

# The Yeoman

Newsletter of The Barony of Bright Hills  
May 2017 • Volume 31, Issue 5



## The Story Behind the Cover Image

The job of a photographer is to capture moments in our lives. They can stir memories and even emotions when we gaze at them. Eva Bogaerts captured the joy in the heart of our Baroness Rebecca von Zweckel at Ymir during evening court. How can she not be radiating joy after watching her Baron and husband raised to the rank of Knight that day. I think this picture speaks volumes and nothing more need be said, except thanks to all those who take the time to capture these moments for us all to enjoy.



Photo by Eva Bogaerts

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## A Note from Your Chronicler

Can you believe that it is May already? I mean where was spring? It did sneak in for a moment or two and now it feels like summer. With summer there are so many things to do like .... getting ready for Spring Crown Tournament, Ruby Joust, Pennsic, just to name a few. I myself have been deep in scheduling all the performing arts classes and performances for Pennsic as one of her deputies. I am happy to report that part is finished, thanks to everyone who submitted classes ...even at the eleventh hour, our schedule is packed with no wiggle room left. That means those looking for bardic, music, theatre or commedia classes you will not lacking.

One last note about our wonderful photographers across the kingdom, if it weren't for them I would never have any photographic memories from events because I am so busy just being there. So keep up the good work.

Yours in Story, Song and Service,  
*Lady Scholastica Joycors*  
 Chronicler of Bright Hills



Being escorted back to my seat by our dear Baron after receiving a Silver Feather from Lochmere at Night on the Tartan/Town. Photograph courtesy of Ursus/Tim Tyson.

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# THE BARONY OF BRIGHT HILLS

Unto the Peoples of our Faire Barony do Kollack and Rebecca, Baron and Baroness give greetings.



It has been a tremendously successful spring, both here in our own lands and our cousin's lands to the south and east. We have celebrated the changing of the seasons as our ancestors, in manner most grand and hope we have done them all proud. We have partaken of our cousin's hospitality, practiced and sharpened our skills in both battle and the gentler arts, bore witness of the crowning of our King Cuan and our Queen Signy. Having our champions recognized as fit for their abilities in contest and challenge over the course of the last month or so and cheered the elevations of our friends, be it to nobility or peerage, with utter joy. Finally joining the ranks of challengers vying to be the heirs of Atlantia.

We take a moment from our travels, breathing in the heady air filled with all that is spring and consider what lies before us. The list is shortening as we come unto the summer. The break, though short is welcoming. We ask you to join us as we make our way to Ruby Joust in wonderful Caer Mear (Amelia, VA) on the weekend of May 26th through the 29th. Her excellency is possibly going to Storvik Novice and Unbelt (College Park) the weekend of June 3rd as we will be staying rather close to home for the weeks following awaiting word on a wee bairn but his excellency will be sneaking his way down to Old School War practice in Marinus (Clarkesville, VA) the weekend of June 15th if there is no news.

Any that wish to retain or keep us company are welcome. Please contact us directly so plotting and planning can commence.

Yours in Service and Gratitude,

**Kollack and Rebecca von Zweckel**

Baron and Baroness of Bright Hills



# Minutes of the Bright Hills Board Meeting April 21, 2017 - 7:00 p.m.

**Attendees:** Erin Scimeca, Debbie Eccles, Hunter Fowler, Robert & Barb Kriner, Claudia Bosworth, Victoria Wang, Larry Jones, Amy & Jay Nardone, Graham and Michelle England.

## Officer Reports:

**Seneschal:** Lady Ailis inghean uì Bhriain — No report.

**Chronicler:** Lady Scholastica Joycors — Yeoman put out on time. Needs to submit Chronicler quarterly report by May 1st.

**Exchequer:** Lady Clara — .

**Webminister:** Lord Janyyn Fletcher of Lancastreschire— The Baronial New Coronet polling has been posted as directed and will close on 21 April 2017. Web site is up to date and operational.

**Heralds Report:** Lord Richard Wyn — We had a very short court at Night on the Tartan/Town. with the graciousness of their Excellencies of Lochmere, our court was opened and Gabriel von Regensburg was award the Augean Stable for his most arduous work for the Barony. Their majesties court was heralded by her Excellency Wynne ferch Rhodri ap Hywell. During this event we also performed as field Heralds. There was heraldic consultations on going at fighter practices as needed.

**A&S Report:** Lord Alexander de Burdegala — Our goal for is to continue supporting active guilds and helping to restart and promote guilds that are inactive.

**Chatelain Report:** Lady Rebekkah Samuel — 1 new member contacted via text: Adam, known as Alaric. He is interested in heavy weapons and has participated in Darkon. One member returning: Lady Eleonora Salutati. Barony is considering adding a page of contacts in various areas of interest for newcomers..

**Knights Marshall:** Lord Randver Askmadr— No activity so far this month but will be Moling at Revenge of the Stitch IV on April 28th. No change in correcting the MoL warrant database yet.

**Youth Minister:** Lady Katarzyna Witkowska— Nothing to report.

## Guild Reports:

**Armorers** – No report.

**Brewers** – No report

**Cheese Mongers:** Master Chirhart— No report.

**Clothiers** – No report, .


**Cooks Guild:** Baroness Wynne ferch Rhodri— The Bright Hills Cooks Guild met at the home of Gustav and Brienna, on Sunday, 9 April, 2017. The meeting was short and productive.

**Inventory:** We have tentatively scheduled it for May 13th or 14th. It will be at the home of Chirhart and Jeanne. Help to prepare the back yard would be appreciated, contact Jeanne.

**Pennsic War** is coming fast. The Open House is to be on Tuesday of War Week at House Black Star...

**New News:** Since meeting, the schedule for War Week has changed. Jarla Thora is being married on Tuesday night. Big doings!

It was decided that Royal Court would be held on Wednesday, which leaves Thursday night for the Bright Hills Baronial Open House. All hands are needed to assist in food prep, purchase



etc. If you are not attending Pennsic this year, but wish to donate something to Open house let me know. My daughter and I are going to travel up to the war on Tues. of war week and can transport whatever is necessary.

New news over...

Trial by Fire is also steadily moving closer. Deirdre is the autocrat and I am the TbF contact. So far we will have 3 pavilions for our use; Raven's, Gustav and Brienna's and the 20x40. Volunteers are needed to set up the site Friday night. Travelers Fair was for Friday night will be offered for \$5.00. Volunteers are also needed to cook, serve, clean-up etc. Jeanne and I are responsible for the prizes. Donations are welcome!

Harvest Wars is planned for October. Please plan on assisting whomever the autocrat (Baroness Tatiana) chooses as Head Cook.

#### ROAD TRIP!!!

Our next meeting, Sunday, 14 May, will be "held" at Shiloh Pottery <http://www.shilohpottery.com/>

We will meet at Chirhart and Jeanne's home at 2:00 pm and car pool to the shop. Anyone wanting to may meet at my home, and we can caravan/car pool to C&J's. Meet at my home around 12:30 pm.

Other road trips for the future include the poultry farm and the Cider House in Monkton.

#### Future Meeting:

Sunday, 18 June- Cordelia

Sunday, 16 July- Wynne

Sunday, 20 August- Brienna and Gustav

**Herb Group** – Faolan Mac Raghnaill—. April Planning field trip for May 7th to an Herb Festival to learn more about period herbs.

**PAGE** : Lady Yseulte — no report.

**St. Matthias** – no report.

**Scriptorium**: Lady Aemilia Rosa — April 15th 4 Attendees discussed period techniques.

**TAG** — Mistress Brienna Llewellyn — no report

**Woodworkers** – no report.

#### Old Business:

Tatiana reports that the Agricultural Center overbooked and we are unable to hold Harvest Wars there, an alternative location of the Caroline County 4-H Center, the same place as Revenge of the Stitch is being held. The cost is less and the event will now be a camping event running from October 13-15, 2017.

Chagran reminded us about the upcoming Demo possibilities at Stepping Stone Museum.

#### New Business:

Event minutes should be posted in the Yeoman.

Next meeting: May 19, 2017

*Any additions or corrections to these minutes should be sent to Lady Scholastica at [totallystories@gmail.com](mailto:totallystories@gmail.com)*

## Birthday Court Minutes

Greeting Bright Hills! At our Baronial Birthday we had a full day of activities and an evening court.

Their Excellencies Kollach and Rebecca held court with their Excellencies of Black Diamond, Lochmere, and Ponte Alto in attendance.

Once greeting the populace Lord Graham MacRobert, Maestra Barbara Giomarie de Roberto, Lady Reyne Telarius, and Lady Sindara were thanked for their services as officers to the Barony then Lady Ailis inghean uí Bhriain, Lady Rebekkah Samuel and Lord Alexander de Burdegala and Lady Scholastica Joycors took over the vacant offices.

Maestra Barbara de Roberto was awarded the Baronial Award of Excellence.

Chagan Khuland Bagsy was brought forward as the Autocrat of this event. Prizes were awards to the participants and winners of the various competitions.

Lord Randver Askmaor was asked by his Excellency to become Bright Hills Warlord. His first act was to retrieve (with Grim Kells Help) Barom Heinrich Kriner and bring to their Excellencies for payment of back taxes.

The Children of the Barony were brought forth, then Lord Randvert took the children aside for gifts.

Lady Livia de Samuele and Lord Cairell mac Cormaic were brought forth and bestowed the Spirit Cup upon Lady Ailis inghean uí Bhriain for embodying the spirit of Bright Hills.

Lord Seamus McRay asked for business in front of their excellencies. He called in Lady Ailis inghean uí Bhriain to award her the Bowmen medallion and to thank Lord Janyn Fletcher of Lancastreschire and Lord Godai Katsunaga for all their hard work and dedication to the Archery community.

Lady Mor Inghean Ui Dochartaigh became the newest recipient of the Spur and Crescent.

Kate Zink was brought forward and thanked for retaining for their Excellencies.

All Newcomers were brought forth and thanked for attending.

The Premieres of the Bow and Crescent, Lord Seamus McRay and Lord Janyn Fletcher of Lancastreschire were brought forward to witness Barre FitzRobert of York and Lady Reyne Telarius being the newest members of the order.

Lady Livia di Samuele received the Silver Scroll

Anne Jahanna Hollydaye was thanked for bringing Krupnik to the Barony of Bright Hills.

The Premiere of the Order of the Shield and Crescent Graham MacRobert was called forth to witness Lord Cairell mac Cormaic joining the Order.

Lord Grim Kell became the newest recipient of the Order the Silverbergs.

Lord Randver Askmaor and Nem Inghean Dochartaigh were made the newest recipient of the Augean Stables

Lord Richard Wyn received the Silver Scroll.

Lord Seamus McRay, Lord Godai Katsunaga and Lord Nathon of Arindale received thanks and praise for their service and laborious effort of bolt sorting at Pennsic.

Countess Rowan Berran McDowell was awarded the Baronial Award of Excellence.

Thus closed the Court of Kollach and Rebecca von Zweckel Baron and Baroness of Bright Hills.

A short court was reopened prior to Feast.

Lord Richard Wyn stepped down as Baronial Bard and Lord Faolin MacRagnall became our new Baronial Bard.

Yours in service,

**Lord Richard Wyn**



## UPCOMING EVENTS

### Spring Crown Tournament

May 05- 07, 2017 • Barony of Marinus

Their Majesties Cuan and Signy need Heirs!!  
The Succession of the Kingdom must be ensured!!!  
Come join us and bear witness to the selection of the Heirs! Fighting, A&S, and a wonderful feast provided by Baron Callixtus Gill!!

Website: <http://atspringcrown.yolasite.com/>

### Return to Camelot-An Arthurian Deed

May 12- 14, 2017 • Barony of Raven's Cove

During the late Middle Ages men of arms--knights and professional soldiers--exercised themselves in various forms of competitions to both refine their skills and as a matter of national honor. By their deeds these knights not only won fame, but social prestige and wealth achieved by catapulting their names far and wide through the risk of a potentially mortal chivalric feat of arms. Return to the times of King Arthur, his knights and when chivalry and honor reigned supreme in the land. Join us for a day of pageantry, prowess, love and beauty. Relive the tales of bravery! We welcome you to Camelot, revisited here in our beloved Atlantia!

Website: [www.arthuriandeed.com](http://www.arthuriandeed.com)

### Royal Archer

May 13, 2017 • Barony of Stierbach

Hail Archers..... Aeddan Ivor cordially invites all archers to come out have fun have fun shooting novel and competitive course. Test your skill for this day the top archer will be named the next Royal Archer of Atlantia. The day will also offer the opportunity to compete for the year's bragging rights as the best in any royal round ranking except novice.

Website [http://www.atlantia.sca.org/137-events/167-event-flyer?event\\_id=6ee94eb6](http://www.atlantia.sca.org/137-events/167-event-flyer?event_id=6ee94eb6)

### Hawkwood Baronial Birthday

May 19- 21, 2017 • Barony of Hawkwood

Do you believe in the magic of Fairytales - we of Hawkwood do. Please join us on our thirteenth Baronial Birthday and Investiture. A Fairy inspired celebration as we bid our fondest farewells to our existing Baronage and prepare for the new Baronage. The event will be Fairytale themed from our Fighting ( Armored and Rapier ), Archery, Thrown Weapons to our Arts and Sciences and who has not ever dreamed of climbing Rapunzel's Tower.

Website: <https://sites.google.com/view/hbb2017-afairytale/home>

### On Target

May 20, 2017 • Barony of Lochmere

Their Excellencies of Lochmere, Baroness Avice Claremond and Baron Gabrell Fairecloughe, invite archers to join Their Barony at a scenic waterfront site in Annapolis, Maryland for a day of archery, an atlant battle, good food and companionship. Shooting will commence around 10 am on Saturday, May 20, 2017.

Website: <http://lochmere.atlantia.sca.org/on-target/>

### Ruby Joust VI and Investiture

May 26- 29, 2017 • Barony of Caer Mear

Come join the Barony of Caer Mear for our next Baronial Investiture and annual Gem Joust!

Website: <http://caermear.atlantia.sca.org/Ruby/gemjoust.php>



## WEBSITES OF INTEREST

Looking for custom tokens and time or knowledge to make your own. <http://www.gainesvillemint.com/ct612.html>

SCA medallions: <http://stores.combatmedallions.com/>

Recreational Medievalism (Cariadoc & Elizabeth): <http://www.pbm.com/%7Elindahl/cariadoc/miscellany.html>

# Atlantian Calendar of Events

## May 2017

5-7	Spring Crown Tournament	Marinus	Lanexa, VA
12-14	Return to Camelot-An Arthurian Deed (R)	Raven's Cove	Apex, NC
13	Royal Archer	Stierbach	Midland, VA
19-21	Spring Fling for Siege III	Border Vale Keep	Augusta, GA
19-21	Hawkwood Baronial Birthday	Hawkwood	Arden, NC
20	On Target	Lochmere	Annapolis, MD
26-29	Ruby Joust VI and Investiture	Caer Mear	Amelia, VA

## June 2017

3	Storvik Novice and Unbelt (R)	Storvik	College Park, MD
10	Atlantian Summer University	Black Diamond	Lynchburg, VA
15-18	Known World Dance and Music Symposium	Storvik	Timonium, MD
15-18	Old School War Practice	Marinus	Clarksville, VA
16-18	Return to Crecy IV (R)	Salesberie Glen	Harmony, NC
17	Caer Mear Midsummer Faire	Caer Mear	
23-25	Blades & Bow Tre	Brockore Abbey	Spartanburg, SC
24	Barony of Stierback Baronial Birthday	Stierbach	Warrenton, VA

## July 2017

7-9	Assessment	Black Diamond	Appomattox River, VA
28-13	Pennsic War (R)	Aethelmearc	



Court Fun at Night on the Tartan/Town with our cousins from Lochmere. Photo courtesy of Ursus/Tim Tyson.



# Lore from the Larder



illumination from The Luttrell Psalter

## Vinegar- Did You Know...

...was most likely “discovered” by accident at least 10,000 years ago?

...the earliest written record is around 5000 BC by the Babylonians. Their vinegar was made with the fruit of date palms.

...that one bottle of white distilled vinegar contains bottles wroth of specialized cleaners.

...the Sumerians used vinegar as a condiment, a preservative, medicine, antibiotic and cleanser?

...that the word “vinegar” comes from the Latin “vinum” meaning wine and “acer” meaning sour?

...the vinegar-makers of 1394 Paris were made into a corporation who had to be “sound of limb and clean in dress”.

...that Lady Livia di Samuele makes some of the finest sekanjabin in the kingdom, all of them using vinegar as a base. (shameless plug)

A versatile food stuff, medicinal and all around inexpensive cleanser, let’s hear it for VINEGAR!

### Bibliography:

From “Vinegar: 1001 Practical Use” by Margaret Briggs



image from ramblingtart.com



# Four Thieves Vinegar

History and Recipe by Lady Scholastica Joycors

Myth and legends surround the Four Thieves Vinegar and are too numerous to list in this short article. Some say it was used by a group of thieves during European outbreak of the black plague set out to rob the dead and the sick in Marseille. When they were caught, they offered to exchange their secret recipe, which had allowed them to commit the robberies without catching the disease, in exchange for leniency. It is said that they told the judge that they drank and wash with the vinegar solution every few hours. This may all be myth, but similar types of herbal vinegars have been used since before the time of Hippocrates, around 400 BC.

History tells us that the bubonic plague wreaked havoc in Europe off and on for about 600 years before peaking in the 14th century. The plague had a big influence on the life of William Shakespeare, having claimed the lives of some of his siblings as well as causing the theatre to be shut down during a nasty outbreak in London between 1593 and 1608.

A well known fact is that bubonic plague is a bite-based infection. A plausible reason for not contracting the plague while wearing this vinegar solution is that it contains natural flea repellents. Since the flea is the carrier for the Plague bacillus, *Yersinia pestis*. Wormwood has properties similar to cedar as an insect repellent, as all aromatics like sage, cloves, camphor, rosemary, campanula, etc. Meadowsweet, although known to contain salicylic acid, it is mainly used to mask odors, like decomposing bodies. It is said that Cardinal Wolsey had a custom of carrying an orange in his hand which had been hollowed out and was filled with a sponge soaked in the vinegar and impregnated with various spices in order to save himself from getting the infection while passing through crowds. Large beak shaped masks worn by the wealthy and physicians were often filled with the herbs in the beak so that they could smell and be surrounded by the life saving herbs.

Recipes for this legendary concoction are as numerous as the stories. The following vinegar recipe hung in the Museum of Paris in 1937, and is said to have been an original copy of the recipe posted on the walls of Marseilles during an episode of the plague:

Take three pints of strong white wine vinegar, add a handful of each of wormwood, meadowsweet, wild marjoram and sage, fifty cloves, two ounces of campanula roots, two ounces of angelic, rosemary and horehound and three large measures of champhor. Place the mixture in a container for fifteen days, strain and express then bottle. Use by rubbing it on the hands, ears and temples from time to time when approaching a plague victim. (Gattefosse)

Here is modern version of this recipe. Some say it is a great vinigrette, others say that mixed with water it makes a nice tonic to strengthen your immune system, some spray it on their skin and clothing every few hours as an insect repellent, and others use it as an antibacterial cleaning solution, in the world of magic it is said to be used as protection spray against germs, the evil eye, unsavory critters and the plague.

## FOUR THIEVES VINEGAR (MODERN VERSION)

2 tablespoons Wormwood	2 tablespoons Rosemary (dried)
2 tablespoons Sage (dried)	2 tablespoons Lavender (dried)
2 tablespoons Peppermint (dried)	2 tablespoons of Rue

Organic Apple Cider Vinegar (enough to cover herbs completely)

*You can also throw in cloves, cinnamon and/or garlic for extra potency.*

Put all the dried herbs into a large glass jar. Pour the Vinegar over the herbs and garlic and seal tightly. The vinegar is strong enough to corrode some metal lids, so in this case, consider putting plastic wrap / wax paper or a plastic bag on top and then putting the lid on. Leave in a cool, dark, place for 6-8 weeks if possible. After 6-8 days, strain the herbs out using a small strainer and store tonic in smaller jars for easy use.



## FOUR THIEVES VINEGAR.2

1 part lavender, dried	1 part sage, dried
1 part thyme, dried	1 part lemon balm (melissa), dried
1 part hyssop, dried	1 part peppermint, dried
1 handful garlic cloves	Raw (unpasteurized), organic apple cider vinegar

In a glass jar, place all dry ingredients.

Add raw (unpasteurized), organic apple cider vinegar to cover

Place jar in a cool place and let sit, at room temperature, for six weeks.

Strain off herbs and garlic, and decant to a glass bottle or jar with a tight fitting lid.

## HOW TO USE FOUR THIEVES VINEGAR

- Take a teaspoonful several times daily.
- Add to salads either directly or in a salad dressing.
- For personal protection, add a teaspoonful to bath water.
- Use as a topical spray for disinfecting surfaces and/or skin

## ALTERNATIVE FOUR THIEVES VINEGAR

wormwood • meadowsweet • juniper berries • rosemary • camphor • sage • cinnamon • cloves • white wine vinegar

## FOUR THIEVES OIL

1 part eucalyptus	1 part rosemary
1 part cinnamon	1 part clove
1 part lemon	Carrier oil (olive, jojoba, or your choice)

Place 50 drops of each oil in a 2 oz. bottle and then top it off with jojoba oil (I like jojoba oil because it seems to never go rancid).

The concept of using strong herbs with vinegar is a verified scientific truth that dates back to early man and continues to show it's benefits in todays world, you can even buy it already made in both vinegar and oil versions. Guess it is true that everything old is new again.

## Bibliography:

<http://adventures-in-making.com/recipe-the-legendary-four-thieves-vinegar/>

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Rene-Maurice Gattefosse, Gattefosse's Aromatherapy (CW Daniel Company, Ltd. First published in Paris, France in 1937 by Girardot & Cie.), 85-86.

<http://www.secretsofthieves.com/?p=412>

[https://wellnessmama.com/2610/vinegar-four-thieves-health-tonic/?utm\\_content=buffer66f9b&utm\\_medium=social&utm\\_source=pinterest.com&utm\\_campaign=buffer](https://wellnessmama.com/2610/vinegar-four-thieves-health-tonic/?utm_content=buffer66f9b&utm_medium=social&utm_source=pinterest.com&utm_campaign=buffer)

<http://adkrawfood.blogspot.com/2009/04/four-thieves-anti-plague-remedy-from.html>





## Disability Points

by Rose Boðych

Shire of Mistic Wæteru, Northshield.

Being a member of the SCA is supposed to be a pleasant experience but having a disability may make playing hard. Here are some simple things you can do help your fellow Scadian who is disabled to make their time more enjoyable.

Make sure sites are handicapped accessible (especially bathrooms)

Communicate any concerns that you may have

Ask before providing assistance – some disabled people are more independent than others and although helping someone is great, please ask first.

Be respectful of their disability. Some people do not want to discuss what their disability is.

Do not assume that the person is helpless. Most disabled people have lived with their disability for a long time and know how to do things for themselves.

Ask them to participate. We all want to be involved and just because a person is disabled does not mean a person wants to just sit and watch

Be patient

DO NOT TOUCH – if a disabled person has a guide animal PLEASE do not touch the animal unless you ask first.

Educate – not only yourself but also others. Especially children. This is the only way that people with disabilities can get the message out that just because they have a disability does not mean that they do not need or want the same thing as others.

Do NOT offer medical advice unless you are an expert in what their disability is and are outright asked for help. (Example: My sister's cousin's uncle's dog's friend used this product and they cured themselves – maybe you should try it!)

Please do not say, “You don't look disabled” not all disabilities can be seen

Treat people with a disability, as you would want to be treated.

And finally, DON'T JUDGE.

Life is short and everyone wants to feel welcomed in the SCA. Having a disability is just another way of living for some people.

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above image created by Lorelei Skye

Judgy McJudgerson  
aka Why I Need You to Document Your A&S Entry  
by Duchess deDiablo  
Kingdom of Atenvelt

Documentation in the Arts & Sciences: One Opinion

Please let me begin by stressing that I am not an “expert” on SCA arts documentation, nor am I speaking on behalf of judges, my kingdom or crowns. I speak as one judge’s voice who has, even recently, read significant documentation along with entries for a variety of A&S categories. I have also counselled on the power of positive language and desperately sought to express my delight in a piece of artwork while still sharing constructive feedback to every entrant that I can. I am no “authority” but I am compelled to share my pontification skills at every opportunity, so read on or not at your leisure.

I want to clarify that this note is not discussing “documentation” or the various writing and research fields offered as their own categories. Those rules and expectations are vast and intended to be challenging to their creator. I also say that those who teach documentation classes are doing so with the intention of giving you every tool you need for a perfect documentation score. That doesn’t mean you have to get a perfect documentation score to enter. :) I write this to discuss documentation that is associated with individual crafted pieces for submission. Why it is important, where I think it isn’t important, where judges can be more cautious and where participants can help their own cause. Because, seriously - you CANNOT - absolutely, unequivocally CANNOT allow one voice, one experience, one contest be the end all, be all of your experience.

For me...why is documentation required to express the arts? Flat out, without hesitation – it isn’t. Documenting one’s art is not critical for one’s creative expression. Documentation is also not required in conversations about the arts or discussion or even really when teaching someone else how to create. Where documentation is required is to help you and a judge equally. That’s all. It is your opportunity to tell me what it is I am looking at, why you chose to do it and what pre 17c practices inspired your actions and results. And if you can’t or won’t do this, then maybe a formal competition setting isn’t for you and that is OK.

That’s everything and nothing, right?

For most of us, writing isn’t fun – I get that. I also understand and relate to artists who want to create first without the hindrance of research. “Documentation” is our middle ground. In many cases, mine certainly, judges are not looking for a complicated dissertation that asks you to prove you have done something “right”. What judges I know are looking for is more along the lines of, “This is how they did it, but I did it like this because...” Or “They used this tool, but I used this one.”

Would I be flabbergasted and over the moon to see an item that was made with period and hand formed tools by the artist, “First I planted the madder seeds, then I sheered my own sheep that I feed exclusively with the spent grains from the beer I brew...” heck yes! That would be epic and definitely an amazing entry, the likes of which would probably blow any judge away. But I definitely wouldn’t ever expect to see something in every, or even any case. What I would want to see (using the example above) is that you used a madder dye, like those found in X region in such and such century as found in Book Y – referenced in the bibliography and cited right there. This tells me how far you did or didn’t take the experience. Then I want to know whether you used hand-spun wool (your own or made by someone else) or tell me that you used cotton or some other fiber because the person you made it for is allergic. Essentially – tell me that you know how they did it and run me a comparison.

Judging categories differ from kingdom to kingdom, sometimes even from event to event while things evolve over time. Generally though, we see the same few, because they suit most every category. When you are writing your documentation, use it to your advantage. Tell me as a judge what I need to know. But in case you were wondering how documentation helps the categories, I’ll tell you what I look for personally. Your mileage may vary, of course.

**Documentation:** Does it provide me with a glimpse into your path and choices? In spite of popular belief, I am not looking for a history lesson. I am looking at how your item fits into history, but I want a few documented

facts that help me along. If you can't document your facts, explain to me your logic and conclusions. This is also your opportunity to tell me whether you are brand new at this or well-practiced and why you chose to enter it into competition – this helps set my expectations. If you have none of those things expressed in your documentation, that's ok, but know in advance that it keeps me from being able to give you a perfect score in most categories and it definitely creates a low score in this category. It is also important to note that if you claim your area of interest can't be "documented" but someone else documents it - they are probably going to land a higher score than you.

**Aesthetics:** This is how it looks or tastes, right? Should be easy without documentation, right? I agree, except whether or not it is pleasing to the eye may also be dependent on a medieval rather than a modern eye. You tell me what I am looking at or hearing or tasting. Are the aesthetics right for the period it was used and intended? Am I looking at something that would have been heavily used by soldiers or intended to keep the attention of a child, or maybe something delicate to show off for a wealthy ladies table? Am I looking at something that largely functional, perhaps reducing the decorative potential, or is it solely a decorative piece that doesn't require a functionality? The question here is not just whether I think it is pretty; because you can be sure that I probably think it's gorgeous (I genuinely admire effort). The narrative clarifies for me the intended owner's aesthetic which can make a difference. It doesn't have to be "pretty".

**Workmanship:** Did you color in the lines and were they even? Again, this is something that I can judge pretty easily by eye in a general sense; however, did you do this by hand rather than machine? Because if I don't know that, I may think something is perfect because you used a machine, which may still be a high score, but probably not the highest, when really you did something by hand so well that I \*thought\* it must be a machine, which deserves every speck of credit I can offer. Guess what – you have to tell me what you did. Bonus points if you used a medieval machine! It would also be helpful here to tell me whether this is your first or twentieth attempt.

**Creativity:** This relies heavily on your documentation because I can't tell how much came from you and how much came from a book until you tell me. I've seen things that were 100% made up and things that are 100% reproduction but unless I recognize a particular piece from my own studies, I can't possibly know. My perfect scores given come from a place somewhere in the middle. For example, if the piece that inspired you is engraved with an X, I want you to use the same techniques, but carve an O, because I want to see your ability to create and celebrate your choices. Don't worry – there's a place for a perfectly recreated piece as well, but if there's a way to consider that "creative" you will have to tell me how, because my brain doesn't wrap around that very well.

**Authenticity:** Whether or not it is authentic is also dependent on what you tell me. Does this require a complete reproduction to be considered authentic? Not in my book, though if it is an exacting reproduction, I'd be hard pressed not to give it a perfect score just by the nature of the word "authentic". Really though, this is hand in hand with the creativity category. You have to tell me where you made your choices between going an authentic route rather than a creative route and vice versa. As an example, if you make a perfect replica of a bone tool – it looks exactly like what's in the books you found, but you make it from clay because it was easier to work with – authenticity is going to dip. If you made something from chalk instead of lead because lead is poisonous, I'm probably going to give you a pass on that one and your authenticity score stays intact. I am not going to knock you down for using acrylic gesso instead of making your own, but if you make your own – you are definitely getting extra points! So tell me whether or not you did. If you don't tell me, I am going to assume that you didn't (because why aren't you bragging about that?!) and I'm going to ask you not to get mad at me for not being able to tell the difference with my old used eyeballs.

**Complexity:** In my experience, complexity is not always easy to detect. It is also my experience that ornate is not the same as complex, though people may believe it to be on first glance. There is a kind of elegance in simplicity of a design, but the work itself may have been incredibly tedious and challenging. Your documentation impacts this score by sharing your process as much as your reason for the creation itself. I would caution you here, and remind you that complexity that includes missteps may reduce all of the above scores, so choose the level of complexity wisely. This is another area where creativity is impacted by your choices in the sense that a lightbox traced knot work design may have a complex pattern, but your process became a lot simpler.

As a judge, I am looking for balance and I genuinely hope I offer encouraging words that inspire you to try again!



# Past Knowledge

*Tips from books of yore*

## How to Cure Melancholy, c. 1303



J. Paul Getty Museum, MS 42, f. 1v

"The home must be bright, luminous, without pictures, and there should be many fragrant things there, and everyone in the home must be beautiful to behold... and they must say lighthearted things, and there should be musical instruments, and in short everything which gladdens the soul... also helpful are sleep, rest, leisure, and baths before food; helpful foods are hens, capons, and lamb; light, delicate wine; scaly fish from clean water; raw eggs; well-fermented and well-baked wheat bread with a reasonable amount of salt... one should avoid wine that is new, cloudy, coarse, or thick; lentils, beans, and other legumes; old cheese; beef; and other melancholy foods."

Bernard de Gordon, *Lilium medicinae*

## How to Spend Your Summer, 1465



Walters Art Museum W.175, f. 8r

"Choler rises from May 8 to August 6. Then we should use cold and moist foods, work sparingly and use roast meat in small amounts as we often do before a meal. Drink should be diluted as much as possible so as to take away thirst and not let the body be hot, but we should totally avoid sex."

Bartolomeo Platina, *De honesta voluptate et valetudine*

# Barony of the Bright Hills

## Practices and Meetings Site Directions

**Heavy & Light Weapons Fighter Practices and A&S classes** are held most Friday nights from

7:30 PM-10 PM

**Business Meetings** are held from 7 PM-8 PM the last Friday of the month (Please See Calendar)

**Location:** Christ the King Episcopal Church, 1930 Brookdale Rd., Baltimore, MD 21244

*Although we use these facilities, the SCA is not endorsed by the Church.*

**Directions:** Exit the Baltimore Beltway (I-695) at Exit 17 (Security Blvd Exit). Take the exit west toward Rolling Road, not the exit east toward Woodlawn. Travel west along Security Boulevard about one-half mile, through traffic-lights at Belmont Avenue, Lord Baltimore Drive, and Rolling Road. Continue west for another block, until you reach Brookdale Road. The Episcopal Church of Christ the King is on your left. Make a left turn onto Brookdale, and then turn right into the Church parking lot.

### INCLEMENT WEATHER POLICY

If Baltimore County Schools announce they are closed or closing early, there will be no practice that night. You can usually hear the school closing lists on virtually any local radio station broadcast throughout the morning.

### Sunday Afternoon Archery Practice

Lord Dagfinnr Jarnauga, 443-857-5178

Every Sunday 1:00 pm - 4:00 pm (See Calendar)

Location: Baltimore Bowmen Site

Go to [www.baltimorebowmen.com](http://www.baltimorebowmen.com) for directions. If the gate is closed, check to make sure it is not locked. If it is not locked, open it and drive down the hill to the butts. If the gate is locked, park your car and walk down the hill to the butts. NOTE: PRACTICE WILL NOT BE HELD WHEN THERE ARE WEEKEND-LONG EVENTS AND WHEN THERE ARE EVENTS AT THE BOWMEN SITE.

## Guild Gatherings

### Bardic Circle/PAGE

(Sundays 4-8pm; Contact Lady Nina for exact dates or check calendar)

6414 Loch Raven Blvd. Baltimore MD 21239

[ninadances@gmail.com](mailto:ninadances@gmail.com)

### Woodworkers' Guild (Check Calendar)

Lord Luke of Bright Hills' house. 1020 Register Avenue, Towson, MD 21239, (410) 377-6828.

Directions: Take Baltimore Beltway 695 toward Towson. We live near the northern apex of the beltway. Take exit 29 from 695. Take Loch Raven Blvd. south, past Taylor Ave. intersection, go through two lights after Taylor, look for quick right onto Register Avenue just over peak of a hill. (If you miss Register Ave. don't despair: at next light make a right onto Loch Hill Rd., then left at stop sign onto Register Ave. If you've gone too far on Loch Raven, you will reach Northern Parkway – a huge intersection.) Our house is at 1020 Register – white house with porch on right with SCA-type banner hanging from a signpost on front lawn - large driveway. Park on the south side of Register Avenue if there is no room in driveway.

### Brewer's Guild

Lady Livia di Samuele, 7927 Mandan Road Apt 104 Greenbelt, MD 20770; 301-807-5476

[Abramsonsm@yahoo.com](mailto:Abramsonsm@yahoo.com)

Contact with questions or to request special brewing days.

### Clothier's Guild

Lady Faye de Trees, 1402 Hillside Dr., Bel Air, MD 21015; 352-281-8216, [feataure@gmail.com](mailto:feataure@gmail.com).

The clothiers currently do one class per month on a specific project at Friday night fighter practice followed by a sewing session on Sunday afternoon to finish the projects. The location of the Sunday sessions varies. (Check calendar)

### Textile Arts Guild

Mistress Brienna Llewellyn Lindsey, 3009 Ebbtide Dr., Edgewood, MD 21040, [410.598.3422](tel:410.598.3422), [ladybrienna@gmail.com](mailto:ladybrienna@gmail.com).

TAG meets the first Sunday of every month. Check calendar for location and times

### Armors' Guild

Baron Heinrich, 3114 Littlestown Pike, Westminster, MD 21158; 443-789-8109, [lands\\_heinie@yahoo.com](mailto:lands_heinie@yahoo.com)  
Weekends by appointment.

### Cook's Guild

Baroness Wynne ferch Rhodri ap Hwytell, [jay\\_wynne@hotmail.com](mailto:jay_wynne@hotmail.com)

Meets second Sunday of the month. Check calendar for location and time.

### Gold Key

To Access Gold Key garb, Contact Lady Wanda Ostojowna, [wlkinnie@comcast.net](mailto:wlkinnie@comcast.net)

### Bright Hills Email List

To subscribe to the Bright Hills mailing list, please go to: <http://www.yahogroups.com/subscribe/brighthills>

## Electronic Connection

### Bright Hills Website

The Baronial website, <http://brighthills.atlantia.sca.org/> contains a listing of current officers, regularly scheduled meetings, events and other items of interest. If you have an item for the website, please send it to the Webminister,

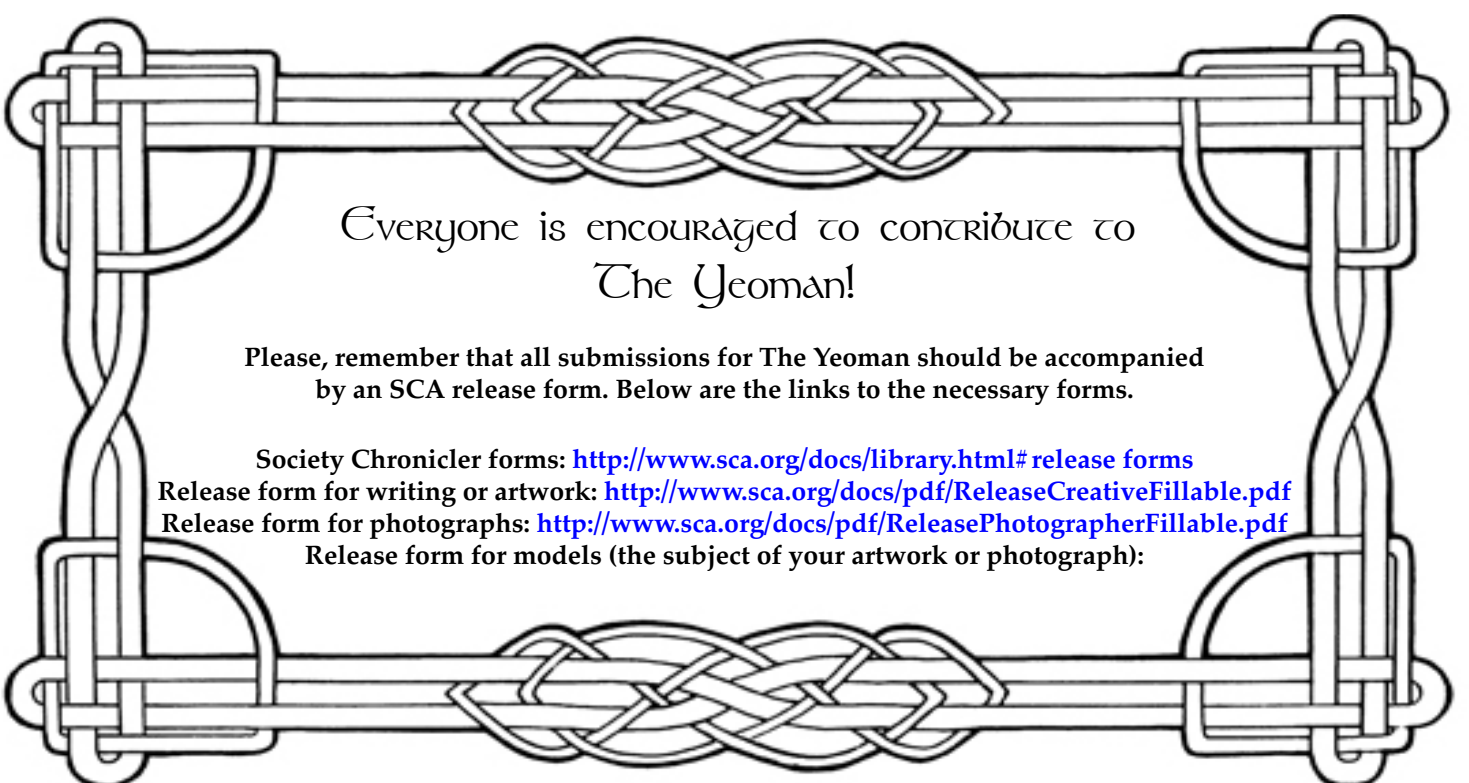
THL Janyn Fletcher of Lancastreschire at [janynfletcher@comcast.net](mailto:janynfletcher@comcast.net)

### Bright Hills FaceBook Page

The new baronial Facebook page is located at <https://www.facebook.com/groups/brighthills/>. Further information can be obtained from the administrators Lady Reyne Telarius at [robynbecker@comcast.net](mailto:robynbecker@comcast.net), THL Janyn Fletcher of Lancastreschire at [janynfletcher@comcast.net](mailto:janynfletcher@comcast.net) or Lady Aemilia Rosa at [aemiliarosa@comcast.net](mailto:aemiliarosa@comcast.net)

### The Yeoman On-Line

<http://brighthills.atlantia.sca.org/yeoman/yeoman.html>



Everyone is encouraged to contribute to  
The Yeoman!

Please, remember that all submissions for The Yeoman should be accompanied by an SCA release form. Below are the links to the necessary forms.

Society Chronicler forms: [http://www.sca.org/docs/library.html#release forms](http://www.sca.org/docs/library.html#release%20forms)  
Release form for writing or artwork: <http://www.sca.org/docs/pdf/ReleaseCreativeFillable.pdf>  
Release form for photographs: <http://www.sca.org/docs/pdf/ReleasePhotographerFillable.pdf>  
Release form for models (the subject of your artwork or photograph):



# Officers and Deputies of the Barony of Bright Hills



















Please try not to call after 9 PM












Baron & Baroness  
Kollack & Rebecca von Zweckel  
Kenneth & Becky Kepple  
443.254.1206



baron@brighthills.atlantia.sca.org or baroness@brighthills.atlantia.sca.org

<p>Seneschal Lady Ailis <i>Erin O'Brien Scimeca</i> 443-857-2849 ailisingheanuibhriain@gmail.com</p> 	<p>Deputy Seneschal </p>	<p>Webminister THL Janyin Fletcher of Lancastreschire <i>Jay Nardone</i> 443-508-4456 janyinfletcher@comcast.net</p> 
<p>Baronial Clerk Signet &amp; Deputy Webminister Lady Aemilia Rosa <i>Amy Nardone</i> 443-508-4456 aemiliarosa@comcast.net</p> 	<p>Herald Lord Richard Wyn <i>Richard Muti</i> 443-615-1025 RickWyn@comcast.net</p> 	<p>Deputy Herald Lady Deirdre O'Bardon <i>Debbie Eccles</i> 410-356-0028 deirdre_obardon@yahoo.com</p> 
<p>Exchequer Lady Clara <i>Michelle England</i> 443-799-1913 kuscheltier13@yahoo.com</p> 	<p>Deputy Exchequer Wanda Ostojowna <i>Wanda Kinnie</i> 443-398-5100, wandaostojowna@comcast.net</p> 	<p>Deputy Exchequer Cairell mac Cormaic <i>Howard Carl Jacobson</i> 443-416-8356, cairellmaccormaic@yahoo.com</p> 
<p>Steward/Deputy Exchequer Master Chirhart Blackstar <i>Truman Barnes</i> 410-239-8794 chirhart_1@yahoo.com</p> 	<p>Chatelaine Lady Rebekkah Samuel <i>Victoria Wank</i> 443-846-2001 vwank35@comcast.net</p> 	<p>Deputy Chatelaine Baroness Barbara Giumaria diRoberto <i>Barbara Kriner</i> 443-244-0432 bjokriner@yahoo.com</p> 
<p>Deputy Chatelaine Wrad of Ce <i>Wade Whitlock</i> 410-272-8407 wadewhitlock@hotmail.com</p> 	<p>Youth Minister Katarzyna Witkowska <i>Katherine Hawkins</i> 443-813-1436 k_hawk_us@yahoo.com</p> 	<p>Deputy Youth Minister Bridget of Bright Hills <i>Wilda Hawkins</i></p> 
<p>Chronicler THL Sindara Lind Rachael Fessel of the Falconshield <i>Sharon R. Saroff</i> 410-961-2739 Sindara@pobox.com</p> 	<p>Chronicler Lady Scholastica Joycors <i>MyLinda Butterworth</i> 443-817-2129 totallystories@gmail.com</p> 	<p>Minister of Lists Lord Alexander Fowler <i>Hunter Fowler</i> 410.313.8626 hunterfsca@yahoo.com</p> 

Deputy Minister of Lists Lady Livia di Samuele <i>Sherrill M. Abramson</i> 301-807-5476 Abramsonsm@yahoo.com 	Knights Marshall Lord Randver Askmodr <i>Randy Feltman</i> 410-877-1735 randver_askmodr@verizon.net 	Deputy Heavy Marshal Baron Heinrich Kreiner <i>Robert Stephen Kriner</i> lands_heinie@yahoo.com 443-789-8109 
Rapier Deputy Marshal Lord Stephen Bridewell <i>Stephen Cavano</i> 410.235.3590 stephenbridewell@yahoo.com 	Archery Deputy Marshal Lord Dagfinnr Jarnauga <i>Fred Scimeca</i> 443-857-5178 fortshmex1180@yahoo.com 	Thrown Weapons Deputy Marshal Beatrice Shirwod <i>Annelise Bauer</i> 843-312-5971 spindlebird@gmail.com 
Minister of Arts & Sciences Alexander de Burdegala <i>Larry Jones</i> Appolodelsol@gmail.com 	Deputy: Minister of Arts & Sciences Lady Faye de Trees <i>Angela Yau</i> 410-939-2299 or 352-281-8216, feataure@gmail.com 	Deputy Minister of Arts & Sciences Lady Reyne Telarius <i>Robyn Becker</i> 443-995-0461 reynetelarius@comcast.net 

Current Baronial Champions:

**Archery:** Lord Janyyn Fletcher of Lancastreschire  
**Arts and Sciences:** Lady Freydis sjona  
**Bardic:** Lord Faolan Mac Raghnaill  
**Baronial Warlord:** Lord Randvar Askmodr  
**Brewer:** Barun Gustav Emile der Dunkele Rotvogel

**Equestrian:** Mor Inghean Ui Dochartaigh  
**Heavy Weapons:** Lord Raphael  
**Rapier:** Milord Conrad Muni  
**Children's Archery-** M'Lord Pietre Witkowski

