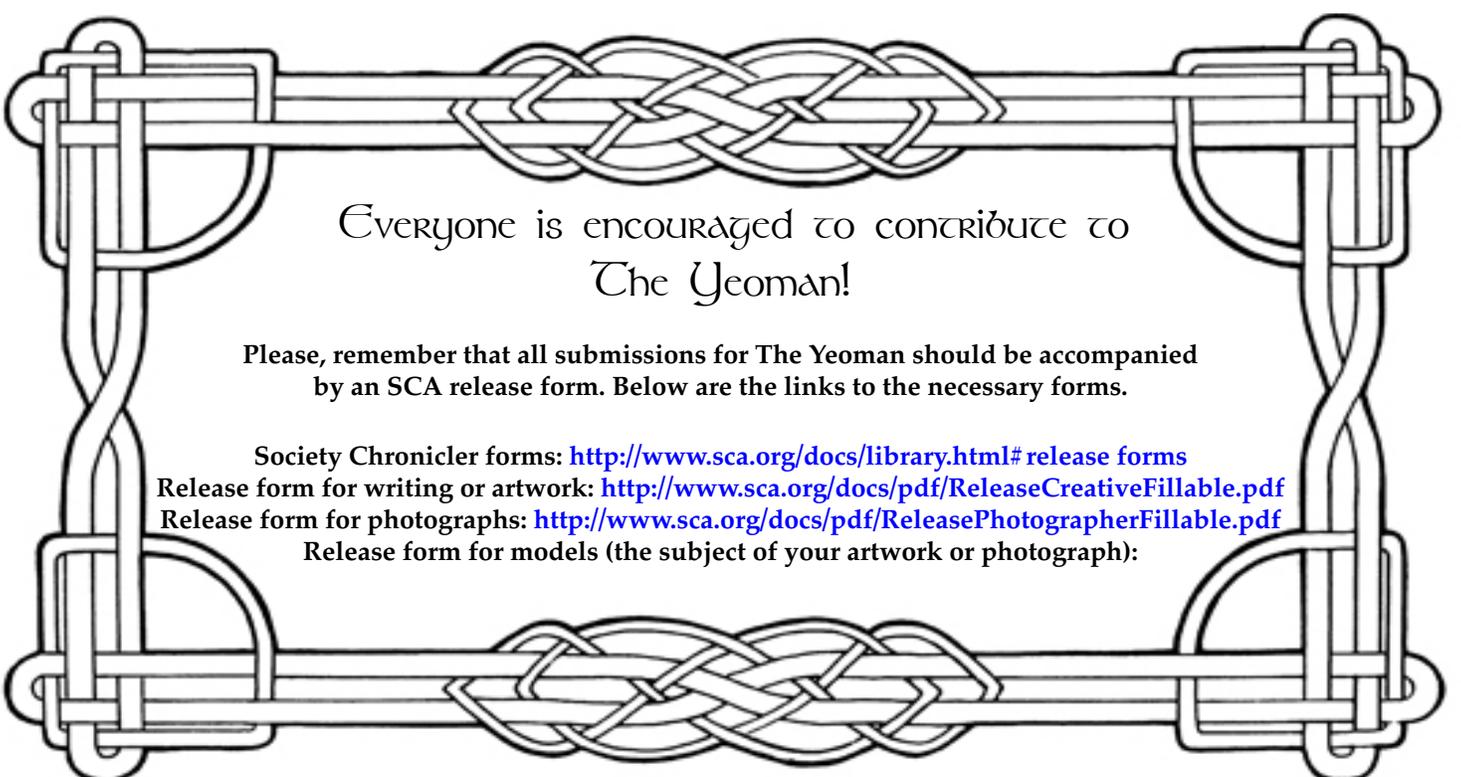
Dagný austkona at [rmknoblauch@gmail.com](mailto:rmknoblauch@gmail.com)

### Bright Hills FaceBook Page

The new baronial Facebook page is located at <https://www.facebook.com/groups/brighthills/>. Further information can be obtained from the administrators Lady Reyne Telarius at [robynbecker@comcast.net](mailto:robynbecker@comcast.net), and Dagný austkona at [rmknoblauch@gmail.com](mailto:rmknoblauch@gmail.com)

### The Yeoman On-Line

<http://brighthills.atlantia.sca.org/yeoman/yeoman.html>



Everyone is encouraged to contribute to  
The Yeoman!

Please, remember that all submissions for The Yeoman should be accompanied by an SCA release form. Below are the links to the necessary forms.

Society Chronicler forms: [http://www.sca.org/docs/library.html# release forms](http://www.sca.org/docs/library.html#release%20forms)  
Release form for writing or artwork: <http://www.sca.org/docs/pdf/ReleaseCreativeFillable.pdf>  
Release form for photographs: <http://www.sca.org/docs/pdf/ReleasePhotographerFillable.pdf>  
Release form for models (the subject of your artwork or photograph):

# Officers and Deputies of the Barony of Bright Hills

Please try not to call after 9 PM



**Baron & Baroness**  
Kollack & Rebecca von Zweckel  
*Kenneth & Becky Kepple*  
443.254.1206



baron@brighthills.atlantia.sca.org or baroness@brighthills.atlantia.sca.org

<p><b>Seneschal</b> Lady Freydis sjóna <i>Casey Keener</i> 410-852-0621 frejya2004@gmail.com</p> 	<p><b>Exchequer</b> Lady Wanda Ostojowna <i>Wanda Kinnie</i> 443-398-5100, wandaostojowna@yahoo.com</p> 	<p><b>Webminister</b> Dagný austkona Rachael Knoblauch 301-481-1949 rmknoblauch@gmail.com</p> 
<p><b>Deputy Seneschal</b></p> 	<p><b>Deputy Exchequer</b> Lord Cairell mac Cormaic <i>Howard Carl Jacobson</i> 443-416-8356, cairellmaccormaic@yahoo.com</p> 	<p><b>Deputy Webminister</b> Baroness Aemilia Rosa <i>Amy Nardone</i> 443-508-4456 aemiliarosa@comcast.net</p> 
<p><b>Chronicler</b> Lady Scholastica Joycors <i>MyLinda Butterworth</i> 443-817-2129 totallystories@gmail.com</p> 	<p><b>Steward/Deputy Exchequer</b> Master Chirhart Blackstar <i>Truman Barnes</i> 410-239-8794 chirhart_1@yahoo.com</p> 	<p><b>Chatelaine</b> Maestra Barbara Giumaria diRoberto <i>Barbara Kriner</i> 443-244-0432 bjokriner@yahoo.com</p> 
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<p><b>Herald</b> Master Richard Wyn <i>Richard Muti</i> 443-615-1025 RickWyn@comcast.net</p> 	<p><b>Youth Minister</b> Baroness Katarzyna Witkowska <i>Katherine Hawkins</i> 443-813-1436 k_hawk_us@yahoo.com</p> 	<p><b>Minister of Arts &amp; Sciences</b> Lord Alexander de Burdegala <i>Larry Jones</i> Appolodelsol@gmail.com</p> 
<p><b>Deputy Herald</b> Lady Deirdre O'Bardon <i>Debbie Eccles</i> 410-356-0028 deirdre_obardon@yahoo.com</p> 	<p><b>Deputy Youth Minister</b> Bridget of Bright Hills <i>Wilda Hawkins</i></p> 	<p><b>Deputy Minister of Arts &amp; Sciences</b> Baroness Tatiana Ivanovna of Birchwood Keep <i>Claudia Bosworth</i> 410-437-7090 crbosworth@aol.com</p> 

Minister of Lists Lord Alexander Fowler <i>Hunter Fowler</i> 410.313.8626 hunterfsca@yahoo.com 	Knights Marshall Lord Randver Askmadr <i>Randy Feltman</i> 410-877-1735 randver_askmadr@verizon.net 	Archery Deputy Marshal 
Deputy Minister of Lists Lady Livia di Samuele <i>Sherrill M. Abramson</i> 301-807-5476 Abramsonsm@yahoo.com 	Deputy Heavy Marshal Master Heinrich Kreiner <i>Robert Stephen Kriner</i> lands_heinie@yahoo.com 443-789-8109 	Rapier Deputy Marshal Lord Stephen Bridewell <i>Stephen Cavano</i> 410.235.3590 stephenbridewell@yahoo.com 
	Thrown Weapons Deputy Marshal Lady Beatrice Shirwod <i>Annelise Bauer</i> 843-312-5971 spindlebird@gmail.com 	

Current Baronial Champions:

**Archery:** Master Janyn Fletcher of Lancastreschire  
**Arts and Sciences:** Lady Freydis Sjona  
**Bardic:** Lord Faolan Mac Raghnaill  
**Baronial Warlord:** Lord Randvar Askmodr  
**Brewer:** Lord Michel von Schonsey

**Equestrian:** Mor Inghean Ui Dochartaigh  
**Heavy Weapons:** Lord Grimkel  
**Thrown Weapons:** Lord Trygvvi  
**Rapier:** Lord Conrad Muni  
**Children's Archery-** Cedric and Moira

