

# The Deoman

The Newsletter of  
The Barony of Bright Hills  
of the Kingdom of Atlantia



October 2015  
Anno Societatus I  
Vol.: 29 No.: 7

## CONTENTS

Pg 2: Baronial Calendar

Pg 3: Baronial Letter

Pg 3: Chronicler's Letter

Pg 4-7: Officers Reports & Baronial Business

Pg 8-18: Upcoming Events

Pg 19: Demos

Pg 19-21: The Artisan's Cabinet – Fruit and Vegetable  
in the SCA Time Period by Lady Deirdre O'Bardon

Pg 21-23: The Poet's Corner – Points for Understanding  
Poetry by Robertus Minimus

Pg 23-24: What's Cookin by THL Randver Askmander

Pg 24-26: From the Bright Hills Kitchen – Alberginies  
by Mistress Cordelia

Pg 26-28: Trial By Fire/Lochmere Arrow Picture

Pg 30: Acknowledgements

Pg 28-34: Guild and Baronial Officer Contacts



### **Baronial Calendar**

#### **September**

**2**

7:30 PM: Fighter Practice

**4**

12 Noon: Textile Arts Guild – Mistress Brienna's house  
1 PM: Archery/Rapier Practice – Weather permitting

**9**

7:30 PM: Fighter Practice  
8pm Sanctuary Dance/Fall Hafla – Stepping Stone  
Museum

**10**

Chalice of the Sun God/Coronation – Ponte Alto  
Celtic Festival- Spiaggia Levantina

**11**

1 PM: Archery/Rapier Practice – Weather permitting

**16**

7:30 PM: Fighter Practice

**17**

Pumpkin Fest Demo – Forest Hill, MD

**18**

1 PM: Archery/Rapier Practice – Weather permitting

**23**

7 PM Baronial Board Meeting  
7:30 PM: Fighter Practice

**24**

Baronial Birthday – Dun Carraig

**25**

1 PM: Archery/Rapier Practice – Weather permitting

**30**

7:30 PM: Fighter Practice

**31**

Harvest Wars – Bright Hills



Archers compete for the Lochmere Arrow.

### From the Baron and Baroness



Once again we find the cool air of fall on our cheeks and find that the calendar is full of events and activities with something to inspire everyone.

As we look over the past month we found ourselves fed into submission as judges of the delicious food entries at our own Trial by Fire., we also witness once again the glorious archers of Bright Hills, with Lord Aiden and Lord Seamus being victorious in the Lochmere Arrow competition and keeping the Lochmere Arrow in Bright Hills' possession. We were gratified to see so many attend Battle of the Bay, Storvik's and Lochmere's joint event, and despite the weather it appeared most had a good day. When you read this letter we will have returned from Siege of Glengary in our neighboring Kingdom of Aethelmearc.

The month of October starts with the Coronation of Their Highnesses Christoph Krieger and Adelhait Fuchs in the barony of Marinus. That same weekend some members of the barony will be supporting the Shire of Spiaggia Levantina at the Celtic Festival.

On the weekend of the 17th we once again find the Barony splitting forces with some marching to the aid of our cousins of Black Diamond and Highland Foorde at the War of the Wings, while others give much needed support to the demo at the Episcopal Church.

We then finish the month with our own Harvest Border Wars, which promises to be an interesting event with many activities to challenge all that attend. So encourage everyone you can to attend, there is sure to be activities they will want to participate in.

We hope to see many of you throughout the month, taking advantage of the many activities from which to choose!

In Your Service,  
Kollack and Rebecca von Zweckel,  
Baron and Baroness of Bright Hills



### From the Chronicler

Are you ready for the Fall Harvest? I am. I enjoy the leaves changing color and the colorful sunrises & sunsets. The month of October is a very busy month and the torrential rains have caused Coronation to reschedule and combine with Chalice. I plan to be at Chalice/Coronation and Harvest Wars here in Bright Hills. I will also be at the Pumpkin Fest Demo in Forest Hills on the 17<sup>th</sup>.

A loud "Thank You," to all those that contributed to this month's newsletter: my daughter, Natalya for the cover photo, Lady Deirdre for her article on vegetable carving, our new member Robertus for his article Points for understanding Poetry, Mistress Cordelia for award winning eggplant recipe, THL Randver for his award winning poem "What's Cooking," and THL Wanda her friend Charlene for their great pictures. An additional thank you and welcome goes to my new deputy, Lady Scholastica.

THL Sindara Lind Rachael Fessel of the Falconshield  
Chronicler of the Barony Bright Hills



**Minutes of the Bright Hills Board Meeting**  
**September 18, 2015, 7:15 P.M.**

**Attendees:** Kenneth Kepple, Robyn Becker, Karen Setze, Michelle England, Erin Scimeca, Hunter Fowler, Barb and John Kriner, Karen and Wade Whitlock, Sherrill Abramson, Carl Jacobson, Jay and Amy Nardone, Robyn Becker, Michelle England, MyLinda Butterworth, Victoria Wank, Dawn Swieczka, Randy and Nancy Feltman, and Sharon Saroff.



- I. Report of the Baronage** – Great demo at Royal Rabbit Winery, We had a good turnout and great weather. We hope to have the same next month at the Pumpkin Fest demo. We would like the populace to make an effort to appear period at events. Please provide us with award recommendations.

**II. Officer Reports**

- A. Chronicler: THL Sindara Lind Rachael Fessel of the Falconshield – We have a new deputy chronicler in charge of release forms, Lady Amanda. We continue to get compliments from the kingdom chronicler and others groups.

I believe I have everything for this month's newsletter. I will try to get it out on time. I do have several Jewish holidays at the end of this month and beginning of next month. Lady Deirdre is providing an A&S article, Lord Randver is providing a poem, Mistress Cordelia has promised to send the recipes that won in Trial by Fire, and I believe Lady Katarzyna will be providing an article for the Poetry Corner. My daughter has providing me with several pictures for upcoming covers. If you have taken pictures at events, please get them to me before the posted deadline. Please try to take pictures if you go to an event.

I still need a deputy even though Katarzyna has volunteered. She is the children's minister and Poeta Atlantia. I need a deputy who can focus on just the Yeoman. Scholastica volunteered.

- B. Exchequer: Lady Clara – We have funds. We have enough to buy new coronets. The chest of toys is getting old and needs to be replaced

- C. Webminister: Lord Janyn Fletcher of Lancastreschire – Web site is up to date and I will be working on the A & S areas in the upcoming months.

- D. Herald: Lady Deirdre O'Bardon – I am very proud of, and grateful for, the Bright Hills heralds. They have made submissions, commented on pending submissions, heralded court and handled announcements during the last month.

- E. MOAS: Lady Reyne Telerius – Guild heads need to send reports.

Katarzyna Witkowska - I taught a Page's Academy class on Cooking with Herbs at Trial by Fire. Four pages and 5 other children attended. I am sorry I don't have the form with the names; I turned it in.

Dierdre O'Bardon - I sponsored a subtlety competition at Trial by Fire. Lady Men won with the cheese that she made and then molded. I will also sponsor a carved fruit or vegetable

competition at Harvest Wars. There will be an article about the history of fruit and vegetable carving in the Yeoman, for those who are interested.

Jeanne Tanner de Beck First, we would like to congratulate all those who participated in the cooking challenges last weekend. This was the 18th annual Trial by Fire competition, hosted by the Bright Hills Cooks Guild. Because the Guild is known for our team cooking for feasts, this is an opportunity for individual cooks to demonstrate their individual skills and be recognized.

**Trial by Fire:**

Best Meat Dish	Lady Sindara	for Lamb in Sauce
Best Vegetable Dish	Mistress Cordelia	for Auberginies (eggplant)
Best Grain Dish	Amber	for Risotto
Best Dessert Dish	Lady Scholastica	for Bee Sting Cake (Beinenstich)
Grand Champion	Mistress Cordelia	for Auberginies (eggplant)

Congratulations to you all!! And special recognition goes to Amber, who is from Spiaggia Levantina, - this was her second SCA event!

**The Masters' Challenge - Behold the Power of Cheese!**

Mistress Cordelia for Almadroc

Master Chirhart also recognized Lady Nem Inghean Dochartaigh for her cheese entries.

We want to recognize our esteemed judges, as well, for taking on the daunting task of sampling all the entries. Thanks go to Baron Kollack and Baroness Rebecca, and to Baron Gabriel and Baroness Avisa of Lochmere, and to Lord Bruce and to Lady Dierdre for their time and attention in judging all the en-tries!

It does take a Guild to organize this competition. Thanks to Mistress Brienna and Countess Rowan for handling the registration and to Lady Livia, the event autocrat, for assisting with the organization and set up for the competition, and to Lady Deirdre for her support as well.

And a special note to our fearless leader, Baroness Wynne, who was unable to join us this year - our thoughts are with you!

Canton of Green lion Bay – no report

**Guild Reports:**

1. Armors: No report
2. Brewers: No report
3. Cheese mongers: No report
4. Clothiers: No report
5. Cooks: No report
6. Herb Group: nothing to report
7. PAGE (Performing Arts Guild Extraordinaire): PAGE is lying low for now, as we consider where and when are best for meeting.
8. St. Matthias: No report.

9. Scriptorium: there will be an illumination challenge at Harvest Wars, the theme will tie in with the event and will be an illumination depicting a "Harvest"

10. TAG: No report

11. Woodworkers: No report

F. Chatelaine: Baroness Barbara Giumaria diRoberto – The demo at Royal Rabbit Winery was a delight. I certainly hope we have the same weather for Oct.17, at the Christ our King demo. I have not heard from the Harford County Home School folks as to a date or location for a demo. I am happy to report that I have 2 volunteers for deputies, Lord Wrade and Lady Rebekkah.

G. Youth Minister: Lady Katarzyna Witkowska - A Page's class, "Cooking with Herbs", was held at Trial by Fire. Four pages attended as well as about 5 other children. The horse races were great fun with winners all around.

H. Minister of Lists: Lord Alexander Fowler - No activity MoL wise for September. I was very busy as troll at Trial by Fire.

I. Knights Marshall: Randver Askmadr – We are getting a lot of people at practice. No fighters at TBF..

#### IV. Old Business

A. Trial By Fire/Lochmere Arrow: Lady Livia – We made money. We had 30 people more than last year. 29 children attended because of the children activities. We made \$400. We need to get the contract to Bowman.

Lessons from Trail By Fire-We should have taken a picture of the visiting royalty. Need better signs for that sight. Alexander asked, "Did we have a fee for camping?" 10 people paid to camp. We need to contact those people about a refund.

B. Autocrats: Clara passed out troll sheets with amounts. "You can add camping fee. Please use these forms as they make things simpler." There was a discussion about waivers. Clara noted that autocrats-need to have signed contract.

No co-autocrats-only 1 autocrat can have deputies.-needs expire dates for officers. Salute noted the value of children activities- We need to make sure we have –This sets us apart. The Baron appreciated the time spent by archers to assist with children's archery. The heads for the jousting were purchased- Nem has them now. Clara said to put this under miscellaneous expenses. There was a discussion about people showing up after troll closes. Clara clarified that they should be checked in & get a signed waiver for insurance. They do not have to pay. Need to have a sign at troll to let people know to look for the autocrat if the troll is closed. There was a discussion of whether or not fee should be charged even if comes after troll closes. Hunter suggested we include on flyer troll times have sign.

C. Harvest wars: Scholastica-Clara noted that we need a contract from Tatiana- I have a preliminary contract. There was a question concerning having room for shooting pumpkins. Scholastica noted that the Ag Center is aware.

Scholastica noted that she will need help with outside activities and will need to have plenty of marshalls. We will need to have someone on the road to direct traffic when the archery & the pumpkin chucking is happening. Scholastica provided projected schedule. She asked if we have a fencing marshal. We do, but we can ask Lochmere if there is a problem. We will need a siege



marshal which could be the baroness. We will have rapier fighting near the heavy fighting. The archers are making spy targets. We need a hall steward. we will ask Barre. There is no separate children feast. We will have chocolate rats. Reyne may not be able to come. Sindara will be her back up.

There is still no replacement for Accepts. The use of an alternative has to go through corporate. The food permits have been taken care of. We need someone to do lunch-will ask Spiaggia or put on bright hills list

D. Baronial Birthday: Chagan Bagshi – We have all the paperwork done. Things are moving along fine. There is a concern about the contract. Livi noted what she did last year. We are waiting for the Cooks Guild to find out about head cook. Lady Faye will be running bardic. We will have classes. We will have an illumination class with a Celtic theme run by Lady Aemelia. We need someone to put up signs.

E. Archery Champion: THL Yseulte – The budget and projected numbers now reflect the \$10 site fee. Bowman has raised rental to \$350. We have a theme of legendary/mythical bowshots. Yseulte talked about the expenses, such as portable potties. This is not an official kingdom event so it doesn't count against our quota. It is only a day event. There is no camping, no court & no feast. We need to have someone do lunch. We are considering asking the Cooks Guild. Alexander motioned that we vote and Baroness Barbara 2nd. The officers approved the event.

#### V. New Business

A. Chagan noted concerned about the event from Green Lion Bay. They are not present to give a report.

B. Heinrich-We need to look into getting more visible signs. There was a discussion of things we can get for free.

C. The Baron raised a need to look into new coronets for the next baron. Heinrich noted that can at least repair the current ones for now. Janyn suggested looking into what Lochmere is doing, which are adjustable coronets. We will make motion at the next meeting.

The next officers meeting will be on Friday, October 23, 2015 at 7PM

Meeting adjourned at 8:36 PM



The newcomers are called into court.



## UPCOMING EVENTS



### **Chalice of the Sun God XII: The Labors of Hercules/**

#### **Coronation**

**Saturday, October 10, 2015**

**Barony of Ponte Alto**

In this our 12th year, we will celebrate the Labors of Hercules – all 12 of them. When Hercules awoke from his “temporary insanity,” he was shocked to find he had killed his own wife and children. As punishment, he was to serve Eurystheus for 12 years. In those 12 years, Hercules completed 12 Labors, all meant to show the world that Hercules was not truly as great as the Greek thought he was. Despite these odds, and with a little help from some friends, Hercules successfully completed these tasks and rose to become one of Greek’s greatest heroes.

#### **Labors of Hercules**

Just like the Labors of Hercules, there are many tasks that seem impossible. Yet with the help of our family and friends, there is no task that cannot be completed. As in days past, you and a few of your closest friends can compete for the glory of the Chalice of the Sun God! We will have competitions in armored, rapier, archery, A&S, and Bardic/Performance. Each competition will use pull inspiration from Hercules’s Labors. Here are a few more details:

- Armored, rapier, archery competitions will sport elements of the theme and points will be calculated for each scenario as defined at the beginning of the competitions.
- Arts & Sciences entries must correlate with the theme. Documentation is highly recommended.
- Bardic/Performance participants should prepare two pieces; one of which also must correlate with the theme.

The winner of each competition will challenge the 2014 Chalice Champion in that discipline. The winners receive bragging rights, the duty to challenge next year's winners, and of course, CHOCOLATE!

Please note per the autocrat:

The Scroll Blank Competition and Coronation Bardic will take place at War of the Wings not Chalice.

All other A&S will take place at Chalice: Royal Scrivener, Poetry, Tempore Atlantia, and All Things German

All can compete in individual disciplines and as part of a team. Teams must field a single participant in 4 of the 5 Chalice disciplines. A team may include up to 3 Youth participants. Each participant shall receive points for participation and performance (extra points are awarded for youth participation!). The team with the highest score will be declared the winner of the Chalice of the Sun God. Please see the “Team Competition Rules” link on the event website for more information about this part of the



competition. For the past four years, our neighboring Barony of Stierbach has won the team competition. Will they retain the honor or be unseated by another contender?

#### Labor of Largess

To celebrate the fact that Hercules completed 12 Labors, feats so difficult that they seemed impossible, we set before you a secondary challenge, a feat seemingly impossible, the Labor of Largess. This challenge, should you accept it, requires you to produce 12 pieces of Largess. If this task seems insurmountable to you, you are welcome to channel your inner Hercules and ask for some help! Maybe three of you can do four pieces each, maybe you know someone else who is willing to do six. Reach out to your friends and see who is willing to help!

The winner(s) will be selected by populace choice and will be given the opportunity to choose one piece of largess to keep as their own in appreciation of a job well done. Extra points will be given to any entry that incorporates the theme of the Labors of Hercules. In the case of teams, each team member will be able to choose a piece to keep.

#### Mini-Royalty Tea

Countess Lynette Semere will be hosting a "Mini-Royalty Tea" for new incoming Mini-Highnesses, Savanna and Noah. Their Mini-Highness would like to invite all children to attend Their "tea" (hot chocolate and snacks) at 1pm in the hall, so that They can introduce Themselves and meet the children of Atlantia. Children may bring any goodies that they would like to share, but it is not necessary - there will have plenty for all to partake in and enjoy.

#### Children's Activities

Children of Atlantia, take heed!

Just as Hercules was tested, so, too, shall you be! During Children's Activities at Chalice of the Sun God XII, there will be an epic obstacle course representing all 12 Trials of Hercules. Are you ready to test your mettle against fiersome monsters, use your wits to solve puzzles, and stretch your memory to its breaking point remembering the steps required to succeed at your task? According to the strict Eurystheus, who sets these tasks before you, they must be completed alone! Do not fear, however. Your friends will be there to watch and help from the sidelines, and friendly adults will guide younger children (parents are welcome to stay and help the most wee ones complete their tasks).

Come slay the terrifying Lernaen Hydra, purify the filthy Augean Stables, dodge and avoid the man-eating Stympthalian Birds, and collect the Apples of the Hesperides while literally holding the world on your shoulders...and so much more! You can do it, Wee Atlantians...come make your new King and Queen proud! Any and all who are brave enough to attempt this juggernaut of labours should join us at 1:30 (until 3:00) and prepare for some lively activity! We will meet at the usual location for children's activities at this site...behind the main building by the picnic tables, though there will be no sitting involved as we head to the mountainside (the hill next to the picnic area) to complete our tasks.

Parents and any willing volunteers are welcome to join us, and adults will be able to try out the obstacle course, if they dare, once the children have all had a chance. We hope to see a wonderful turnout for this test of strength, stamina, will, and wits!

For questions regarding Children's Activities, please contact Lady Annika Siltanen at [mom@pontealto.atlantia.sca.org](mailto:mom@pontealto.atlantia.sca.org)

#### Feast

Space is limited to 60, so reserve early! Dietary concerns should be directed to the Autocrat.

## Menu

Mezze Remove (Starters)

Stuffed Grape Leaves

Hummus

Olives

Stuffed Grape Leaves

Pickles

Babaganoush

Manchego Cheese

Hard Boiled Eggs

First Remove

Moorish Chicken

Classic Tabouli

Couscous

Second Remove

Braised Lamb

Carrots (honeyed or ginger)

Minted Peas

Rice

Veggie platter - celery, carrots, peppers, radishes etc.

Dessert Bar

Jen Cookies (chocolate chip)

Fyne cakes (shortbread style cookies)

Brownies

Grapes

Clementines

Other fruit and cookies

Drinks

Water

Tea (Unsweetened)

Sekunjabin

Fruit Juice

## Tentative Schedule

9:00 am: Troll opens; Team Sign-Up opens

9:30 am: MOL opens; A&S drop-off begins

10:00 am: Final Court of TRM Logan and Esa; Coronation

11:00 am: Authorizations begin; Armor inspections; Heavy and Rapier tournaments begin;

Archery range opens; Deadline for A&S entries; Performance Arts competition begins

Noon: Lunch! Chalice team signup closes

1:00 pm: Mini-Royalty Tea

1:30 pm: Children's Activities open

3:00 pm: All competitions close; Children's Activities close; Chalice Champion competitions commence;

Chalice Champion competitions will be held at the end of each tournament or close of the field tournaments. Locations to be determined depending on weather.

4:00 pm: A&S entries must be picked up; Begin setting up for Court and Feast

5:00 pm: Court

6:00 pm: Feast

7:00 pm: Revelry / Dancing

9:00 pm: Site closes

#### Site Fee

Adult, Member:	\$12.00 Day-Trip	\$9.00 Feast	\$0.00 Camping
Adult, Non-Member:	\$17.00 Day-Trip	\$9.00 Feast	\$0.00 Camping
Youth (6-17):	\$5.00 Day-Trip	\$9.00 Feast	\$0.00 Camping
Child (0-5):	\$0.00 Day-Trip	\$0.00 Feast	\$0.00 Camping

#### Reservations

For mail-in reservations, please make checks payable to "SCA, Inc / Barony of Ponte Alto" and send to:  
Lady Agnete Köslin  
Sue Schneider  
4215 Maylock Ln  
Fairfax, VA 22033

You can also e-mail Lady Agnete to secure your reservation at [herald@pontealto.atlantia.sca.org](mailto:herald@pontealto.atlantia.sca.org).  
Remember, the only good reservation is a paid reservation.

#### Site

Loudoun County Fairgrounds, 17558 Dry Mill Rd, Leesburg, VA 20175

No open flames. Beer and wine are permitted; as always, be careful and do not serve to minors. Dogs are permitted on the grounds, but must be leashed and supervised at all time. Dogs must also be cleaned up after. No dogs are permitted in the main hall.

#### Hotel Information

The closest hotels to the event site are:

Days Inn Leesburg  
721 East Market St  
Leesburg, VA 22075  
(703) 777-6622

Springhill Suites by Marriott  
20065 Lakeview Center Plaza  
Ashburn, VA 20147  
(703) 723-9300

Additionally, hotels near Dulles Airport are approximately 15 - 30 minutes drive-time from the site.

#### Directions

##### From Points North, South, and East

Take your best route to the Dulles Toll Road/Greenway (Rt. 267) off of the Washington Beltway (I-495). Go through the toll booth(s) past Dulles Airport. Merge onto VA-7 W via EXIT 1A on the LEFT toward LEESBURG/WARRENTON. Take Route 9 West exit (stay in left lane of exit). At STOP sign at end of exit, turn left and proceed over bridge that crosses Route 7 (stay in the left lane). Proceed to STOP sign and turn left onto Dry Mill Rd. Travel approximately 1 mile to Fairgrounds entrance on left.

##### From Points West of Leesburg

Take Route 7 East (Harry Byrd Hwy) towards Leesburg, VA. Take Route 9 Exit. At STOP sign at end of exit, turn right and immediately get into the left lane. Proceed to STOP sign and turn left onto Dry Mill Rd. Travel approximately 1 mile to Fairgrounds entrance on left.

Autocrat

Lady Vadoma (Marlene Martineau), 631 Oak Street, Herndon, VA 20170. 435-232-1387 (H),  
[marlene.martineau@gmail.com](mailto:marlene.martineau@gmail.com).



**Atlantia Fall Crown Tourney  
November 06- 08, 2015  
Barony of Hidden Mountain**

Sponsored through the teamwork of Atlantia's two southern-most Baronies, Hidden Mountain and Nottingham Coill, this tournament will determine who the 71st sovereigns of the Kingdom of Atlantia will be.

The heirs of Christoph and Adelhait will be the representative sovereigns of Atlantia for SCA 50 Year (June 17-27), a once-in-a-lifetime celebration!

Website: <https://sites.google.com/site/atlantianfallcrown2015/>

Arts & Sciences Activities: The Kingdom Minister of Arts & Sciences, Seigneur Etienne Le Mons d'Anjou, is coordinating several different A&S Competitions. For all competitions, entries must be submitted between 10:00 am - Noon and picked up between 3:00 pm - 4:00 pm. Questions may be directed to the KMoAS at [KMoAS@atlantia.sca.org](mailto:KMoAS@atlantia.sca.org).

### Competitions

#### Tempore Atlantia

This competition is run by Baroness Janina Krakowska. Tempore Atlantia was started at the Fall Coronation of 2002 by the Kingdom Minister of Arts and Sciences. Tempore Atlantia is a single, time-specific competition and display area held at Fall Coronation, Fall Crown Tourney, Twelfth Night, Spring Coronation, and Spring Crown Tourney. Entries for this competition should be placed between 1500 AD - 1600 AD. People may bring as many items as they wish to participate in a Tempore Atlantia exhibition. The only criteria will be that those items be from the time period being highlighted at that particular event. We hope that the Kingdom's Laurels, Pearls, and others will make it a regular part of their event day to visit the display area and perhaps leave comments and/or tokens for participants. Entrants will be able to mark their items as "non-competitive" (display-only) if they choose.

#### Dirty Dozen Donation Derby

This competition is sponsored by Seigneur Dreux d'Anjou. The theme for this competition is Blue and White! Your items should be primarily blue and white in order to enter. You may use other colors as accent but these colors should make up at least 75% of your entry. Note that you can be creative with this rule. For example, if you enter bottled Sekunjabin, make sure your bottles are blue and your labels are white. All entrants must create a dozen (12) of the same type of item based on the theme that are suitable for largesse. Some items that would work are: 12 needlebooks, 12 handmade thank you cards, 12 children's toys, 12 lengths of woven trim. 12 socks would not be suitable as that is only 6 pairs. All entries must be tagged and ready to be gifted the day of the competition. Important information such as allergy warnings should be noted here. Items will not be accepted if they are not tagged. Items need not be documented. Judging will be done by the 'beads in a cup' method. Members of the populace are asked to come by and vote for their favorite entry! You may enter more than once! (Note: Two entries means 24 items, and so forth.)

## Prizes

The winner of the Dirty Dozen Donation Derby is the gentle with the most tokens in their entry's cup. The winner gets to select one item from each of the other competitors... So 12 entries means the winner gets 11 prizes! The rest of the items entered into the competition will be donated to Their Majesties, Atlantia, as Largesse.

### Scroll Blanks for Kingdom Awards

This competition is sponsored by the Nottinghill Coill Scribal Guild. Blanks are used by our combat scribes to fill in the names and dates of a worthy award recipient, on the day of an event or very close to the date, when creating a scroll would be impossible. The texts and the badges for the Kingdom Awards can be found here: <http://scribe.atlantia.sca.org/resources/ASHandbook2008.pdf>. Remember to leave space for the recipient's name, and the date of the event that the scroll will be used in the future to be filled in at a later date. Documentation is NOT required to enter this competition, but we'd love to see it! You do not need to be a member of the Scribes Guild to enter. If you have an interest in the scribal arts, please feel free to try your hand!

### "Atlantia's Best" Poetry Competition

The "Atlantia's Best" poetry competition will be held at Crown Tourney on November 7th. Please convey to us what you deem as the best part of Atlantia. Documentation is requested; you may use EZ docs. Please bring three (3) copies of your work for the judges. You do not need to be present to enter. You can email your entry to Lady Katarzyna Witkowska, Poeta Atlantiae, at [k\\_hawk\\_us@yahoo.com](mailto:k_hawk_us@yahoo.com). The prizes will be beautiful blue and white Spike garters made by Mistress Martelle von Charlottenburg and a scroll prepared by Lady Aemilia Rosa.

### Cost:

Adult, Member:	\$10.00 Day-Trip	\$8.00 Feast	\$7.00 Camping
Adult, Non-Member:	\$15.00 Day-Trip	\$8.00 Feast	\$7.00 Camping
Youth (5-17):	\$5.00 Day-Trip	\$8.00 Feast	\$5.00 Camping
Child (0-4):	\$0.00 Day-Trip	\$0.00 Feast	\$0.00 Camping

Make Checks Payable To: SCA, Inc., Barony of Hidden Mountain

Cost Notes: Children ages 0-4 are guests of the Kingdom and as such stay and eat free. Tenting sites will be available and pricing for guest who tent are \$5.00 per adult and \$3.00 per child ages 5-17.

Site: Camp Sandy Ridge 3681 Girl Scout Road Bennettsville SC 29512. Site opens Friday 5pm, closes Sunday noon.

Site Restrictions: NO Alcohol. NO campfires outside of designated areas. NO pets. Service animals are welcome but please have vaccination records in hand.

Feast Information: Feast will be prepared by Lady Milicent Shiveley. Any dietary concerns can be directed to her at [Robin.Oneal@AOL.com](mailto:Robin.Oneal@AOL.com)

### MENU:

First Remove

Breads

Honey and Herb Butters

Butter Nut Squash Soup

Second Remove

Roast Pork Medallions with mushroom bacon sauce

Mini Mushroom Tarts

Third Remove

Beef Steak Pudding

Honeyed Carrots

Fourth Remove

Red Currant Chicken (tentative)

Rice Lombard (vegan-friendly)

Menu may be subject to slight changes due to market variances.

Merchanting Information: Merchant liaison: Mistress Etain of Sutherland Email: claybabyetain@aol.com

Other Information: For the totally acceptable price of \$5.00, minus the distraction of having to pack food down to the site, the newly minted Canton of Moorhaven is providing a marvelous bagged lunch. Included is a hand crafted ham or turkey, with cheddar cheese, sandwich; lettuce, tomato, and onion available. Included in your bag will be a bag of chips, a pickle spear, apple with a cool bottle of water.

Please contact Paul Morse (Lorenson) either at Paul\_lorenson@yahoo.com, or PM him on FaceBook.

Autocrat's Information: Lady Caitriona inghean Ghiolla Phadraig (Jennifer Dutschke), 308 Earle Road, Central, SC 29630, Phone: (864) 915-8434, E-mail: SCAGreyhound@Yahoo.com

Reservations: Mistress Alisoun MacCoul Elphane (E. L. Wimett), Box 522, Mount Pleasant, SC 29465, Phone: (843) 881-5517, E-mail: silverdragon@charleston.net

Directions:

From the South:

Take your best route to Highway 52 south of Society Hill. Take Hwy. 52 North into Society Hill. In Society Hill, follow Highway 401, NOT Hwy. 52, which bears left. Follow Hwy. 401 straight through Society Hill (Gailey and Lord plant will be on the left as leave Society Hill). Go 7 miles, look for Hwy. 912. Turn LEFT onto Hwy. 912. Follow Hwy. 912 for 8 miles until ends at Hwy. 9. Turn LEFT onto Hwy. 9 and then turn RIGHT onto Ebenezer Rd. (you will see a church and a water tower). Follow Ebenezer Rd. for 3 1/2 miles. Sandy Ridge will be on the RIGHT.

From the North:

Take your best route to Hwy. 9 near Pageland/Cheraw. Take Hwy. 9 East towards Bennettsville. Look for water tower on LEFT of highway before Bennettsville. Turn LEFT onto Ebenezer Rd/water tower turn). Ebenezer United Methodist Church will be on your RIGHT after you turn onto Ebenezer Rd. Follow Ebenezer Rd. for 3 1/2 miles. Sandy Ridge will be on your RIGHT.





**Baronial Birthday  
October 24, 2015  
Barony of Dun Carraig**

The year is 1347 and we are in beautiful Italy. Trade routes from China to the Black Sea where Italian merchants' trade for the silks and spices so highly valued in Europe are open! Despite the plague's unwelcome arrival on these trade routes we will be having a sumptuous Italian feast provided by the wonderful Mistress Rose. This event will showcase the martial and artistic skills of our populous and aid our Baronage in the selection of Their Champions. Please come and challenge them! And fear not - we have enough Indulgences to keep everyone safe!.

**Martial Activities:** There will be a Heavy Tourney, Rapier Tourney, Archery Shoot and a Thrown Weapons Range

**Rapier Tourney:** The tourney will be a "William Marshall" style tourney. Each fencer will get 7 coins and will be divided into one of two groups A or B. Any person from group A can challenge anyone from B. The challenged (B) can decline the challenge, "apologize for the offence" and lose a coin to the challenger (A). If B accepts as challenged he can choose the weapons. The winner of the match gets 2 coins from the loser. When you are out of coins you are out of the tourney. The fencer at the end with the most coins is the winner

**Arts & Sciences Activities:** While we enjoy the luxuries of Italy, the Black Death looms and will eventually take over 100,000 lives within the walls of Florence. Although the plague took many victims in a select number of years, death was still an integral part of everyday life in the middle ages. Birth and death were very intertwined. Shorter life spans due to war, poverty, and primitive medical knowledge gave us artifacts such as prayer books, religious relics, and paintings of the afterlife. Our Birthday A&S competition will feature items related to death. Items may be from any genre (weaving, painting, sculpture, etc.), and include depictions of death, as well as items related to the process of death/burial such as a shroud. The competition will be populous based, allowing attendees to vote for a personal favorite. There will be a small bonus for items documented to Italy.

**Cost:**

Adult, Member:	\$ 8.00 Day-Trip	\$7.00 Feast	\$0.00 Camping
Adult, Non-Member:	\$13.00 Day-Trip	\$7.00 Feast	\$0.00 Camping
Youth (6-17):	\$5.00 Day-Trip	\$7.00 Feast	\$0.00 Camping
Child (0-5):	\$ 0.00 Day-Trip	\$0.00 Feast	\$0.00 Camping

**Make Checks Payable To:** SCA, Inc., Barony of Dun Carraig

**Site:** Good Samaritan Presbyterian Church. 13025 Good Samaritan Drive, Waldorf, MD 20601. Site opens 10am, closes 10pm.

**Site Restrictions:** Site is Dry

**Feast Information:** An Italian Feast will be served.

**Merchanting Information:** We currently have 3 merchants scheduled to attend. We have room for more if you are interested. Please contact the autocrat.

Autocrat's Information: (Laurie Foster), 3184 Calvert Blvd, Lusby, DC 20657, Phone: (410) 326-5390, E-mail: lorebubeck@gmail.com

Reservations: Mathew of Summerdale (Mathew Keck), 17826 Piney Point Road, Tall Timbers , DC 20690, Phone: (301) 576-056, E-mail: makeck@gmail.com

**Directions:**

From the North: Take your best route to Route 5 South. Continue on Route 5 South until you reach Billingsly Rd. Just after Billingsly Rd, make a U-turn at Zekiah Dr. The church will be on your right after the U-turn.

From the South: Take your best route to Route 5 North. Church will be on your right just after Billingsly Rd



**Harvest Border Wars  
October 31, 2015  
Barony of Bright Hills**

Hear the beat of the war drums, Atlántia's borders are under threat of invasion! The summer is over and the harvest is in—now is the time to raid your neighbors' bounty. An invitation is extended to Aethelmearc, Kingdom of the East and Atlantia to come and enlarge their own harvest by raiding their neighbors. There will be cattle and food raids, sheep and cattle tosses along with many battles. There will be A&S displays and contests, children's activities and a daytime bardic circle of bone-tingling tales, not to mention a fabulous feast featuring our bounteous harvest from the Cooks Guild.

Website: <http://brighthills.atlantia.sca.org/>

**Martial Activities:**

**ARCHERY:** Kill the Spies

**HEAVY WEAPONS:** Harvest Battle — Steal your neighbors' harvest. Points are scored at the end and based on what type of harvest items you procured.

**RAPIER:** Livestock and Cattle Raid—Steal your neighbors' livestock while defending your own. Point total is based on types of yours vs., captured livestock.

**SHEEP TOSS:** Two styles will occur, One as a team relay and the second an individual distance toss. This activity is open to everyone.

**PUMPKIN CHUCKN'** - BYOP or bring your own pumpkin and siege engine and chuck your pumpkin at your enemies. Siege Engines are to be battlefield size. This will be judged on distance and accuracy.

**Arts & Sciences Activities:**

**FOOD PRESERVATION:** Come show off your skills in the area of food preservation: fruits, vegetables, condiments, meats, dairy, condiments,, and potables. Prizes will be given for each category.

Documentation is requested but not required.

**BAKING:** Fall wouldn't be complete without a good pie competition, fillings must be used from preserved food-stuffs. Pies can be sweet or savory. Please include your recipe along with documentation which we kindly request but is not required.

**FIBER ARTS:** Accessories for cold weather wear such as hoods, mittens, cloaks, socks, leg wraps, or leather wear. Documentation is requested but not required.

**VEGETABLE CARVING CONTEST** to be done on site, You must bring your own vegetables and tools for carving to participate. There will be a junior category for those under 16 and a senior category for those over 16. Juniors must be supervised.

**ILLUMINATION:** Depict your favorite illumination showing a harvest. Bonus points for a fall harvest. Documentation encouraged but not required. Extra creativity always encouraged (if you do not wish to use parchment, pergamenta, out of the box works just as well!) Please contact Lady Aemilia Rosa if you have any questions – aemiliarosa@comcast.net

**SEKANJABIN:** Create your own harvest flavor.

Cost:

Adult, Member:	\$10.00 Day-Trip	\$12.00 Feast	\$0.00 Camping
Adult, Non-Member:	\$15.00 Day-Trip	\$12.00 Feast	\$0.00 Camping
Youth (6-17):	\$ 6.00 Day-Trip	\$ 6.00 Feast	\$0.00 Camping
Child (0-5):	\$ 0.00 Day-Trip	\$ 0.00 Feast	\$0.00 Camping

Make Checks Payable To: SCA-MD, Inc., Barony of Bright Hills

Cost Notes: No family (of parents and children) shall pay more than \$40 total in site fees.

Site: Carroll County Agriculture Center, 706 Agriculture Center Drive, Westminster, Maryland 21157.  
Site opens at 9:00 a.m. for set up and activities will begin at 10:00 a.m. Site closes at 10:00 p.m.

Site Restrictions: The site is wet. Service animals are permitted (you provide sanitation services for them).

Feast Information: Created by the Bright Hills Cooking Guild with Baron Gustav as Head Chef

**FIRST COURSE:**

Gourd or Squash Soup with fresh bread

**SECOND COURSE-**

Roast Pork

Chunky Applesauce

Slaw

Cabbage with Leeks and Bacon

Savory Toasted Cheese.

**THIRD COURSE:**

Roast Beef

Eggs with Mustard Sauce

Barley and Mushrooms

Carrots with Ginger or Orange Sauce

Roasted Broccoli.

**DESSERT BOARD:** Bring your favorite dessert to share.

Merchanting Information: Tables will be provided at a cost of \$5 each. Each merchant will be allotted a 8' x 8' space. Space is limited so register early.

**Other Information:**

**KIDS ACTIVITIES**

**COLORING THE CASTLE:** A large castle has been procured for the assault but it seems to be colorless. Your skills are required to remedy this problem using the provided artistic implements.

**STOP THE INVADERS:** A bean-bag toss

**SIEGE ENGINE CONSTRUCTION:** Make your own tabletop siege engine in preparation for the Castle Assault

**CASTLE ASSAULT:** Bring your siege engines for an attack on the castle. Appropriate orange colored projectiles will be provided. This is a team activity or in other words parents will need to assist their child.

**EXTINCTION:** A Mother May I style game for animals trying to "winter over."

**SNACK ATTACK:** A dessert creation that you must assemble and then attack with a spoon. (contains milk and wheat products)

**OTHER ACTIVITIES:**

**BARDIC:** Spine Tingling Tales – Bring your favorite stories, songs and performance that send shivers up your spine, create goose bumps or just make you jump (or not) and share them at our indoor fireside gathering

**CASTLE ASSAULT:** Why should the kids have all the fun. So when the kids have finished assaulting the castle with their mini-siege engines the adults can have their day as well.

**Autocrat's Information:** Baroness Tatiana Ivanovna (Claudia Bosworth), 248 Inlet Road, Pasadena, MD 21122, Phone: (443) 618-1944, E-mail: [crbosworth@aol.com](mailto:crbosworth@aol.com)

**Reservations:** Lady Scholastica Joycors (MyLinda Butterworth), 8396 Maryland Road, Pasadena, MD 21122, Phone: (443) 817-2129, E-mail: [totallystories@gmail.com](mailto:totallystories@gmail.com)

**Directions:**

(directions given from Hanover, PA to the Ag Cen-ter) Take Rt. 94 South (becomes MD Rt. 30 at the state line). Follow 30 to Manchester and turn right on Rt. 27. Follow Rt. 27 to Rt. 140 East (in Westminster). Turn left onto the ramp to 140 East and travel to the first traffic light. Turn right onto Center Street. Take Center Street through two traffic lights to Gist Road. Turn right on Gist Road and follow signs to new entrance. Turn right onto new Ag Center drive.

**FROM THE SOUTH:** Take Interstate 270 North to Rt. 27. Follow Rt. 27 to Kate Wagner Road. (Kate Wagner Road intersects Rt. 27 before you reach the city of Westminster) Make a right onto Kate Wagner Road (which intersects Rt. 27 at a traffic light) and follow approximately 1.2 miles. Turn left onto Gist Road. Continue on Gist Road until you reach Smith Ave at stop sign. Continue on Gist Road about 1/2 block and make left at new Ag Center entrance

**FROM THE EAST:** From Baltimore Beltway 695, take Interstate 795 north toward Westminster. Follow the signs onto MD 140 and take 140 into Westminster. Turn left onto Center Street. Take Center Street through two traffic lights to Gist Road. Turn right on Gist Road and follow signs to new entrance. turn right onto new Ag Center drive.

**FROM THE WEST:** Take I-70 East to the Mt. Airy/Route 27 Exit. Head North on Rt. 27 toward Westminster for approximately 15 miles. Make a right onto Kate Wagner Road (which intersects Rt. 27 at a traffic light) and follow approximately 1.2 miles. Turn left onto Gist Road. Continue on Gist Road until you reach Smith Ave at stop sign. Continue on Gist Road about 1/2 block and make left at new Ag Center entrance.

## Upcoming Demos,



### **Pumpkin Harvest Festival. October 17, 2015: Christ Church, 2100 Rock Springs Road in Forest Park**

We need Artisans, Fighters, Archers, and musicians.  
Contact Baroness Barbara Giumaria diRoberto for more information and to RSVP.  
[bjokriner@yahoo.com](mailto:bjokriner@yahoo.com).

We will be located in the circle in front of the church, which makes unloading much easier. Then we have to move our cars across the road to the park.



Lord Randver holds the toy chest.



### **The Artisans' Cabinet**

#### **Fruit and Vegetable Carving in the SCA Time Period**

By Lady Deirdre O'Bardon

At Harvest Wars, there will be a fruit and vegetable carving competition, so I thought you might be interested in learning more. Fruit and vegetable carving is ancient and began in the Far East. One source states that figures were carved in fruits and vegetables in China more than a thousand years ago and spread to other Asian cultures from there. Another source claims that watermelon and other fruits and vegetables were carved in the court of King Phra in fourteenth century Thailand.

It is not clear when Europeans began fruit and vegetable carving. Although the medieval Europeans made many works of art from food and seem likely to have carved fruits and

vegetables, I have found no pre-1600 documentation for fruit or vegetable carving in Northern Europe. For example, the *The Boke of Kervynge* by Wynken de Worde, 1508 edition<sup>1</sup> is a book on presentation and carving of food, but does not mention fruit or vegetable carving. Instead it states: *beware of grene sallettes & rawe fruytes for they wyll make our soverayne seke*. When vegetable carving is described in the 1615 edition of Gervase Markham's *The English Housewife*,<sup>2</sup> it calls for the carrot rootes to be *well boiled*. The recipe follows:

*Sallats for shew onely*.<sup>3</sup> Now for Sallets for shew only, and the adorning and setting out of a table with numbers of dishes, they be those which are made of Carret rootes of sundrye colours well boiled, and cut out into many shapes and proportions, as some into knots, some in the manner of Scutchions and Armes, some like Birds, and some like wild Beasts, according to the Art and cunning of the Workman; and these for the most part are seasoned with Vinegar, Oyle, and a little Pepper. A world of other Sallets there are, which time and experience may bring to our Hous wifes eye, but the composition of them, and the seruing of them differeth nothing from these already rehearsed.

This recipe shows that the art of carving carrots, at least, was well developed. The carrots could be carved into knots, coats of arms, shields, birds and animals. Additionally, a world of other salads is mentioned that can be done with time and experience. It seems unlikely that this development occurred in the first 15 years of the seventeenth century.

*Li tre trattati di messer Mattia Giegher bavaro di Mosburc, trinciante nell'ill.ma natione alemanna in Padoua* first published in 1639 in Padua Italy has a section on *frutti* and engravings showing fruit being carved into various decorative shapes, including the well known swan. In *Li tre trattati*, the swan is made from a pear, not an apple. Italian carving manual by Giegher, Mattia includes engravings that feature "frutti". While I cannot read the Italian manuscript, the engravings are very instructive.



Plate 21 from *Li tre trattati*.

Now for a few practical tips for carving fruits and vegetables. First, decide what you want to make. Use fresh firm fruits or vegetables. You will need carving tools which can be as simple as small and large carving knives. For something more elaborate, you could start with one of the sturdier pumpkin carving kits. Before carving, you may want to make a pattern that can be placed on your vegetable or fruit as a guideline. Patterns can also be transferred by making small holes with a toothpick. Always cut conservatively. If the cut is too deep or large, you can't undo it. You can, however, enlarge the cut. You can store carved radishes, turnips, carrots and similar vegetables in cold water for several days to preserve them. Pumpkins or zucchini should be stored in plastic wrap or in an air tight container with damp paper towels. Apples and pears should be given an acid bath to reduce browning before being wrapped. Spray your art frequently with water to lengthen its life once it is on display. But most important, have fun!





“Farewell to Olwen” by Deirdre O’Bardon. Done for Olwen’s departure to Denmark. Made from daikon radish, carrot, black cardamom, cherry tomato and parsley.

<sup>1</sup> Transcribed and (c) 2007 Daniel Myers at [http://www.medievalcookery.com/notes/kervynge\\_1508.txt](http://www.medievalcookery.com/notes/kervynge_1508.txt)

<sup>2</sup> From <http://www.foodsofengland.co.uk/book%201615%20huswife.htm> 11/11/2014. Adapted for Foods of England from the version transcribed by [katherine@elizabethangeek.com](mailto:katherine@elizabethangeek.com)

<sup>3</sup> The same recipe with modern language appears in the paperback version of *The English Housewife* published by McGill-Queen’s University Press.

## BIBLIOGRAPHY

*The Boke of Kervynge* by Wynken de Worde, 1508, transcribed and (c) 2007 Daniel Myers at [http://www.medievalcookery.com/notes/kervynge\\_1508.txt](http://www.medievalcookery.com/notes/kervynge_1508.txt)

*Table Decoration with Fruits and Vegetables* by Angkana and Alex Neumayer, pub. and copyright © 2010 Schiffer Publishing Ltd., Atglen, PA, USA.

*The English Housewife* by Gervase Markham, ed. Michael R. Best, pub. 1994 McGill-Queen’s University Press, copyright © 1986.

*The English Housewife* by Gervase Markham, adapted for Foods of England from trans. by [Katherine@elizabethangeek.com](mailto:katherine@elizabethangeek.com) found at <http://www.foodsofengland.co.uk/book%201615%20huswife.htm> 11/11/2014.

*Li tre trattati di messer Mattia Giegher bavaro di Mosburc, trinciante nell’ill.ma natione alemanna in Padoua* by Mattia Giegher, Padua. 1639.

“An Ancient Art.” by Karen Cancila. *Saveur*. #113. September, 2008. <http://www.saveur.com/article/Kitchen/An-Ancient-Art>

“Most Suitable for a Summer: Fruit and Vegetable Subtleties & Carving Sources” by THL Johnnae llyn Lewis, CE pub. *The Citadel, News from the Barony of Cynnabar, Pentamere* June 2010.



Lady Nem’s award winning cheese



The Poets’ Corner

## POINTS FOR UNDERSTANDING POETRY by Robertus Minimus

My first training as a poet was in a community college class that I took 12 years ago in Arizona. I have also participated in a couple of workshops primarily for writing prose fiction. My first novel, which I am finishing, includes several poems which describe science fiction themes and are mildly romantic.

One pointer that my poetry instructor taught me was that “the Narrator is not the Poet.” In other words, the Narrator of the poem is not limited to thoughts or feelings of the poet. In fact, the Narrator could be an animal or an inanimate object. Imagine if Roland’s ivory battle-horn, whom he called, Oliphant, in the Song of Roland, could shout, “Hear me, Companions of the Hero, and come to his aid

without delay!” That would be an example of the Narrator not being the Poet-Author. It would also be an example of personification.

This point about the Narrator not being the Poet has freed me to recently write a poem, “The Volcano and the Arrow,” in which the Narrator is an arrow in flight. The arrow is “sharpened and polished,” “overshooting, yet targeting the horizon beyond.” These lines mean that it has a broad perspective about the Volcano, which he calls an “obstacle.” These are examples of personification, metaphor and metonymy. The latter word means that one thing stands for another. Figures of speech are the poet’s tools, and he or she does well to be adding to their toolbox regularly.

The second point that I learned from my poetry professor is that a poem is about something specific on a literal level. Beyond the literal meaning, however, can lie many metaphoric or speculative meanings. For example, Beowulf is about a hero who overcomes a monster during the Dark Ages in Denmark. On another level, it warns about temptations of the flesh – a subject that everyone could relate to as they sat around a campfire listening to the description of Grendel’s mother. While they may not be sure what she is, whether witch or demon, they understood that even a Hero like Beowulf was not perfect. He could be tempted. The Listeners would hang on, wondering if – and how -- the Hero would recover from the weakness of his flesh.

An example of imagery that could hold multiple meanings stands out from Gottfried von Strassbourg’s Tristan and Isolde, composed around 1200 CE. I translate a line from Modern German (based on the original, Middle German) to mean that the couple wore matching garb at a feast, “dressed in green velvet, cut in the French style.” Although I do not know anything about Frankish fashion in the High Middle Ages, I get the idea that it was considered haute couture then, as it is now.

Furthermore, the matching outfits tells the other courtiers (and the Listeners to this epic poem) that they are a Couple – regardless what anyone thinks. Tristan, that sensitive soul, is saying in effect, “I’m with her – My Beautiful One with the orange-red hair that contrasts with her verdant frock.” Isolde – or the Listeners to the poem – might also extrapolate the meaning of matching clothes in Biblical terms: “I am my Beloved’s and he is mine.” In this way, one vivid line of imagery can be extrapolated into a profound statement of both romantic love – which is then transmuted into holy love.

But they had fatal flaws, too, like Beowulf. This was a common topos, that is, type, in Medieval poetry. Everyone had a fatal flaw – which made Epic poems enthralling to hear.

The poet leaves it to the Hearer/Reader to speculate on additional meanings to the images, metaphors and sounds of the very words chosen.

Regarding sounds, it was common in Medieval English poetry to use alliteration to convey mood and meaning. This repeated use of sound was also considered a clever literary tool; to hear it enhances the enjoyment of the Listener/Reader. A third point to understanding poetry is that it is meant to be heard, not just read. This point is especially true of Classical poetry of the ancient and Medieval periods.

For example, in Beowulf (probably Seamus Heaney’s translation), we read/hear:

Soon he saw	– that shepherd of sorrows –
that he’d never met	in all middle-earth,
a grip this grievous,	so strong he groaned
in frenzy, fear,	no breaking free.

In addition to the alliteration of sounds, the Poet uses the spaces within each line to convey the hand-to-hand battle between Hero and Creature. Listening closely to the lines, we hear the rapid breaths and adrenaline-filled grunting of the combatants!

In summary, remember three points to understand and appreciate poetry. First, realize that the Narrator is not the Poet. The Poet may be exploring a situation, belief or feeling that he or she does not actually hold. Second, a poem has a literal meaning that most people will understand. But the Hearer/Listener can also speculate about deeper meanings. The poet may not even have had those implications in mind when he or she composed the poem! Lastly, poetry, especially of the Medieval period, is meant to be heard not read. So read poems aloud, taking in the sounds of words, the rhythm,

even the spaces in between words and lines. Practicing these pointers will enhance your appreciation of poetry. It will also give you more tools to compose poetry yourself!

**PRIMARY SOURCES:**

Beowulf, translated by Seamus Heaney

Song of Roland, a Penguin classic

Tristan and Isolde, by Gottfried von Strassbourg

**SECONDARY SOURCES:**

Timpane, John and Maureen Watts, Poetry for Dummies (New York: Wiley Publishing, Inc., 2001).



Lord Richard Wynne



**What's Cookin'**

**By Lord Randver Askmadr**

Now if you have some meat you like, roast it on the spit  
Set it to the side for now, we'll use it in a bit  
Into a pot we put some water and set it on the fire  
Into the water we add some salt that was given by our sire  
Into the salted water now go the onions from the field  
We have a lot of them this year thanks to an abundant yield  
Barley is too much to ask but would it not be nice  
So into the salted water and onions we add a little rice  
Now's the time to use the meat we cooked a while ago  
Cut it into bite sized chunks and in the pot it goes  
And then we add some cut parsnips about a level cup  
Next into the pot will go the spoon to stir it up  
When it starts the boiling roll we add a little flour  
And let it sit beside the fire for about another hour

Spoon it out into a bowl and eat it with some bread  
It will fill your belly up at least that's what mom said  
Once you've eaten all you can and had what you desire  
You can sit around with all your friends telling stories by the fire



Mistress Jeanne Tenneur de Bec



**From the Bright Hills Kitchen:**

This recipe is the winner of the vegetable category at Trial By Fire.

**Alberginies  
By Mistress Cordelia**

**Aubergines  
Source: The Book of Sent Sovi**

First compiled in the early 14th Century, these Catalan recipes probably predated this first compilation by an unknown author. The recipes were amended by various authors over time. The compilation from which this recipe was drawn is from a copy dated to sometime in the fifteenth century. Today only a single manuscript of this popular cookery book remains; it is housed in the Biblioteca Històrica, University of Valencia.

**Original Recipe:**

Si vols alberginies, fes-les perbullir ab sal e ab aigua; mes, empeno fen-les home en tres o quatre parts per llong. E quan haura moli molt bulli trau-les d'aquí; aquelles qí tobaras que no sin eben perbuillides, tria-les e prem-les be entre dos talladors de fust. E puis pren aquelles que seran mills cuites e cebes e juivert e menta e moradux, e capola-ho tot ensems en un tallador; e mit-hi ous e formatge ratllat en un tallador; apres hages panses e alls cuits. Ensems pic-ho e mescal-hi bones especies. Apres farceix cascuna d'aco. Ehages una ceba, e vaja al sol de la Cassola. E lo cap de l'aberginia vaja avail e la cui amunt. Ehages ller d'ametlles fea ab bon brou e un poc d'oli e una poca de greix, e gita'ls-ho dessus. E vaja al forn.

**Translation:**

If you want to make aubergines, boil them with salt and water. First, however, one cuts them into three or four parts lengthwise. When it has boiled a lot, take them out, choose those that you find are not as well boiled and press them firmly between two wooden plates and then take those that are more cooked, and onion, parsley, mint and marjoram and chop it all together on a plate. Put eggs and grated cheese on a plate; and then take raisins and cooked garlic. Grind it all together and mix in good spices. Then stuff each one [of the aubergine slices] with this [mixture]. Take an onion, and put it on the bottom of a casserole dish. The head of the aubergine goes at the bottom and the tail at the top. Take almond milk made with good broth, a little olive oil and a little grease and pour it over top. And it goes in the oven.

### **Redaction:**

#### **Ingredients:**

1 large or two small eggplants  
1 small sweet onion  
6 hardboiled egg yolks  
4 ounces grated hard cheese (romano, parmesan, asiago, pecorino, etc.)  
sprig of mint, chopped  
2 sprigs of flat leaf parsley, chopped  
½ tsp cinnamon  
½ tsp ginger  
¼ tsp pepper  
½ tsp sugar  
2 ounces of raisins, minced fine  
2 cloves of garlic, minced and sautéed until golden  
2 cups almond milk or sufficient to cover the eggplant rolls to ¾ of their height  
1 Tbsp chicken bullion  
1 tsp olive oil  
1 tsp lard  
1 large cooking onion, sliced into ½ inch rounds  
salt

#### **Directions:**

Preheat an oven to 375o

Prepare a casserole by greasing the bottom with the lard and laying the onion rounds on the bottom.

Trim and peel the eggplant. Or you may just peel the front and back, leaving the peel on the sides. Slice the eggplant lengthwise into ½ inch wide slices.

Bring a pot of salted water to the boil.

Boil these slices in salted water until just tender. Remove and place them between two paper towels. Press lightly to express the excess water.

Choose the most pliable, but still firm slices and set aside. Take the softer slices, dice them and add finely diced egg yolk, finely minced onion, the garlic, minced raisins, and all the herbs and spices. Mix well.

Spread the mixture onto the previously reserved eggplant slices and roll them up.

Place the eggplant into the prepared casserole. Add sufficient almond milk to cover the eggplant to ¾ of their height. Add the bullion and olive oil.

Bake in the oven for about 30-40 minutes. Cooking time will vary depending on how tightly the casserole is packed.

Garnish and serve the dish forth. You may sprinkle some spice over the top if you wish, though that is not specifically called for in the recipe.



NOTE: since I did not want to make almond milk from scratch, I've fudged by adding bullion to the almond milk to approximate the flavor you would expect from using chicken stock in place of water when preparing the milk. Rather than adding grease, I've used the lard to grease the pan.

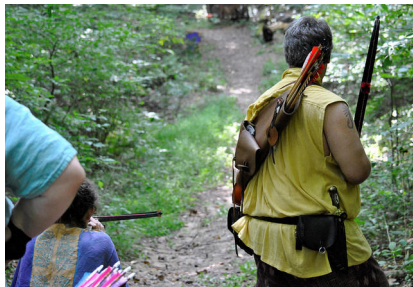
NOTE: I recommend using the flat, Italian parsley for its fuller more complex flavor and bitterness. The curly parsley, while very pretty, would not have been used in period.



### **Trial By Fire/Lochmere Arrow**



Lord Sfi, Lady Scholastica & Mistress Cordelia compete in Trial By Fire. Master Chirhart makes cheese.



Lord Ferdinand, THL Godai, Lord Aiden, Lord Seamus and others compete for the Lochmere Arrow.



The Bright Hills bards entertain the populace.





The populace enjoys the event. Natalya focuses on a game. Lady Deirdre talks to Lady Livia.



Their Excellencies hold court.

Lord Ferdinand and Lord Carl win prizes in the Archery.



Mistress Cordelia, Lady Scholastica, THL Sindara and Amber win in the Trial by Fire.



Lady Nem and Mistress Cordelia win the cheese competition.

THL Yselte presents the Bardic winner.



Lord Seamus and Lord Aiden win the Lochmere Arrow. Awards of Excellence are presented to Lady Livia, Mistress Brienna, Baron Gustav and Aye.

### Current Baronial Champions



Archery: Lady Wanda Ostowana  
 Arts and Sciences: Lady Deirdre O'Bardon  
 Bardic: Lady Tarquinia Maida  
 Brewer: Lady Nem  
 Equestrian: Rachel d'Alton  
 Heavy Weapons: Lord Raphael  
 Rapier: Milord Conrad Muni  
 Children's Archery- M'Lord Pietre Witkowski



### Guild Contacts

**Armorer's Guild:** Baron Heinrich Kreiner (lands\_heinie@yahoo.com)

**PAGE:** THL Yseulte Trevelyn (brunosharp@yahoo.com)

**Brewer's Guild:** Lady Livia di Samuele ([Abramsonsm@yahoo.com](mailto:Abramsonsm@yahoo.com))

**Cheese Mongers' Guild:** Master Chirhart Blackstar (chirhart\_1@yahoo.com)

**Clothier's Guild:** Lady Faye de Trees (feataure@yahoo.com)

**Cooks' Guild:** Baroness Wynne ferch Rhodri ap Hwytell (jay\_wynne@hotmail.com)

**Scriptorium:** Lady Amelia Rosa (aemiliarosa@comcast.net)

**Textile Arts Guild (TAG):** Mistress Brienna Llewellyn Lindsey (LadyBrienna@gmail.com)

**Woodworkers' Guild (WAG):** Lord Luke of Bright Hills (idylukewild@yahoo.com)

**The Worshipful Company of St. Matthias:** Lady Livia di Samuele ([Abramsonsm@yahoo.com](mailto:Abramsonsm@yahoo.com))



To see the most current list of local events, please follow the following link:

<http://brighthills.atlantia.sca.org/events/local.htm>

To see the most current list of away events, please follow the following link:

<http://www.atlantia.sca.org/>



### Barony of the Bright Hills Practices and Meetings Site Directions

Heavy and Light Weapons Fighter Practices and A&S classes are held most Friday nights from

7:30 PM-10 PM

Business Meetings are held from 7 PM-8 PM the last Friday of the month (Please See Calendar)



**Location:** Christ the King Episcopal Church, 1930 Brookdale Rd., Baltimore, MD 21244

Although we use these facilities, the SCA is not endorsed by the Church.

**Directions:** Exit the Baltimore Beltway (I-695) at Exit 17 (Security Blvd Exit). Take the exit west toward Rolling Road, not the exit east toward Woodlawn. Travel west along Security Boulevard about one-half mile, through traffic-lights at Belmont Avenue, Lord Baltimore Drive, and Rolling Road. Continue west for another block, until you reach Brookdale Road. The Episcopal Church of Christ the King is on your left. Make a left turn onto Brookdale, and then turn right into the Church parking lot.



### **INCLEMENT WEATHER POLICY**

If Baltimore County Schools announce they are closed or closing early, there will be no practice that night. You can usually hear the school closing lists on virtually any local radio station broadcast throughout the morning.



### **Sunday Afternoon Archery Practice**

Lady Nichola Blackwell, 301-404-6133

Every Sunday 1:00 pm - 4:00 pm (See Calendar)

Location: Baltimore Bowmen Site

Go to [www.baltimorebowmen.com](http://www.baltimorebowmen.com) for directions. If the gate is closed, check to make sure it is not locked. If it is not locked, open it and drive down the hill to the butts. If the gate is locked, park your car and walk down the hill to the butts. NOTE: PRACTICE WILL NOT BE HELD WHEN THERE ARE WEEKEND-LONG EVENTS AND WHEN THERE ARE EVENTS AT THE BOWMEN SITE.



### **Guild Gatherings:**

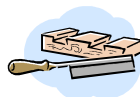


### **Bardic Circle/PAGE**

(Sundays 4-8pm; Contact Lady Nina for exact dates or check calendar)

6414 Loch Raven Blvd. Baltimore MD 21239

[ninadances@gmail.com](mailto:ninadances@gmail.com)



### **Woodworkers' Guild (Check Calendar)**

Lord Luke of Bright Hills' house. 1020 Register Avenue, Towson, MD 21239, (410) 377-6828. Directions: Take Baltimore Beltway 695 toward Towson. We live near the northern apex of the beltway. Take exit 29 from 695. Take Loch Raven Blvd. south, past Taylor Ave. intersection, go through two lights after Taylor, look for quick right onto Register Avenue just over peak of a hill. (If you miss Register Ave. don't despair: at next light make a right onto Loch Hill Rd., then left at stop sign onto Register Ave. If you've gone too far on Loch Raven, you will reach Northern Parkway – a huge intersection.) Our house is at 1020 Register – white house with porch on right with SCA-type banner hanging from a signpost on front lawn - large driveway. Park on the south side of Register Avenue if there is no room in driveway.



### **Brewer's Guild**

Lady Livia di Samuele, 7927 Mandan Road Apt 104 Greenbelt, MD 20770; 301-807-5476

[Abramsonsm@yahoo.com](mailto:Abramsonsm@yahoo.com)

Contact with questions or to request special brewing days.



### **Clothier's Guild**

Lady Faye de Trees, 1402 Hillside Dr., Bel Air, MD 21015; 352-281-8216, [feataure@gmail.com](mailto:feataure@gmail.com).

The clothiers currently do one class per month on a specific project at Friday night fighter practice followed by a sewing session on Sunday afternoon to finish the projects. The location of the Sunday sessions varies. (Check calendar)



### **Textile Arts Guild**

Mistress Brienna Llewellyn Lindsey, 3009 Ebbtide Dr., Edgewood, MD 21040, [410.598.3422](tel:410.598.3422),

[ladybrienna@gmail.com](mailto:ladybrienna@gmail.com).

TAG meets the first Sunday of every month. Check calendar for location and times



### **Armorer's Guild**

Baron Heinrich, 3114 Littlestown Pike, Westminster, MD 21158; 443-789-8109, [lands-](mailto:lands-heinie@yahoo.com)

[heinie@yahoo.com](mailto:heinie@yahoo.com)

Weekends by appointment.



### **Cook's Guild**

Baroness Wynne ferch Rhodri ap Hwytell, [jay\\_wynne@hotmail.com](mailto:jay_wynne@hotmail.com)

Meets second Sunday of the month. Check calendar for location and time.



### **Gold Key**

To Access Gold Key garb, Contact Lady Wanda Ostojowna, [wlkinnie@comcast.net](mailto:wlkinnie@comcast.net)



A very appreciative thank you to the following individuals for their assistance: Lady Deirdre O'bardon for her article on Fruit and Vegetable in SCA Period, Robertus Minimus for his article Points for Understanding Poetry, THL Randver Askmadr for his poem "What's Cookin'," Mistress Cordelia for her Alberginies, my daughter Natalya Nachama for the cover photo, and THL Wanda Ostojowna and Charlene Cummings for their pictures. Many hands truly make light work.



Have you noticed any errors or omissions? Remember to update your group information with the Chronicler! Don't be left out, send your submissions to the Chronicler. *The Yeoman* can only improve with your help and interesting submissions of articles, project write-ups, book reviews, research tactics, or anything else that is newsworthy that your fellow barony members would like to hear about... Submit now to *The Yeoman* by emailing at [Sindara@pobox.com](mailto:Sindara@pobox.com) or call for information at 410-961-2739. Do your part to make *The Yeoman* get better every month!



### **Officers and Deputies of the Barony of Bright Hills**

Please try not to call any of the following individuals after 9 PM

Baron and Baroness

Lord Kollack and Lady Rebecca von Zweckel

Kenneth and Becky Kepple

765 Waugh Chapel Rd.

Odenton, MD 21113

443.254.1206

[kepplekd@verizon.net](mailto:kepplekd@verizon.net), [becky.kepple@gmail.com](mailto:becky.kepple@gmail.com)

Seneschal

Lord Graham MacRobert

Graham Wright

443 375 0257, No calls after 8:30pm.

[grahammacrobert@hotmail.com](mailto:grahammacrobert@hotmail.com)

Deputy Seneschal

Lady Ailis

Erin O'Brien Scimeca

3830 White Oak Court

Manchester, MD 21102

443-857-2849

[Erin2325@yahoo.com](mailto:Erin2325@yahoo.com)

Exchequer

Lady Clara

Michelle England

1622 South Hanover Street,

Baltimore, MD 21230

443-799-1913

[kuscheltier13@yahoo.com](mailto:kuscheltier13@yahoo.com)

Deputy Exchequer

Wanda Ostojowna

Wanda Kinnie

2905 Bachman Road

Manchester, MD 21102

443-398-5100

[wandaostojowna@comcast.net](mailto:wandaostojowna@comcast.net)

Webminister

THL Janyn Fletcher of Lancastreshire

Jay Nardone,

443-508-4456

[janynfletcher@comcast.net](mailto:janynfletcher@comcast.net)

Baronial Clerk Signet & Deputy Webminister

Lady Aemilia Rosa

Amy Nardone

2742 Overlook Court

Manchester, MD. 21102

443-508-4456

[amynardone13@comcast.net](mailto:amynardone13@comcast.net)

Minister of Lists

Lord Alexander Fowler

Hunter Fowler

2626 Turf Valley Road

Ellicott City, MD 21042

410.313.8626

[hunterfsc@yahoo.com](mailto:hunterfsc@yahoo.com)

Deputy Minister of Lists

Lady Livia di Samuele

Sherrill M. Abramson

7927 Mandan Road, Apt 104

Greenbelt MD 20770

301-807-5476

[Abramsonsm@yahoo.com](mailto:Abramsonsm@yahoo.com)

Knights Marshall

Lord Randver Askadr

Randy Feltman

314 Whitaker Mill Road

Fallston, MD 21047

410-877-1735

[randver\\_askadr@verizon.net](mailto:randver_askadr@verizon.net)

Deputy Exchequer  
Cairell mac Cormaic  
Howard Carl Jacobson  
7927 Mandon Road #104  
Greenbelt, MD 20770  
443-416-8356  
[cairellmaccormaic@yahoo.com](mailto:cairellmaccormaic@yahoo.com)

Steward Deputy  
Master Chirhart Blackstar  
Truman Barnes  
PO Box 235  
Hampstead, MD 21074  
410-239-8794  
[chirhart\\_1@yahoo.com](mailto:chirhart_1@yahoo.com)

Chatelaine  
Baroness Barbara Giumaria diRoberto  
Barbara Kriner  
3114 Littlestown Pike  
Westminster, MD 21158  
410-751-5345  
[bjokriner@yahoo.com](mailto:bjokriner@yahoo.com)

Deputy Chatelaine  
Wrade map Willis  
Wade Whitlock  
891 Walker Street  
Aberdeen, MD 21001  
410-272-8407  
[wadewhitlock@hotmail.com](mailto:wadewhitlock@hotmail.com)

Deputy Chatelaine  
Lady Rebekkah Samuel  
Victoria Wank  
7936 Belridge Rd., Apt. K,  
Baltimore, MD 21236  
443-846-2001  
[vwank35@comcast.net](mailto:vwank35@comcast.net)

Chronicler  
THL Sindara Lind Rachael Fessel of the  
Falconshield  
Sharon R. Saroff  
123 Embleton Road  
Owings Mills, MD 21117  
410-961-2739  
[Sindara@pobox.com](mailto:Sindara@pobox.com)

Rapier Deputy Marshal  
Lord Stephen Bridewell  
Stephen Cavano  
2730 St. Paul Street  
Baltimore, MD 21218,  
410.235.3590  
[stephenbridewell@yahoo.com](mailto:stephenbridewell@yahoo.com)

Archery Deputy Marshal  
Lady Nichola Blackwell  
Sally Dodosn  
7822 Lake Crest Drive  
Greenbelt, MD 20770  
301-404-6133 [nichola\\_blackwell@yahoo.com](mailto:nichola_blackwell@yahoo.com)  
Thrown Weapons Deputy Marshal  
Beatrice Shirwod  
Annelise Bauer  
2952 Kirkwall Ct  
Abingdon, MD 21009  
843-312-5971  
[spindlebird@gmail.com](mailto:spindlebird@gmail.com)

Herald  
Lady Deirdre O'Bardon  
Debbie Eccles  
P.O. Box 130  
Reisterstown, MD 21136  
410-356-0028  
[deirdre\\_obardon@yahoo.com](mailto:deirdre_obardon@yahoo.com)

Minister of Arts & Sciences  
Lady Reyne Telarius  
Robyn Becker  
472 Winterberry Dr.  
Edgewood, MD 21014,  
(410) 676-5795  
[robynbecker@comcast.net](mailto:robynbecker@comcast.net)

Deputy Minister of Arts & Sciences  
Lady Faye de Trees  
Angela Yau  
410-939-2299 or 352-281-8216  
[feataure@gmail.com](mailto:feataure@gmail.com)

Deputy Minister of Arts & Sciences  
Brigid Cunningham  
Sarah Gray  
[sarah.gray.88@gmail.com](mailto:sarah.gray.88@gmail.com)

Lady Scholastica Joycors  
MyLinda Butterworth  
8396 Maryland Road  
Pasadena, MD 21122  
443-817-2129  
totallystories@gmail.com

Youth Minister  
Katarzyna Witkowska  
Katherine Hawkins  
439 Main Street  
Reisterstown, MD 21136  
443-813-1436  
k\_hawk\_us@yahoo.com

Chirurgeon  
Master Richard ffaukes  
Robert Jones  
443-307-1312, [richardffaukes@yahoo.com](mailto:richardffaukes@yahoo.com)



This is *The Yeoman*, a publication of the Barony of Bright Hills of the Society for Creative Anachronism, Inc. *The Yeoman* is available from THL Sindara Lind Rachael Fessel of the Falconshield (Sharon R. Saroff), 123 Embleton Road, Owings Mills MD 21117, 410-961-2739. Subscriptions are free. *The Yeoman* is currently offered through the Bright Hills website. Please request a hard copy if required from the Chronicler. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies.



(c) Copyright 2014, Society for Creative Anachronism, Inc. For information on reprinting letters and artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. The chronicler solicits and welcomes short articles on medieval subjects of interest, but reserves the right to edit all copy for format and length. Materials will not be deleted nor will major changes be made without consulting the author. Submissions may be sent to the above address, either as "hard copy" or sent via email in .RTF format. When submitting articles, be sure to include your return address, phone number and email address (if applicable) so we may contact you. All contributors must sign permission for allowing *The Yeoman* use of their material. The closing date for submissions is the 25<sup>th</sup> of the month prior to publication. No material received after that date may appear in the next month's issue.



#### **Bright Hills Email List**

To subscribe to the Bright Hills mailing list, please go to  
<http://www.yahogroups.com/subscribe/brighthills>



#### **Bright Hills Website**

The Baronial website, <http://brighthills.atlantia.sca.org/> contains a listing of current officers, regularly scheduled meetings, events and other items of interest. If you have an item for the website, please send it to the Webminister,

THL Janyn Fletcher of Lancastreshire at [janynfletcher@comcast.net](mailto:janynfletcher@comcast.net)





### **Bright Hills FaceBook Page**

The new baronial Facebook page is located at <https://www.facebook.com/groups/brighthills/>. Further information can be obtained from the administrators Lady Reyne Telarius at [robynbecker@comcast.net](mailto:robynbecker@comcast.net), THL Janyn Fletcher of Lancastreshire at [janynfletcher@comcast.net](mailto:janynfletcher@comcast.net) or Lady Aemilia Rosa at [amynardone13@comcast.net](mailto:amynardone13@comcast.net)



Visit *The Yeoman* On-Line

<http://brighthills.atlantia.sca.org/yeoman/yeoman.html>

