



The Y E O M A N



Newsletter of The Barony of Bright Hills
November 2016 Volume 30, Issue 9



A Note from Your Chroniclers

Ah! It is definitely fall in Bright Hills. There is a chill in the air, the leaves are turning beautiful colors and sunset is starting earlier in the day. I plan to be at Crown Tourney and possibly at the Storvik dance event. I hope to see many of you at Crown to cheer on our own Lady Faye who will be participating as a consort.

A loud "Thank You," goes to all those that contributed to this month's newsletter, Lady Deirdre O'Barden, Lady Katarzyna Witkowska, and Lord Sfi Mordehai ben Yoseph Yitzhak. This is why we continue to put out a consistently well written and informative newsletter. None of this would be possible without my Co-Chronicler, Lady Scholastica.

I hope you enjoy reading,
THL Sindara Lind Rachael Fessel of the Falconshield
Co-Chronicler of the Barony Bright Hills



This month Sindara took the lead on this edition and I supplied the layout and updates on the required elements. This newsletter has certain requirements that the kingdom expects to see each month among which are the minutes, up-coming events, kingdom events and the list of the officers and meetings but to make it a bit more interesting we choose to include articles. As in any newsletter you will find columns that you can rely on each month like my Past Knowledge column or the recipes found in Serve it Forth of course we encourage you to send us a short article about areas you have expertise, so it doesn't appear that we are doing all the work, please send it to totallystories@gmail.com. We strive to have each issue out by the first of each month so you have up to the minute information about events. So until next month ...

Yours in Story, Song and Service,
Lady Scholastica Joycors
Chronicler of Bright Hills

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The Story Behind the Cover Illumination

Christine de Pizan is widely regarded as one of Europe's earliest female professional authors, and is certainly one of the most prolific. Born in Venice in 1365, she moved to Paris as a young child when her father was appointed the royal astrologer and alchemist to King Charles V of France. Christine took advantage of the intellectual atmosphere of the court, making use of the royal library to teach herself languages, history, and literature. Her writing career began at the age of 24, after her husband, a royal secretary, died suddenly, and she was faced with the necessity of providing for herself and her small children. She soon attracted the patronage of a number of nobles at court, and produced dozens of major works over the next three decades, along with hundreds of ballads and poems. Detail of Christine de Pizan in her study, from the *Book of the Queen*, Paris, c. 1410-1414, Harley MS 4431, f. 4r

Credits

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THE BARONY OF BRIGHT HILLS

To one and all of Bright Hills finest do we, Kollack and Rebecca Baron and Baroness offer our most joyful greetings.



It has been an interesting autumn. Filled with wonder and excitement. For those that traveled to our cousins in the south to enjoy War of the Wings, we graciously send out thanks. I believe we made our marks in both the Archery and in the Volunteer columns. In truth it was most strange to realize that his Excellency and I were not in agreement as to whom to support and found ourselves facing against each other on the battle field. My thanks to several stalwart souls that were sent by his Excellency to guard me. Lord Rafaello and Lord Grim, you have my undying gratitude.

It was good to see many of you throughout our wanders though we did sadly miss a few in our passing. It appears our timing was just not to match up.

We hope to rectify that in the coming weeks as our traveling schedule picks back up for the fall into winter. There has been much preparation for our next event which will be taking place in our favorite site up @ Rocks State Park the first Saturday in November. Yes, we speak of the upcoming Crown Tournament on the 5th of the month. The event that pits combatants to fight to the death to determine who is to be Atlantia's next heirs. There is a promise of much pageantry that will tax the senses. This will be a conglomeration between ourselves and our cousins Lochmere, bringing the final piece of the Accord that had been promised in writing into fruition.

From there his Excellency and I are hoping to be in attendance at Storvik Song and Dance on the 12th of the month in the Barony of Storvik and then enjoying some shopping at Holiday Faire on the following weekend of the 19th at our cousins to the west in the Barony of Stierbach. We very much look forward to seeing you all in the coming weeks.

To you all we wish safe travels as the holidays approach and remember to keep an eye and ear out and send us your observances of those that are deserving of Kingdom or Baronial Level Awards. We are going to be blessed with their Majesty's presence this November and again at our very own Baronial Birthday in February. Let us add our voice to yours in recognizing the brightest of brights in our beloved barony.

Yours in Service and Joy

Kollack and Rebecca von Zweckel

Baron and Baroness of Bright Hills

Minutes of the Bright Hills Board Meeting

October 21, 2106 at 7:10 PM

Attendees: Kenneth and Becky Kepple, Erin Scimeca, Debbie Eccles, Jay & Amy Nardone, Katherine Hawkins, Victoria Wank, Barb & Robert Kriner, Karen Whitlock, Claudia Bosworth, MyLinda Butterworth, Becky Ritterhouse, Karen Setze, Hunter Fowler, Heather Regen, and Michelle England.

Report from the Baronage

Officer Reports:

Seneschal: Note from Graham Wright—It has been a wonderful time and one i enjoyed. But it has come time for me to step down. I was trying to wait until birthday in February, but it seems that life has different plans. Lady Ailish, my deputy for many months, has agreed to step up early. This change will be effective immediately. Thank you again for the privilege you have afforded me.

Chronicler: Scholastica Joycors—Quarterly report filed. October Yeoman filed and posted on time.

Exchequer: Lady Clara — We have money.

Webminister: Lord Janyn Fletcher of Lancastreschire— Nothing new.

Heralds Report: Lord Richard Wyn— Given by Deirdre O'Bardon — Bright Hills heralds have continued to be active in making and commenting on submissions. One example is Baroness Wynne who worked the consult table at War of the Wings. Lady Deirdre seconded the afternoon Royal Court at Coronation and heralded both Bright Hills and Lochmere in the Grand Processional at War of the Wings.

A&S Report: Lady Reyne Telarius— I taught 2 classes at Fall University – Beginning and Advanced Fingerloop Braiding. I had 10 people in my beginner class, and 7 in my advanced class.

Amelia Rosa - Taught a class at University on Stick Weaving, 7 folks attended and they seemed to really enjoy it. I might teach it again at fighter practice.

Chatelain Report: Lady Rebekkah Samuel— Have 3 new people. The demo is set at the Margaret Brent Regional Center on March 9, 2017

Minister of the Lists: Lord Alexander Fowler— No MoL activities for the past month. I plan on coming to meeting tomorrow.

Knights Marshall: Lord Randver Askmadr— no report.

Youth Minister: Lady Katarzyna Witkowska— There were no activities in September.

Guild Reports:

Armors – no report.

Brewers – Nothing to report. I plan to make more sekanjivin for the tavern as it is greatly depleted.

Cheesemongers: Master Chirhart— no report.

Clothiers – no report.

Cooks Guild: Baroness Wynne— The Bright Hills Cooks Guild met at the home of Brienna and Gustav on Sunday, 9 October. What a great meeting! We welcomed a new member, Leah, who is friend to Alexander. New members, new ideas are always welcome!

Naturally our first actions were to set out the food provided by guild members. One never goes



away from a guild meeting hungry! Our hosts provided two birthday menu items...bread and the "corn" dish. It was agreed that these were more than acceptable for our baronial birthday feast.

The first order of business was the hospitality tables at Crown Tourney for both their Majesties and the baronial populace pavilions.

Lord Cormacc ua Rigan is in charge of the field and an e-mail has been sent to him asking about the proximity of the royal pavilion location to electrical outlets. I will pass on his answer to the guild when it comes. Other questions that have answers forthcoming is pavilion set-up time; Friday night perhaps, do we need to bring table or will they be provided, and when will be able to tear down the tables.

Between the meeting and Crown, the guild will be purchasing disposable serving utensils, plates and napkins if necessary. Other serving platters, dishes etc, will be provided by the guild stores and individual members. If you are bringing a donation for either hospitality table, bring a serving plate as well. We want to make sure there are enough for all the intended food items.

Tables may be provided, but Brienna and Gustav and Raven have offered their period folding tables. These may be used for paper products and beverages. Tablecloths will be provided by the guild. A food list will be posted at the end of these minutes.

One item we did not discuss was access to the kitchen for warming food. I will contact both the autocrat and head cook to ask if we may have time in the morning to warm-up, bake and assemble our dishes.

The Bright Hills baronial birthday is just around the proverbial corner (Saturday, 18 Feb, 2017) and the guild, under the leadership of Countess Rowan will again be providing the feast. We have been given a head count of 80 (at the most) feast seats. The menu, which was posted with last month's minutes. It was brought up that the first course may be lacking in protein, but as a final menu has yet to be "set in stone" this may not be a problem. I will ask Rowan for guidance on including more meat...an always popular item! A pre-cook date has not yet been decided. The baronial archers are providing lunch.

Brienna reported that her class at the Owlsherst schola was successful, learning both the basics and variation in bread-making.

Chagan announced that the Steppingstone Farm museum is looking for cooks for their Victorian Faire. We were invited to assist using their period hearth and cook stove. Garb will be provided by the museum. Contact mejay_wynne@hotmail.com (that's an underscore _ between jay and wynne) if you wish to help. So far Cordelia and I have indicated an interest. I will also be in contact with Faye (Angela Yau, museum director) and Abby (curator) for more information. The Faire dates are 25-26 November. Cooking will be held only on Saturday (25th). The museum also has a volunteer meeting on the first Tuesday of the month (1 Nov) from 6:00-8:00 pm, for any who may wish to help in the kitchen. It was also mentioned that we could offer a baked goods for sale, as we did a few years ago. It will be much warmer in the house...

Alexander showed off his card holders painted with the guild's badge. Their first use will be at Crown to identify dishes and their ingredients. They look great...many thanks Alexander for sharing your skill and talent with us!

Raven undertook a mission to digitize the recipe book given to the guild by Master Richard and Mis-tress Branwen. It reportedly is an 80 meg. File with searchable (?) words. The file is available from him on a CD. Contact him through the guild list.

Two spice companies have made the guild, "Check this out" list...Monterey Bay Spice Company (www.herbco.com) and American Spice Company (www.americanspice.com). Both have a variety of that we find useful in period cooking.

And last but not least...our own Aye, daughter of Gustav and Brienna has turned 16...YEA! She has requested a celebration, in garb, at Medieval Times. More information on that will be



forthcoming, but it sounds like a great deal of fun!

The next meeting will be Sunday, 13 November at Alexander's home, 201 Yorkshire Way Unit H (second floor, back left) Bel Air MD. I hope to see everyone there!

Herb Group – Herb group is inactive, and will probably remain so unless someone revives it.

PAGE : Lady Yseulte Trevelyn– As you know, we haven't had any PAGE meetings recently, but I am hoping we can meet up at one or more of this Fall's events. I also have a few ideas for us to contribute to the atmosphere and ambiance of events in Brights Hills and elsewhere. It wouldn't be PAGE if I weren't hatching a few schemes, would it?.

St. Matthias – no report.

Scriptorium: Lady Aemilia Rosa— nothing to report.

Woodworkers – no report.

Old Business:

Cornets have received no new entries. Vote to be send out in an eblast of the submissions and give a limit of ten days to vote on which one image to use for new cornets.

New Business:

Lady Faye plans to bring all the silk painting stuff for the banners next Friday. It would be great if someone can draw a 16" tall spike with bold outlines that we can then trace onto the silk Friday. The moon and hills should be simple enough and I'll bring the letters printed and ready to go for tracing also.

We have new car decals for Bright Hills thanks to Alexander De Burdegala and can be purchased for \$2.00.

Meeting adjourned at 7:50. Next meeting will be November 18 at 7 PM.



War of the Wings - Garb Competition



Coronation

◀ UPCOMING EVENTS ▶

Atlantia Fall Crown Tournament will be held November 5, 2016 and is hosted by the Barony of Lochmere & Barony of Bright Hills. Come join us as we find out who the next heirs of the glorious Kingdom of Atlantia will be.

<i>Schedule of Events</i>	1:00 pm	Troll Closes
8:00 am Site Opens	3:00 pm	Court
9:30 am Photography of Fighters & Consorts	4:00 pm	Dancing / Bardic in the hall
10:00 am Procession	5:00 pm	Feast
11:00 am Crown Tournament Begins	7:30 pm	Cleanup
12:00 pm Lunch Starts	9:00 pm	Site Closes

Tempore Atlantia 1400-1500 AD

You may bring as many items as you wish to participate in the Tempore Atlantia. The only criteria will be that those items be from the period 1400-1500. We hope the Kingdom's Laurels, Peals and others visit to see the amazing work of Atlantia's artisans. You may mark your items as "non-competitive" if you would like.

Renaissance Style Scroll Challenge

Unto the Scribes of Atlantia does Master Tristan Alexander send greetings and a challenge, At the upcoming Crown Tourney being held in Nov. in the Barony of the Bright Hills by the Barony of Lochmere I would like to challenge you to do a scroll (or more than one) in a Renaissance style, 1400 to 1600 European which includes.

As my own specialty is more painterly and figurative that is what I would like to see. Human Figures. Hours such as the Sforza Hours and The Farnese Hours are some of my favorites. These scrolls can be for any level award, can be backlog or blanks. They can not be larger than 8 1/2 x 11 and extra points will go to smaller scrolls (more period and fitting for the Hours mentioned). Any medium is allowed.

Storvik Song and Dance will be held November 12, 2016 in the Barony of Storvik

Are your augurs or astrologers predicting something dire in early November? Come and dance away your cares at Storvik's second Song and Dance. We will alternate blocks of performance with sessions of dance instruction, ending the day with a Grand Ball and a bardic circle. Master Ruaidhri an Cu will be the master of ceremonies for our scheduled performances and Master Stephan of Cambion and Lady Evelyn Merry-met will be the dancing masters. <https://storvik.atlantia.sca.org/2016/10/storvik-song-and-dance/>

Holiday Faire sponsored by the Barony of Stierbach on November 19, 2016.

A full day of Pillaging (shopping), Armored, Rapier, Target Archery and Shopping (Pillaging) as been prepared for everyone's enjoyment. The Cooks of Suden-torre will be hosting a fundraising lunch while the Calvary will be holding a bake sale.

Classes to be held:

11 - 12 - "How to identify different styles of cutwork/lace embroidery" - Lady Vadoma.

1 - 2 - "Beaded Edges Cup Cover" - Lady Marsaili Johnston

2 - 3 - Gathering of Scribes" - Lady Thea de Nes - For scribes of all ages and experience levels. Have you never scribed? Do you want to start? This session is for you. Have you scribed for ages? Come share your knowledge and see what tips and tricks you might pick up!

Competitions:

A Viking We Will Go - Sewn or Viking crafts

Competition Two - Pretty Little Pincushion

Competition Three - Scroll Blank

Youth Tournaments from 1-3 PM

Rapier Tournaments

Armored Fighting and Thrown Weapons

For more details go to <http://stierbach.org/index.php/holiday-faire>

DEMO: The Barony of Bright Hills has agreed to do a demo for The Margaret Brent Regional Center in New Carrollton, MD. This is a school within the Prince George's County Public Schools that serves children ages 5-21 with severe and profound disabilities. There are 2 programs. One is for students with multiple disabilities (generally a combination of intellectual plus orthopedic, visual, and/or muscular). The other is for students with autism.

The date is Thursday, March 9, 2017. We will help give the students a day full of sensory input and activities.

The demonstration will occur 10:30-12 and 1-2:30 to allow for dismissal prep. If you can help or have any suggestions and questions, please contact Lady Rebekkah Samuel (mka Victoria Wank) at vwank35@comcast.net.

Atlantian Calendar of Events

November 2016			
5	Atlantia Fall Crown Tournament (R)	Lochmere	Street, MD
11-12	Known World Fiber Arts Symposium	Calontir	
11-13	Rise of the Child King (formely Hawkwood's Super Secret Event)	Hawkwood	Arden, NC
12	Marinus Baronial Birthday	Marinus	Virginia Beach, VA
12	Buckston Birthday Bash	Buckston-on-Eno	Hillsborough, NC
12	Storvik Song and Dance	Storvik	
19	Runestone Collegium	Sacred Stone	Winston-Salem NC
19	Holiday Faire	Stierbach	Manassas, VA
December 2016			
3	Unevent	Raven's Cove	Kenansville, NC
9-11	Yule Toy Tourney	Nottinghamhill Coill	Pickens, SC
January 2017			
7	Inter-Baronial 12th Night	Marinus	
13-15	Kingdom of Atlantia 12th Night	Sacred Stone	Greensboro, NC
21	Spanish Inquisition - Torquemada's Trans-iberian Tour	Lochmere	Severna Park, MD
27-29	Tourney of Mannanan Mac Lir XXVI	Tear-Seas Shore	Ridgeville, SC
28	Ice Castles	Black Diamond	Blacksburg, VA
February 2017			
4	Feast of Fools	Roxbury Mill	Rockville, MD
4	Winter University 2017	Raven's Cove	Kenansville, NC
11	Tournament of Love & Beauty-Ponte Alto Baronial Birthday	Ponte Alto	Leesburg, VA
11	Giita of the Stone	Middlegate	Winston Salem, NC
17-19	Nottinghamhill Coill Baronial Birthday	Nottinghamhill Coill	Bennettsville, SC
18	Bright Hills Baronial Birthday	Bright Hills	Manchester, MD
24-26	Tournament of Ymir and Baronial Investiture	Windmasters Hill	Reidsville, NC



The 2017 Kingdom of Atlantia calendar is now on sale. These calendars have the regular holidays plus an extra column which includes all spiked events up through Pennsic, so you can know what is happening in the kingdom based on the kingdom calendar. The cost is \$10 and all profits go to the Kingdom Travel Fund to support getting our Royals to events. You can get them at Fall Crown Tournament or Holiday Faire. If you won't be at these events you can contact Lady Scholastica Joycors at totallystories@gmail.com and arrange to pay for them by PayPal and she will be happy to mail them to you for an additional \$2.50.

Anglo-Saxon Poetry

by Lady Deirdre O'Bardon

What do you think of when Anglo-Saxon poetry is mentioned? If you are like most people, you think of "Beowulf". You may also think of lots of words that use similar sounds. Although "Beowulf" is an Anglo-Saxon poem which does use a lot of similar sounds, Anglo-Saxon poetry is so much more! There are riddles, love poems, religious poems, tales of historically verified battles, charms and even a poem recording the names and meanings of runes. The poetry is sometimes solemn and sometimes silly.

The Anglo-Saxon era ranged from the middle of the fifth to the middle of the twelfth century and was brought to an end when William the Conqueror defeated King Harold.

The known extant Anglo-Saxon poetry is mostly found in four manuscripts: the Exeter Book, the Nowell Codex, the Vercelli Book and the Junius Manuscript. It is believed that these manuscripts were written between 950 and 1025 A.D. The underlying poems are believed to have been orally composed during the preceding 300 years. Most of the poems were written in the Latin alphabet, although some fragments are written in futhorc¹ (futhorc) which are commonly called runes.

Anglo-Saxon poetry was oral poetry, meant to be heard, not necessarily read. When it was put in writing, no poetic structure was included. It was just written as paragraphs. However, a written poetic structure makes it easier for many people to hear the rhythms of the poetry. The sound of the poetry dictates the written form. The sound of most Anglo-Saxon poetry dictates a written format of half lines to help us hear the rhythms of Anglo-Saxon poetry even when it is not being recited. Verse lengths do not appear to be standardized.

Anglo-Saxon poetry was primarily derived from Old High German forms, although Latin forms had some influence. Like the Old High German poetry, most Anglo-Saxon poetry is alliterative; that is to say that it has head rhyme. We are more familiar with end rhyme or tail rhyme where the words end with similar sounds. One simple example of end rhyme is: *My heart filled with dread when I saw Alfred lying dead*. It is easy to recognize that the words ending in the *ed* sound rhyme even if they are not spelled consistently because rhyme is based on sound and we are used to this type of rhyme.

Alliteration is just as obvious once you know what it is. Alliteration is using words with identical consonant sounds at the beginning of the words. A simple example of alliteration, or head rhyme is: ***B**oldly and **b**ravely **B**rythnoth fought*. I have bolded the letter "b" to indicate that this is the alliteration. As you can see, it is at the beginning or *head* of the words and is easy to spot. Alliteration using vowels is also simple. Any vowel at the beginning of a word alliterates with any other vowel at the beginning of another word. An example of this is: *Igor entreated Olaf to leave*. Here the long "e" sound of Igor alliterates with the short "e" sound of entreated and with the long "o" sound of Olaf.

Can you just toss alliteration anywhere in the line and call it an Anglo-Saxon poem? Some people do, but it isn't really an Anglo-Saxon poem unless it follows the rules about where alliteration occurs and the length and structure of the lines. Generally, Anglo-Saxon poetry is broken down into two half lines with a caesura or pause between the halves. Thus the line written about Brythnoth would be written:

***B**oldly and **b**ravely **B**rythnoth fought.*

Each line *usually* has four main stresses. In this case the stresses are on *bold*, *brave*, *Bryth* and *fought*. The alliteration is found in the first, second and third emphasized syllables. This is a standard approach in Anglo-Saxon poetry. Generally, the first and/or second emphasized syllables alliterate with the third emphasized syllable. The fourth emphasized syllable usually does not alliterate. However, there are exceptions. The alliteration may be on an unstressed syllable or there may be alliteration in the fourth stressed syllable. However, as far as I have seen, the alliteration is always based on the third emphasized syllable in a line.

The Latin influence was seen in were occasional Anglo-Saxon poems that used rhyme instead of alliteration. At least one is extant (exists today) which has been named The Riming Poem by modern scholars. An interesting feature of this poem is that it rhymes within the lines, as well as between the lines. The following four lines are from the original Anglo-Saxon poem now known as the rhyming poem:

Me lifes on lah	se þis leoht onw rah ,	1
ond þæt torhte geteoh,	tillice onw rah .	2
Glæd wæs ic gliw um ,	glenged hiw um ,	3
blissa bleo um ,	blostma hiw um .	4

The rhymes are in bold. You can see that the last syllable of lines 1 and 2 rhyme. Additionally, the last syllable in each half line of line 1 rhymes but either they do not rhyme or there is a slant or almost rhyme in line 2. The last syllable of lines 3 and 4 also rhyme. However, the last syllable in each half line of both lines 3 and 4 rhymes. One of these two patterns continues throughout the poem. The rhyming pattern reminds me of Norse alliteration patterns.

Acrostics are poems in which the first letter of each line, verse or strophe forms words. The abecedarian is a specialized form of acrostic that uses the letters of the alphabet in order. This form of poetry was popular in early and medieval Latin verse and was even used in the Bible. These poets may have influenced the Anglo-Saxon poet who wrote The Rune Poem. Each verse of The Rune Poem begins with, and explains, the letters of the runic alphabet in order.

Repetition of words, phrases or strophes was used by some Latin poets during the medieval period and may have been used earlier. Deor is an Anglo-Saxon poem written about several apparently well-known people. Deor uses a single verse for each person and ends every verse with the same line.

Anglo-Saxon poetry also played with language by using multiple names for the same thing and by using kennings. Kennings are noun substitutes with three parts; a base word, determinant and referent. The base word is a noun. The determinant is often possessive and modifies the base word. The referent is the noun that is being discussed without being named. One example of a kenning is *battle-worm*. *Worm* is the noun and the base word. What kind of worm is it? It is a *battle* worm. So battle is the determinant that changes the meaning of worm. Finally, *sword* is the noun that is really being discussed, so it is the referent.

Few now read Anglo-Saxon and I found no modern interpretations that truly gave the flavor of an Anglo-Saxon poem, so I decided to write one. I was surprised to discover that I had written an Old Norse poem instead. So I rewrote it as an Anglo-Saxon poem. Which do you like best? For a challenge, you can try to find the kennings and understand what they mean.

Rebecca (*Anglo-Saxon*)

Bleak white and black	the banner flies
Bright hills and black sky	the bold moon rises
Below the billow	blazes gore-gem
Bold land-ruler	battle-worm wields.
Fierce the face	her foeman sees
Her face to friends	feels warm and true
Kind words she uses	to create hope.
With counsel kind	comfort she brings
High are her tables	heaped with meat
Wide halls filled	with war heroes
Arm-ring-fire	arrays her men
Scales scree-mountain	to scan for foemen
Her moving-cliff	is mighty shield
Sharp game of iron	shows men her skill
Linden lithe is	land-holder strong
Lip-streams laud	lady of the fray

Rebecca (Norse)

Stark black and white	the banner flies
Bleached hills and dark sky	bright moon rises high
Below the silk	blazes gore-gem
Bold land-ruler	battle-worm wields.
Fierce the look	her foeman sees
Her folk see	a friend so true
Using kind words	creates she hope.
With counsel kind	comfort she brings
Her tables groan	with drink and food
While her men cheer	war heroes all
Bright arm-ring-fire	to scops she gives
Scales high-mountain	to scan for foemen
Her moving-cliff	shields her allies
Sharp game of iron	shows men her skill
She protects us	land-holder strong
Lip-streams greet lady of the fray	

By Lady Deirdre O'Bardon

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Endnotes

- 1 Anglo-Saxon used some characters which are no longer used in English speaking countries. These included the thorn (þ) and the eth (ð) both of which have the sound of *th*.



Our Cousins Champions
at Chalice of the Sun
God XIII

The Mermaid of Warsaw

*A myth about how Warsaw came into existence
by Lady Katarzyna Witkowska*

In many lands, we learned some time ago,
A Mermaid is a fearsome being who
Will lead a handsome lad or prince keenly
To a watery death beneath the sea.
The Vistula flowing through Poland's heart
Houses a mermaid who is set apart.

Once in times of old, or so it is told,
On a hunt, a king, handsome to behold,
Took close and careful aim at his wild prey
Only to have it abruptly fade away.
Thirst sent him to the river for a drink
He saw a mermaid there upon the brink.

To his surprise, the mermaid had a bow.
She shot, and bade him the arrow follow.
He trailed it to a clearing quite nearby,
A fisherman's cottage was also nigh.
A woman sat within the cottage door.
He asked for food e'en though she was quite poor.

Her humble home was clean and filled with joy.
She had twin babies – a girl and a boy.
They rested inside beside the fire warm
Keeping track of a cold and rainy storm.
The woman spoke of lush and fertile fields.
And unto her his kindness did he yield.

As they sat and minded the river's flow.
Her generosity made his heart glow.
In parting he asked she name her son Wars
And Sawa he prayed her name her daughter.
He gave her the land o'er which he did roam
That encircled her simple, humble home.

"Clear the land, plant crops and make this land thrive;
And from it a vast village will arise."
She and her children labored all their lives.
And filled the land with their husbands and wives.
In Warsaw now many people hold sway.
The mermaid guards its coast unto this day.



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Note: The Mermaid of Warsaw (Polish: Syrenka Warszawska) is a symbol of Warsaw, represented on the city's coat of arms and well as in a number of statues and other imagery. The above image is a statue in the center of old town Warsaw.

Cornish (Devonian) Pastys

The oldest recorded Cornish Pasty recipe dates from 1746, and record of a pasty is found in an audit in Devon dated 1509¹ which says, "Itm for the cooke is labor to make the pasties 10d." (see picture, right)

References to the word pasty date back to the 1200s, but refer to any number of baked goods.²

This is a savory dish made with a shortcrust dough and a savory filling.

Pastry

- 500 g strong bread flour
- 120 g solid fat (shortening, lard, suet, or schmaltz)
- 25 g unsalted margarine or butter
- 5 g salt
- 175 g cold water

Mix salt and flour, and then grate the frozen fat and margarine into the flour, and work until it resembles coarse cookie crumbs.

Slowly add the **ice cold** water, and work the dough until it pulls together enough to pull off the walls of the mixing container.

Place dough in a cold place (cooler or refrigerator) for at least an hour tightly wrapped.

Beef Filling:

- 450 g good quality beef (skirt), chicken, or other animal based protein
- 450 g red potato
- 250 g Swede (Rutabaga)
- 200 g onion
- 4 tsp minced garlic
- Salt & pepper to taste
- Slice ingredients to about a 1/8" thickness by 1/2" x 1/2".

Roll out the dough into 4 equal balls, and then flatten into disks about 1/8"-1/4" thick, and then add filling by layering, from bottom to top, with Swede, beef, potato, onion, and garlic, putting salt and pepper on each layer as you lay them out.

Seal with an egg wash, and crimp along the side (Cornish) or along the top (Devonian), cut vent holes, and then paint the top side of the pasty with an egg wash.

Bake at 400°F for 1 hour, until the pastry is a golden brown, and shiny from the egg wash.

Allow to rest for at least 10 minutes before eating. Otherwise, you will likely burn your mouth.

It is traditional to eat with a hot English mustard, both this and a Dijon are next to the pasties.

Chicken Filling (Not a part of the competition)

As per beef, except that brined chicken strips are used.

Brine for 30 minutes to 2 hours.



Brine Recipe

- 2 cups water
- 1 tbsp kosher salt (1½ tsp table salt)
- 1½ tbsp brown sugar
- 2 Bay Leaves
- ¼ tsp oregano
- ½ tsp tarragon

Bring water, salt, and sugar to a boil. When everything is dissolved, take off the heat, and add the spices. Place in refrigerator to cool down.

Dessert Pasties

Pastry

Recipe and preparation as above

Apple Filling

- 1 Granny Smith Apples, peeled and cut thin
- 1 tbsp lemon juice
- 1 tsp (or cube) crushed ginger
- ½ tsp cinnamon
- 2 tbsp sugar
- 1 small pinch kosher salt
- 1 tsp arrowroot

Mix lemon juice, salt, and arrowroot thoroughly, and then toss with the rest of ingredients and allow to marinate.



photo from: <http://eatmypastyonline.com/>

Blackberry Filling

- 1/2 cup blackberries
- 2 tbsp sugar
- 1 tsp lemon juice
- 1 tsp (cube) ginger
- 1 small pinch kosher salt
- 1 tsp arrowroot

Mix lemon juice, salt, and arrowroot thoroughly, and then toss with the rest of ingredients and allow to marinate.

Preparation:

Divide the dough into 8 parts and add filling. I will be doing Apple, Blackberry, and a mix.

Seal with an egg wash, and crimp along the side, and brush egg wash on top.

Liberally sprinkle the top with sugar, and cut vent holes.

Bake at 400°F for hour, until the pastry is a golden brown, and shiny from the egg wash and sugar.

Bibliography

Devon invented the Cornish pasty (http://news.bbc.co.uk/2/hi/uk_news/england/cornwall/6144460.stm)
Official definition of “Pasty” (<http://www.cornishpasties.org.uk/pasty-official-definition.htm>)

Past Knowledge

Tips from books of yore

How to Be A Powerful Woman, 1404



Beinecke Library, Visconti Tarot

"The better and more virtuous a lady is, the greater the war Envy very often makes against her... Therefore, the wise princess, and similarly all those who wish to act prudently, will be aware of this problem and provide themselves with a remedy... If Fortune should wish to assail her in any place (as it has done and does to many good people) and she finds out that some powerful person or persons do not wish her well, dislike her, and would harm her if they could... or by their false reports would portray her badly to barons, subjects or people, she will not make any sign that she notices it nor that she considers them her enemies... She should not talk carelessly... with a heart that is large and full, a lady cannot always keep quiet about what displeases her, but if she let slip a wrong word she might ruin her whole project... in such a situation the lady inevitably gains more in the long run by maintaining so long-suffering a manner than by being vengeful. There is no doubt that this teaching is suitable for princesses and ladies but also generally for all women."

Christine de Pizan, The Treasure of the City of Ladies

How to Fart, 1530



The Prince of Humanists Hans Holbein the Younger, Portrait of Desiderius Erasmus of Rotterdam (1523)

"Some teach that boys should keep in the gas of their bellies by compressing their buttocks. But it is not civil to become ill while you are trying to seem polite. If it is possible to leave, let him do it alone, but if not, follow the ancient proverb: Hide the fart with a cough."

Desiderius Erasmus, De civilitate morum puerilium (1530)

from the collections of <http://askthepast.blogspot.com> by Elizabeth Archibald

Barony of the Bright Hills

Practices and Meetings Site Directions

Heavy & Light Weapons Fighter Practices and A&S classes are held most Friday nights from

7:30 PM-10 PM

Business Meetings are held from 7 PM-8 PM the last Friday of the month (Please See Calendar)

Location: Christ the King Episcopal Church, 1930 Brookdale Rd., Baltimore, MD 21244

Although we use these facilities, the SCA is not endorsed by the Church.

Directions: Exit the Baltimore Beltway (I-695) at Exit 17 (Security Blvd Exit). Take the exit west toward Rolling Road, not the exit east toward Woodlawn. Travel west along Security Boulevard about one-half mile, through traffic-lights at Belmont Avenue, Lord Baltimore Drive, and Rolling Road. Continue west for another block, until you reach Brookdale Road. The Episcopal Church of Christ the King is on your left. Make a left turn onto Brookdale, and then turn right into the Church parking lot.

INCLEMENT WEATHER POLICY

If Baltimore County Schools announce they are closed or closing early, there will be no practice that night. You can usually hear the school closing lists on virtually any local radio station broadcast throughout the morning.

Sunday Afternoon Archery Practice

Lady Nichola Blackwell, 301-404-6133

Every Sunday 1:00 pm - 4:00 pm (See Calendar)

Location: Baltimore Bowmen Site

Go to www.baltimorebowmen.com for directions. If the gate is closed, check to make sure it is not locked. If it is not locked, open it and drive down the hill to the butts. If the gate is locked, park your car and walk down the hill to the butts. NOTE: PRACTICE WILL NOT BE HELD WHEN THERE ARE WEEKEND-LONG EVENTS AND WHEN THERE ARE EVENTS AT THE BOWMEN SITE.

Guild Gatherings

Bardic Circle/PAGE

(Sundays 4-8pm; Contact Lady Nina for exact dates or check calendar)

6414 Loch Raven Blvd. Baltimore MD 21239

ninadances@gmail.com

Woodworkers' Guild (Check Calendar)

Lord Luke of Bright Hills' house. 1020 Register Avenue, Towson, MD 21239, (410) 377-6828.

Directions: Take Baltimore Beltway 695 toward Towson. We live near the northern apex of the beltway. Take exit 29 from 695. Take Lock Raven Blvd. south, past Taylor Ave. intersection, go through two lights after Taylor, look for quick right onto Register Avenue just over peak of a hill. (If you miss Register Ave. don't despair: at next light make a right onto Loch Hill Rd., then left at stop sign onto Register Ave. If you've gone too far on Loch Raven, you will reach Northern Parkway – a huge intersection.) Our house is at 1020 Register – white house with porch on right with SCA-type banner hanging from a signpost on front lawn - large driveway. Park on the south side of Register Avenue if there is no room in driveway.

Brewer's Guild

Lady Livia di Samuele, 7927 Mandan Road Apt 104 Greenbelt, MD 20770; 301-807-5476

Abramsonsm@yahoo.com

Contact with questions or to request special brewing days.

Clothier's Guild

Lady Faye de Trees, 1402 Hillside Dr., Bel Air, MD 21015; 352-281-8216, feataure@gmail.com.

The clothiers currently do one class per month on a specific project at Friday night fighter practice followed by a sewing session on Sunday afternoon to finish the projects. The location of the Sunday sessions varies. (Check calendar)

Textile Arts Guild

Mistress Brienna Llewellyn Lindsey, 3009 Ebbtide Dr., Edgewood, MD 21040, 410.598.3422, ladybrienna@gmail.com.

TAG meets the first Sunday of every month. Check calendar for location and times

Armors' Guild

Baron Heinrich, 3114 Littlestown Pike, Westminster, MD 21158; 443-789-8109, lands_heinie@yahoo.com
Weekends by appointment.

Cook's Guild

Baroness Wynne ferch Rhodri ap Hwyell, jay_wynne@hotmail.com

Meets second Sunday of the month. Check calendar for location and time.

Gold Key

To Access Gold Key garb, Contact Lady Wanda Ostojowna, wlkinnie@comcast.net

Bright Hills Email List

To subscribe to the Bright Hills mailing list, please go to: <http://www.yahogroups.com/subscribe/brighthills>

Electronic Connection

Bright Hills Website

The Baronial website, <http://brighthills.atlantia.sca.org/> contains a listing of current officers, regularly scheduled meetings, events and other items of interest. If you have an item for the website, please send it to the Webminister,

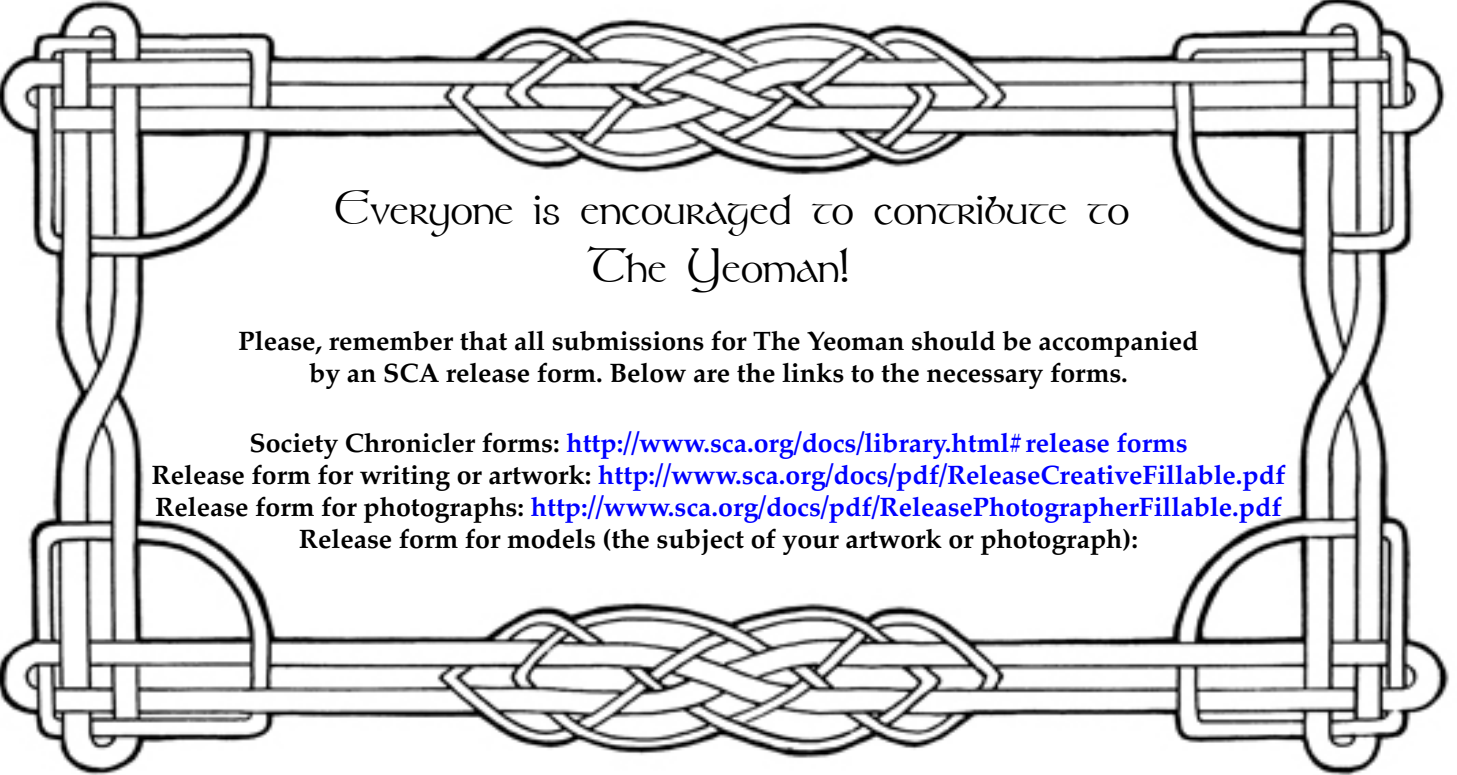
THL Janyn Fletcher of Lancastreschire at janynfletcher@comcast.net

Bright Hills FaceBook Page

The new baronial Facebook page is located at <https://www.facebook.com/groups/brighthills/>. Further information can be obtained from the administrators Lady Reyne Telarius at robynbecker@comcast.net, THL Janyn Fletcher of Lancastreschire at janynfletcher@comcast.net or Lady Aemilia Rosa at aemiliarosa@comcast.net

The Yeoman On-Line

<http://brighthills.atlantia.sca.org/yeoman/yeoman.html>



Everyone is encouraged to contribute to
The Yeoman!

Please, remember that all submissions for The Yeoman should be accompanied by an SCA release form. Below are the links to the necessary forms.

Society Chronicler forms: [http://www.sca.org/docs/library.html#release forms](http://www.sca.org/docs/library.html#release%20forms)
Release form for writing or artwork: <http://www.sca.org/docs/pdf/ReleaseCreativeFillable.pdf>
Release form for photographs: <http://www.sca.org/docs/pdf/ReleasePhotographerFillable.pdf>
Release form for models (the subject of your artwork or photograph):

Officers and Deputies of the Barony of Bright Hills



















Please try not to call after 9 PM












Baron & Baroness
Kollack & Rebecca von Zweckel
Kenneth & Becky Kepple
443.254.1206



baron@brighthills.atlantia.sca.org or baroness@brighthills.atlantia.sca.org

<p>Seneschal Lady Ailis <i>Erin O'Brien Scimeca</i> 443-857-2849 Erin2325@yahoo.com</p> 	<p>Deputy Seneschal </p>	<p>Webminister THL Janyin Fletcher of Lancastreschire <i>Jay Nardone</i> 443-508-4456 janyinfletcher@comcast.net</p> 
<p>Baronial Clerk Signet & Deputy Webminister Lady Aemilia Rosa <i>Amy Nardone</i> 443-508-4456 aemiliarosa@comcast.net</p> 	<p>Herald Lord Richard Wyn <i>Richard Muti</i> 443-615-1025 RickWyn@comcast.net</p> 	<p>Deputy Herald Lady Deirdre O'Bardon <i>Debbie Eccles</i> 410-356-0028 deirdre_obardon@yahoo.com</p> 
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<p>Steward/Deputy Exchequer Master Chirhart Blackstar <i>Truman Barnes</i> 410-239-8794 chirhart_1@yahoo.com</p> 	<p>Chatelaine Lady Rebekkah Samuel <i>Victoria Wank</i> 443-846-2001 vwank35@comcast.net</p> 	<p>Deputy Chatelaine Baroness Barbara Giumaria diRoberto <i>Barbara Kriner</i> 443-244-0432 bjokriner@yahoo.com</p> 
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Minister of Arts & Sciences Lady Reyne Telarius <i>Robyn Becker</i> 443-995-0461 reynetelarius@comcast.net 	Deputy: Minister of Arts & Sciences Lady Faye de Trees <i>Angela Yau</i> 410-939-2299 or 352-281-8216, feataure@gmail.com 	Deputy Minister of Arts & Sciences Alexander de Burdegala <i>Larry Jones</i> Appolodelsol@gmail.com 

Current Baronial Champions:

Archery: Lord Janyyn Fletcher of Lancastreschire
Arts and Sciences: Lady Aemilia Rosa
Bardic: Lady Tarquinia Maida
Baronial Warlord: Lord Randvar Askmodr
Brewer: Barun Gustav Emile der Dunkele Rotvogel

Equestrian: Rachel d'Alton
Heavy Weapons: Lord Raphael
Rapier: Milord Conrad Muni
Children's Archery- M'Lord Pietre Witkowski

